

Spring 2022

THE
New
Alto



THE New Alto

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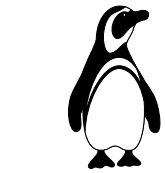
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Penguins as Brass!

by Patrick Caraveo- KKPsi SWD Sec/Treas



The Magellanic Penguin



The Southern Little Penguin



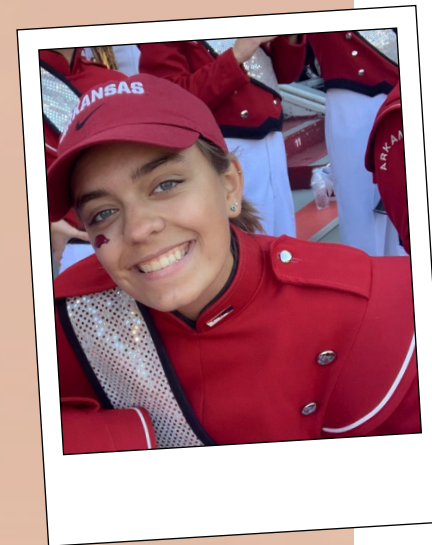
The Allied King Penguin



The Gentoo Penguin

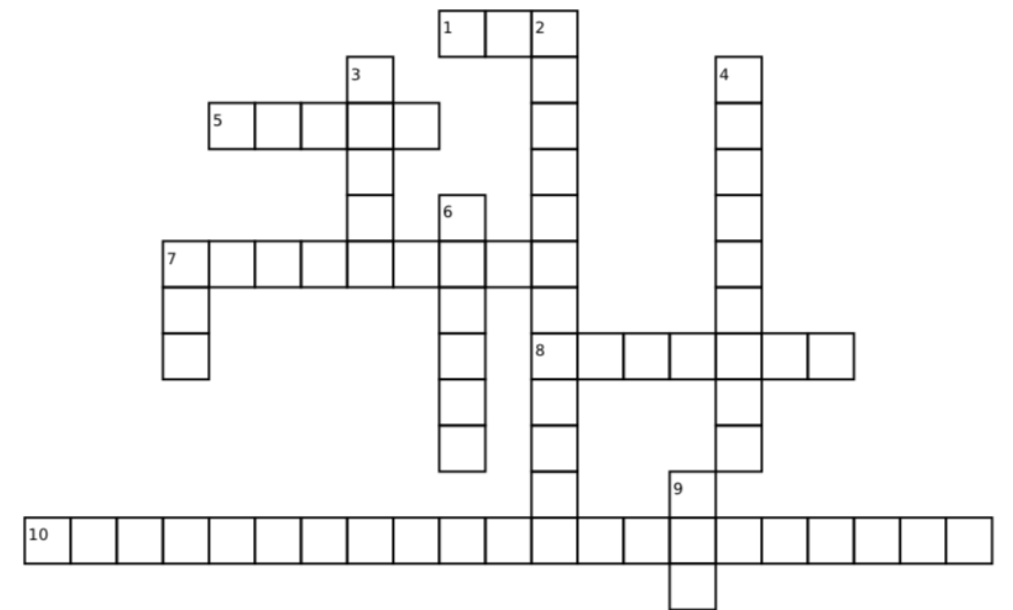


The Emperor Penguin



The RMB Tampa Experience

by Victoria Hernandez- Psi Chapter



Down:

2. The band played music by _____
3. The band spent hours at this gas station
4. What is the school's mascot?
6. Their KKPsi chapter is the ___ chapter
7. Their TBS chapter is the ___ chapter
9. Did their team win or lose?

Across:

1. How did they get to Tampa?
5. It's called the ___ spell out
7. The Arkansas football team played what school?
8. What bowl did they go to?
10. What does RMB stand for?

