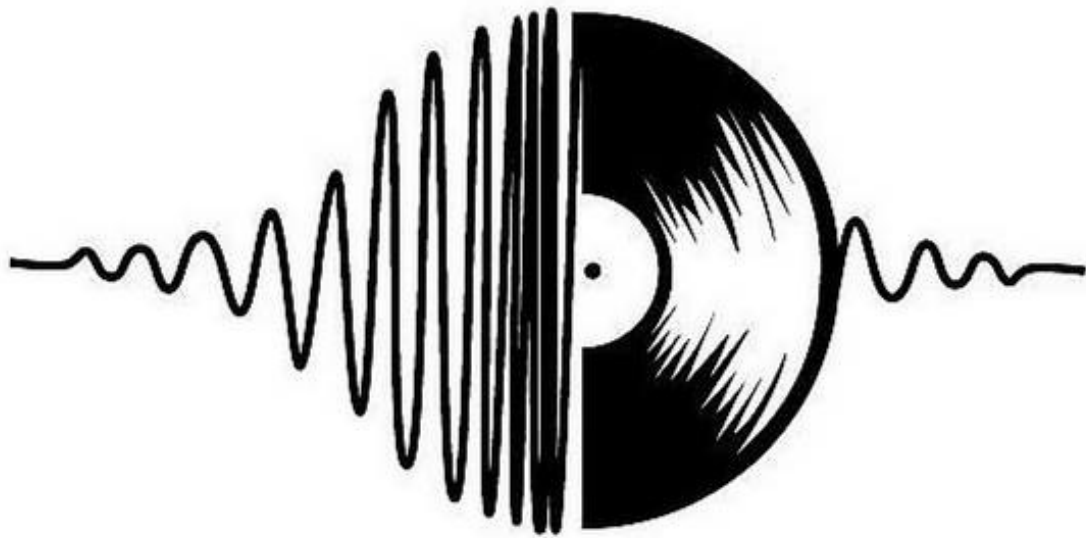


# LISTEN TO THE MUSIC

the new alto | spring 2018



kappa kappa psi | tau beta sigma

SOUTHWEST DISTRICT

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new alto spring 2018

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# DISTRICT COUNCILS

2017-2018

## kappa kappa psi

President: Makenzie Darby  
VP for Membership: Elizabeth Pineiro  
VP for Programs: Keegan Turney  
Secretary/Treasurer: Annie Jane Burns  
Member-at-Large: Dionicio Cardenas  
Governor: Toni Castle  
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## tau beta sigma

President: Natalia Lambert  
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VP of Special Projects: Meeka Smith  
Secretary/Treasurer: Ciara Gibbs  
Counselor: Donnelle' Mitchell  
Counselor: Kathy Webster

# SOCIAL MEDIA

get connected

## facebook groups

Kappa Kappa Psi - Tau Beta Sigma  
Southwest District  
Kappa Kappa Psi Southwest District  
Tau Beta Sigma - Southwest District

## instagram

kkpsi\_sw  
tbsswd

## website

swd.kkymbsonline.com

# SOUTHWEST DISTRICT CONVENTION

we hope to see you there!

• Listen to the Music •



**2018 SOUTHWEST**

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DISTRICT CONVENTION

• April 13-15 •

Howard Payne University | Brownwood, TX

The 2018 Southwest District Convention is April 13-15 at Howard Payne University in Brownwood, Texas! You can find all the information you need at [swd.kkymbsonline.com/district-events-projects/convention](http://swd.kkymbsonline.com/district-events-projects/convention)

Look for articles in the New ALTO on black backgrounds—they coordinate with our convention theme, "Listen to the Music."

# BEING A BIG

chloe witt | psi - tau beta sigma

When I crossed last spring, there was no doubt in my mind that I wanted to take a little when process started up the next spring. I went through Membership Education with three very loving bigs that showed me the love of the sisterhood and the brotherhood and encouraged me in everything that I wanted to pursue. I desired to be that person to someone else. During that summer, I began saving up my money and spending a great deal of my free time when I wasn't working brainstorming ideas of what to buy him or her when first degree and initiation came around, but most importantly I reflected on my big/little relationships and prayed. A lot. All my life I had wanted to be a big sister so I knew making the transition from a little sister to big sister would be one that I would need to really prepare for.



Finding out who my littles were going to be was such an exciting day. I had the realization that I was finally going to be the big that I had always desired to be. All of the praying and preparing was finally going to come in handy for when big/little reveal came around and I would finally be able to welcome them into the family.

Being a big this past semester had enriched my life in ways that I can't even explain. I could go on all day about my wonderful littles! I've had the opportunity to have two wonderful people in my life who are accomplishing so much and growing into wonderful sisters. They are going to achieve so much in life, school and through the organizations. Being able to say "that's my little" gives me great joy that is truly indescribable. If you don't know if you should take a little, here is my advice to you: go for it! Build that bond with someone. You will create a wonderful relationship with someone else who will be a forever friend. You can make several vine references together, laugh at stupid things you say while driving on the way to Ihop

and chat about the little joys that life has to offer. You will be able to find someone who puts up with you saying "fat freaking bet" 80 times a day, who will come to your family dinners and fit right into the family, and who will put up with all of your crazy moments. Most importantly, you will find someone who will be able to share the bond of sisterhood or brotherhood with you, which makes the whole decision of taking a little worth it.