Crescendo and connections!

by Jacob Stover- Beta Nu Chapter



On October 22, 2021, the Beta Nu Chapter decided to complete our annual Crescendo event at a local high school near Arkansas Tech. Sisters and Brothers of Beta Nu played alongside the Hector High School Wildcat Marching Band and made a few friends along the way. As VPSP for the current year I wanted to reach out to one of the smaller schools in the area to see if they would like a few extra players for one evening. When I started thinking about our options the perfect idea came to mind, Hector High School. Why did I choose this? Well, it's not just because this is a smaller school, it's because of the special connection that our chapter has with the music and band director of Hector. Both Melissa Bays (band director), and Emily McFaddan (music teacher), are former alumni of Beta Nu and Arkansas Tech University. Emily even happens to be my grand-big so that is even more exciting! Both Melissa and Emily served Beta Nu in so many ways during their time in our chapter, Emily serving as VPM at one point and Melissa, as Parliamentarian at another. It is so great to see our former members doing great things with all of their students! It was a wonderful evening for our members as well as the students we got to meet!



Psi's MCs

by Margeaux Johnson- Psi Chapter



As we get ready to welcome a new class of MCs into our sisterhood I get more excited for our future. I have loved getting to sit and talk to each of our MCs and learning about why they chose to join us as well as let us into their lives. So many of them see the potential for greatness as well as the potential for change and it makes me smile to know that our future is safe in their hands.

Maybe it's COVID, maybe it's something else that's happening, but this group of candidates has such a passion not only for service but for bettering themselves and others. We are inducting not only people who want change, but people who see the capacity for it in a way that continues our values and traditions. In my experience I, that is rare as most people see life as either or. I truly believe that our MCs will go down as one of the best classes and I hope that they will continue to inspire change as they grow our sisterhood.



Love on the Field

by Keith Partlow- Epsilon Beta Chapter



I have been dating Emma Breeze since our Junior year of high school. We both went to the University of Central Arkansas and joined the Bear Marching Band. Shortly after, we both became Brothers of the Epsilon Beta Chapter of Kappa Kappa Psi. For the past 4 years, our bond has grown into something more. I enjoyed being with her so much that I came up with a plan and a ring.

After games, the marching band does their halftime show again during the “5th quarter.” After we do our 5th quarter performance, I would then propose to Emma. With the help from our Sponsor and Director of Athletic Bands, Mr. Douglas, I was able to use the loud speakers at the stadium. We also picked a date to do this on our Homecoming Game. This would be the most memorable homecoming game yet.

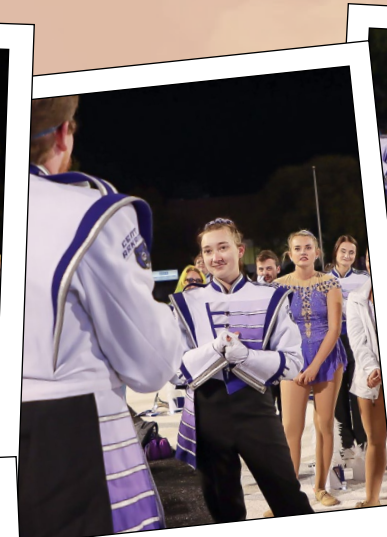
On the day of the game, I was nervous (like any sane person would) and both my family and hers arrived. Everything was going according to plan, except on where to put the ring. I didn’t want to give it to anyone because I didn’t really trust them and I didn’t want to leave it in the stands, so I put it in my marching bibbers pocket. The ring was in this wooden circular case and looked weird in the pocket but it worked. After our halftime performance, I sat by Emma and she noticed the case! I played it off as my airpods and walked away; surprisingly she didn’t press the issue.

After our 5th quarter performance, Mr. Douglas had the microphone to the stadium and made some small announcements. After his announcements, he handed me the microphone. Throughout the semester, my friends and Brothers would chant my name when I had an announcement; so they chanted it again, thinking this was another announcement about Kappa Kappa Psi.

Instead, I say this:

“Hello everyone, my name is Keith Partlow and I would like to ask Emma Leigh Breeze to join me up here in the front. (everyone was really cheering at this moment) For those who don’t know, Emma and I have been together for 5 years now and I love her with all my heart. So Emma Breeze, would you marry me?” And she said yes!

The stadium went crazy; people were screaming, recording and taking pictures. Something that wasn’t part of the plan was fireworks! The stadium had left over fireworks from the game and shot off a few when she said yes. Being engaged to a Brother is honestly the greatest bond anyone could have. I am proud to be engaged to her and glad we are both part of this Fraternity.



I had the incredible privilege of capturing my best friend's engagement pictures at a football game, and I could not be more excited to see where life is going to take them!
-Emily Copeland



Chicken with Alfredo Pasta Recipe

by Audrey Greeson- Delta Chapter

This recipe is one of my favorite quick and straightforward but is super delicious. A little background on how I came about this starts in Switzerland – sounds a bit off track but stay with me! When I just graduated high school, I went with the Oklahoma Ambassadors of Music as the principal clarinet player in 2019. It was the best trip! So much sightseeing in a relatively short amount of time. In two weeks, we went to seven countries in Europe! In the middle of the trip, we had a stop in Switzerland. This was kind of our “break” in the trip because we were given the morning off to explore the town and, maybe because we were in the peaceful Swiss Alps, but it was my favorite part of the trip. The last night in Switzerland we had a traditional Swiss party with lots of fondue, dancing, and alphorn. When I got back, I could not stop thinking about the fondue. I gifted my mom a fondue pot for Christmas, and it was time to explore the new realm of fondue!

I have gone through many fondue recipes with cheese (and chocolate!). I might post the best fondue recipe next year, but this recipe came with the aftermath of the fondue. One would know that besides cheese, the next most important ingredient in fondue is the white wine! However, since fondue only calls for a bit of wine, there is always a lot of leftovers, and since no one in my family drinks, the wine would go bad, and we would have to throw it out. This gave me an idea... what if we cooked something with the wine? This is how I found my favorite chicken recipe. At the same time, I was trying to find a good alfredo sauce recipe because I am not a fan of the pre-made jar ones. I found these recipes, and although I only make it after fondue, I am always tempted to make it! Note: I did not produce these recipes, (only some adjustments) I merely want to share these! The alfredo sauce is from The Salty Marshmallow and the chicken is from Salt & Lavender.

These two recipes are reasonably quick and easy. I always make it simultaneously, especially when the chicken is cooking. Also, it is best to cook the chicken in a cast-iron skillet, but if you do not have one, a large pan will do. What is great about these two

recipes is that they use the perfect amount of ingredients together. For example, for both recipes, you only need to buy 1 pint (16 ounces) of heavy whipping cream to use, and you will use it all up without worrying about what you're going to make with a random amount of ingredients.

I hope you enjoy! MLITB

TOTAL TIME: 30 mins, 4 Servings

INGREDIENTS

- 2 large chicken breasts cut in half lengthwise
- Salt & pepper to taste
- 1/4 teaspoon garlic powder
- Flour for dredging
- 1 tablespoon olive oil
- 3 tablespoons butter divided
- 1/2 cup dry white wine
- 1/3 cup chicken broth
- 1 pinch Herbs de Provence (or Italian seasoning)
- 1/2 cup heavy/whipping cream

INSTRUCTIONS

1. Cut your chicken breasts in half lengthwise to make 4 thinner cutlets. Sprinkle them with salt and pepper and garlic powder, then dredge them in flour so they're nicely coated.
2. Add the olive oil and 1 tablespoon of the butter to a skillet over medium-high heat. Once the pan is hot, add the chicken and cook for 4-5 minutes/side until golden. Take the chicken out of the pan and set aside (chicken shouldn't be fully cooked yet).
3. Add the wine and chicken broth to the pan and let it bubble for about a minute. Stir to scrape up any bits from the bottom of the pan.
4. Add the remaining butter and the Herbs de Provence to the pan and continue simmering for another 2 minutes.
5. Add the cream and chicken back into the pan. Reduce the heat to medium and cook for another 5 minutes or until the chicken is cooked through and the sauce has thickened up a bit. Season with extra salt & pepper if needed.

This sauce is easy enough to make at the same time when the chicken is cooking. I love to use this recipe with farfalle pasta (mainly because I love “Bowtie” pasta), but feel free to use your



Alfredo Sauce

Total Time: 10 minutes Servings: 2 Cups

Ingredients

- 16 oz Farfalle Pasta, or any kind
- 1/2 Cup Butter
- 1 1/2 Cups Heavy Whipping Cream
- 2 Teaspoons Garlic Minced
- 1/2 Teaspoon Italian Seasoning
- 1/2 Teaspoon Salt
- 1/4 Teaspoon Pepper
- 2 Cups Freshly Grated Parmesan Cheese

Instructions

1. Boil a salted pot of water for the pasta and cook it al dente according to package directions.
2. When the pasta is approx. 10 minutes away from being done, add the butter and cream to a large skillet over low heat.
3. Simmer over low heat for 2 minutes.
4. Whisk in the garlic, Italian seasoning, salt, and pepper for one minute.
5. Whisk in the parmesan cheese until melted, you can save some for topping.
6. Serve immediately.

This sauce is easy enough to make at the same time when the chicken is cooking. I love to use this recipe with farfalle pasta (mainly because I love “Bowtie” pasta), but feel free to use your favorite kind of pasta. Also, if you do not have a food blender, do not want small chunks of garlic in the sauce, or to have a full head of garlic left over, fill free to use garlic powder instead. It is best to use freshly grated parmesan cheese, so that your sauce isn't grainy. I usually use either BelGioioso Freshly Grated Parmesan Cups or Frigo Shredded Parmesan Cheese Cup. The Parmesan will thicken this sauce up. If it isn't quite thick enough, allow the sauce to stand for 2-3 minutes before serving.

Qualities of a Successful TBS Chapter

by Lindsey Hinkle- Delta Chapter



N	O	I	T	A	N	I	M	R	E	T	E	D	P
P	R	E	L	I	A	B	L	E	T	E	V	C	E
A	B	E	A	E	O	O	M	A	A	V	I	C	N
R	Y	T	I	S	R	E	V	I	D	I	T	O	O
T	P	Y	A	E	G	F	O	I	R	T	A	O	I
I	O	C	V	V	A	S	Y	N	P	C	E	P	S
C	S	N	E	N	N	E	T	V	I	U	R	E	S
I	I	E	R	H	I	R	S	E	C	R	C	R	A
P	T	I	S	A	Z	V	E	N	A	T	N	A	P
A	I	C	A	R	E	I	N	T	R	S	T	T	M
T	V	I	T	M	D	C	O	I	I	N	C	I	O
I	I	F	I	O	I	E	H	V	N	O	N	O	C
O	T	F	L	N	I	T	V	E	G	C	D	N	F
N	Y	E	E	Y	Z	E	A	L	O	U	S	O	Y

- ZEALOUS
- SERVICE
- COOPERATION
- POSITIVITY
- HARMONY
- INVENTIVE
- VERSATILE
- CREATIVE
- RELIABLE
- DIVERSITY
- COMPASSION
- ORGANIZED
- PARTICIPATION
- DETERMINATION
- CONSTRUCTIVE
- HONESTY
- EFFICIENCY
- CARING



MY ADVENTURE IN TBS

EXPERIENCE OF A LIFETIME



IN THE BEGINNING

Don't be afraid to dive right in and serve. Even as an MC, the experiences are unlike any other along side some of the greatest people



FAMILY

The support system TBS provides is something that will last a life time from the connections that are made



TIME GOES BY FAST!

Take it all in! Before you know it, you'll be graduating! Enjoy your sisterhood and continue to make endless memories

Emily White

Delta Chapter, University of Oklahoma

AO National Convention Reflection Interviews

by Breanna Amszi, Julio Lopez, and Andrew Wilson
Alpha Omicron



Michael Crass



Mike had a great time at Tau Beta Sigma National Convention representing the Alpha Omicron chapter as the delegate. He stated that being entrusted to this position allowed him to feel more connected to the sisterhood. Mike also remembered the Michigan weather being fantastic and enjoying tasty food while on the trip.

Gracie Lopez



Gracie was surprised by the scale of the convention and was excited to participate in the business aspect of the convention. She got to be a proxy for Epsilon Psi and was honored to represent another chapter. Gracie's favorite memories of the convention were attending panels such as one focused on female composers and directors and spending time with her good friends.

Ashton Butler



Ashton had a great time at nationals and was able to make stronger bonds with the other sisters that went. He got to meet new sisters and brothers at the convention by serving as proxy. Through this experience he was able to see the point of view of different chapters. Overall, Ashton enjoyed the scenery, food, and the conflict resolution workshop.

Breanna Amszi

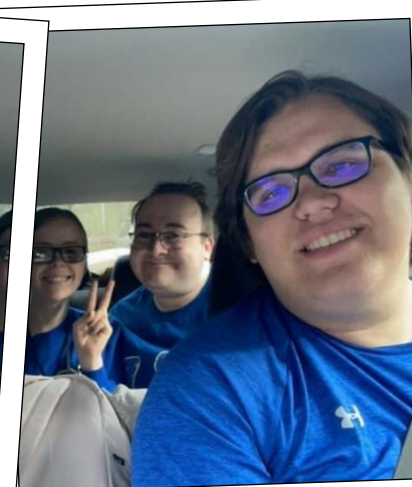


Brie appreciated the educational aspect of the National Convention and fondly remembered the conflict resolution and burnout workshops. She also enjoyed meeting the district counselors and some of the district officers. She would recommend going to National Convention to gain more knowledge about the sorority and to build connections with others.

Julio Lopez



Julio enjoyed meeting sisters from different chapters and attending various workshops. He even got to meet his great-great-grand big! The convention trip was also his first time leaving the state of Texas and he expressed that the entire experience was eye-opening.



Through this Wilderness

by Edgar Canales- Lamba Chapter



The first vivid memory I have of the Fraternity Hymn took place as the LSU workshop was concluding. I remember feeling amazed at how music could bring so many people from across the nation together. The greatest feeling of all however was the feeling of finally finding a place where I felt I belonged.

During this time, I was still a membership candidate. I looked forward to one day being inside the circle as a Brother of Kappa Kappa Psi. Every so often, I think back to this moment and recognize how many opportunities for growth this organization has given me. Now, I stand within the circle and recite these same lyrics as those that inspired me. It is an honor to have the privilege to be called Brother alongside those circled around with me. I did not realize just how impactful those lyrics would be on my college experience.

These past two years have felt like wilderness, each one of us unsure of what the future holds. My experience through our membership education process was cut short due to the pandemic, I was fortunate enough to attend an in-person workshop before everything changed. Most of our members across the Southwest District, however, have not. Our membership is mainly composed of those who have never been given the opportunity to have that experience. While many negative aspects have come out of this, it is up to us to ensure that this change creates positive experiences for our Brothers and Sisters. Change does not need to be negative. It is our responsibility to keep strengthening our bonds and to take advantage of new opportunities, even if they do not look the same.

When faced with unexpected situations, leaders pursue opportunities. Bohumil Makovsky was a 17-year-old Bohemian boy arriving in New York from mid-Europe. Eventually, he would work his way to the position of Director of Music at Oklahoma A&M College. Boh was able to teach himself English and became a citizen of the United

States. He was described as stern on the podium and uncompromising in musical detail and interpretation. Boh's fulfillment of the "American Dream" captivates the true spirit of a Brother of Kappa Kappa Psi.

Over 100 years later, we continue to Strive for the Highest. While the way we interact may change, the spirit of our organizations fuels the way for greater bands. We may be navigating this wilderness, but we navigate it together. Uncertainty may lie ahead, but the bonds I have with my Brothers and Sisters bring me comfort for the future.

AEA,
Edgar Canales
SWD MAL



From Marching Band to Wedding Band

by Madison Aquino- Alpha Chapter



I joined the Cowboy Marching Band in the Fall of 2018 as a member of the trumpet section. I'll never forget the time that our former marching band director, Dr. Henderson, said something along the lines of "lots of our OSU Band alumni end up falling in love and getting married. You never know, you may find the love of your life in the Cowboy Marching Band." I remember sitting in the concert hall, thinking something like "there's no way that could be me, that sounds fake." I had no idea that I would end up meeting my future best friend through Tau Beta Sigma later that semester.

One of my roommates my freshman year, Rebecca, was the TBS Alpha chapter secretary, so I always knew when recruitment events were. The first time I met Harrison was at a luau-themed recruitment event that unfortunately got rained on and moved inside, and I was the only PMC that showed up. I remember Harrison held up a whole pineapple and a pocket knife, and said "would you like some?" I politely declined, thinking it was funny that he A) brought a whole pineapple and B) he cut it up with a pocket knife.

Fast forward to the next fall when I was chapter secretary and Harrison was the chapter social chair. I decided that semester that I wanted to be more involved with the chapter, so I tried to help Harrison with social event ideas and coordination, even though at first, I couldn't contribute very much. We started talking in late September of 2019 when we carpoled together to play at a local high school football game and got some food with a few of our friends on the way back. We were at Wendy's and I was trying to make small talk, so I asked when the last time he had been on a date was. He told me that he had never been on a date because he'd always been stood up. I told him that I was sorry that I asked, but started thinking about spending more time with him from then on.

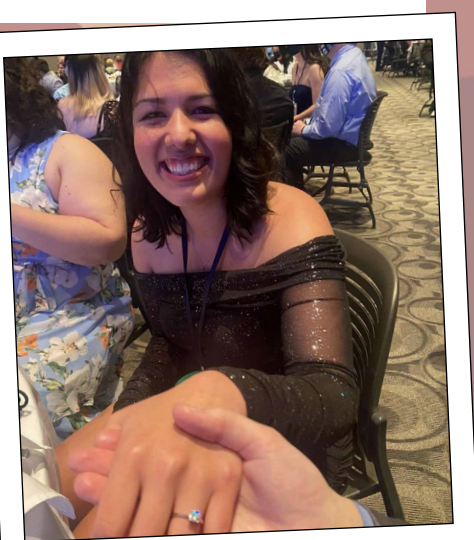


In early October, I sent him the link to a local pumpkin patch without any other context, thinking it would be a great social event for the chapter. He asked "do you want to go with me?" Not really thinking it was a date, I brought my big, Rebecca, with us. (We have adorable and awkward pictures of the three of us from that, where both him and Rebecca thought was supposed to be a date.) After a few more not-dates with our friends, I finally asked him on an official date at the fanciest restaurant on campus. We were leaving the student union when one of our sisters, Audrey, asked "are you guys on a date?" and we responded "yeah! This is actually our first date." We later started dating on October 25 th, 2019, and have been pretty happy together ever since. Harrison graduated in May of 2020, and I later graduated in December 2021.

Fast forward through some COVID-19 precautions and a year of me serving as Chapter President. We were so excited to go to National Convention in Grand Rapids, Michigan together in July of 2021. We shared a hotel room with my littles, Katie and Anna. It's safe to say that I was pretty busy at convention (some of my tasks included running the marketplace table as the new chapter treasurer, serving as the Alpha Chapter delegate, working on our board for the chapter leadership finalist presentation, and being honored to help set up, rehearse for, and sing in the choir at the convention ritual), so I had forgotten that I previously had a feeling that Harrison might propose at convention.

It was the Friday of National Convention, and we were all in the hotel room getting ready for the banquet. Harrison leaves first to get us a table, followed shortly after by Katie and Anna. I stayed in the room taking my time to get ready before heading down to the banquet hall. We sat at a table with some of our alumni, and it was right next to a table with some of our Alpha brothers. We all started taking pictures together, when my little Katie tells me and Harrison that we look so cute and that we should take a picture together. She gives him a thumbs up, everyone gets in a circle around us, and he gets down on one knee. I can't remember what he said, but I remember thinking that moment was perfect, being surrounded by all of our friends and giving him a really long hug after I said yes.

Finally, it's March of 2022 and we are getting married next month. Harrison and I are so thankful for our shared experiences during our time in the chapter together, and we're so glad that we met. I'm also so thankful for Harrison's help and guidance throughout my time as chapter President, and for always encouraging me to follow my dreams. Long story short, I guess Dr. Henderson was right, I did end up meeting the love of my life through the Cowboy Marching Band.





Greater Houston Alumni Association Joint LAA

by Mellinna Ridout- Beta Omicron Chapter



GHAA Members volunteer at the 2022 Essentially Ellington Texas Regional H.S. Jazz band Festival



GHAA December 2021 Adobt-a-family Clothing and Toy Drive



The **Greater Houston Alumni Association of Kappa Kappa Psi and Tau Beta Sigma** is a recognizes Local Alumni Association of the National organization, Its mission is: “Alumni continuing service towards Building Greater Bands through community service and networking”. For more information about GHAA, we can be reached at: kkytbs.greaterhoustonalumni@gmail.com or at your favorite social media platforms.

GHAA Members volunteer at the 2022 Essentially Ellington Texas Regional H.S. Jazz band Festival.

On March 5, 2022, members of the Greater Houston Alumni Association (GHAA) of Kappa Kappa Psi & Tau Beta Sigma had the honor to volunteer at the 2022 Texas Regional Essentially Ellington High School Jazz Band Festival. This amazing event featured 11 High School Bands from 9 High Schools and the Texas Southern University Jazz Ensemble. GHAA Members aided the efforts of the organizing committee in a variety of ways throughout the event. From directing students and bands to where they needed to be in a timely fashion; to organizing and distributing festival t-shirts; to handing out water and snacks; to providing festival information.

GHAA Members in Action

We began our work together with assisting GQAA (KKpsi) in planning a weekend of activities for the 2021 Cracker Barrel National Battle of the Bands, August 27- 29, 2021 in Houston, TX. We titled this event, the “HBCU Band Life Forever.” This event led to the planning to become a Joint LAA.

In September we collaborated with GQAA and hosted a tailgate for the Labor Day Classic Football Game between TSU and PVU.

As we worked on our LAA application, bylaws, short-and-long-term goals, we planned and executed our November Thanksgiving Food Basket Drive, as well as our first Adopt-a-Family Clothing & Toy Drive. We culminated with a 2021 Holiday Party in December.

2021 was an exciting 4th Quarter of Community Service & Fellowship. It ended with our LAA becoming a recognized Alumni Association by our National Offices and the National Alumni Associations. Leading up to our recognition was a host of programs, projects, organizational activities, fellowship, and Brotherly & Sisterly love.

We look forward to continued service to bands across Houston and the surrounding nine counties. Much love in the bond ~ Greater Houston Alumni Association.



Thoughts From a Senior

by Kylie Arter- Delta Chapter

The most significant advice people will give in college is to enjoy every moment. That advice couldn't be more correct. Enjoy every moment and experience as much as you can. One of those critical moments is to go to National Convention! Everyone deserves a week to meet new friends, bond with their sisters and build on their leadership skills. Hope to see you in Florida in 2023!

MLITB, Kylie Arter



SPICY SOUTHWEST STYLE TBΣ CHAPTER

Servings: 36 | Total Time: 76 Years <3

INGREDIENTS

- Devotion to Service
- Musical Achievement
- Demonstrated Leadership
- Enthusiastic Approach to Band Activities

DESCRIPTION

The Spicy Southwest has some chapters like no other! These chapters always are serving their bands with great fortitude and courage to seize upon any challenge that may be laid ahead of them. You will NOT be disappointed with your Spicy Southwest Chapter! 😊

DIRECTIONS

1. Have an amazing band program at your local college or university.
2. Find members who are always enthusiastic during ensemble rehearsal and eager to help their colleagues. Offer those members an opportunity to serve their band.
3. Develop those members through means of leadership. Strengthen their ideals and morals to further better your band program.
4. Perform quality music to enrich musician's development while selecting and completing worthwhile projects.
5. Provide a worthwhile social experience for all members of the band and cooperate with others consistent with purposes.

TBΣ SWD Secretary/Treasurer – Johnn McCray

SHOPPING LIST

- Physical Powers
- Good Health
- Bodily Perfection
- Intellectual Potential
- Highest Moral Standards
- Lofty Spiritual Ideals
- Emotional Poise
- Attractive Nature
- Demonstrated Loyalty
- Dependability
- Truthfulness
- Honesty
- Trust
- Cheerfulness
- Mutual Interest
- Generosity
- Tolerance
- Kindness
- Fortitude
- Courage
- Equality
- Diversity
- Leadership
- Educational Achievement
- Musical Appreciation
- Valve Oil
- Reeds
- You <3

SOUTHWEST

ΚΚΨ

ΤΒΣ



*Forever Striving
for Greater Bands*