Take a little because getting to have that friendship and seeing them in their letters for the first time is an experience that will change your life.



# WHY KAPPA KAPPA PSI?

emily hinds | alpha psi - kappa kappa psi



All my life I have had pretty exclusively two hobbies; reading and playing music. My mother and father are immersed in the world of music, as a music therapist and band director respectively. My grandfather has been an orchestra and band director for over forty years and my grandmother was in band and continues to participate in the local symphony. Nearly all of my cousins are in band and a few are even chorale directors. My little sister plans on majoring in music once she gets to college and all my aunts have participated in some form of music extracurricular activity. Music is so intimately ingrained in my family tree, it is almost a surprise that the art form hasn't come to life and attended holiday gatherings at my grandparents'.

Although I am drawn to music, my true loves are writing and reading. I am an English Education major at West Texas A&M University (I come from a long line of educators). My decision to major in English did not mitigate my desire to participate in a musical organization. I continued in marching and concert

band and was invited to join the Alpha Psi chapter of Kappa Kappa Psi. My father was a member and president of Kappa Kappa Psi when he attended WTAMU and thoroughly enjoyed his experience with the honorary fraternity. With his recommendation, I attended a few recruitment events and decided that I would like to be a part of the organization.

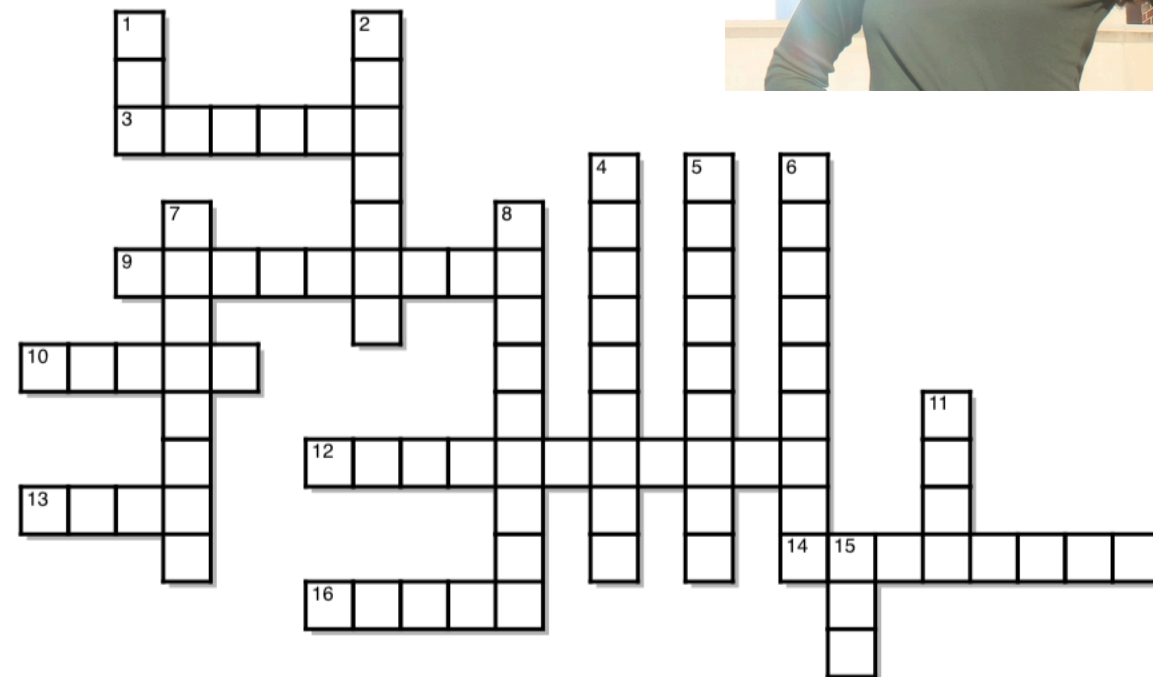
The brothers took the membership candidates out to Lake Meredith and we cooked hot dogs over a fire, played in the lake—checking warily every so often for leeches, hiked and scraped knees, chased wasps out of the bathroom, listened to the fraternity hymn, and a few of us ended the night with a session of stargazing. During the event, I experienced the sensation of fraternity and belonging, made friends with a surprising amount of ease, and decided to join Kappa Kappa Psi. As a naturally introverted person, the decision rather surprised me but I was excited to be a part of an organization dedicated to helping band programs in our area (as the child of a band director I understood how much the directors would appreciate the help). The friends that I made had also contributed to the choice to join Kappa Kappa Psi. The unique bond shared by fellow musicians is something profoundly emotional and personal that, in my opinion, is somewhat difficult to replicate. Although I am in the ten percent of non-major members, I have never felt ostracized in the group. We all share a common bond in our love of music and our desire to serve.

Kappa Kappa Psi has overall been a deeply positive experience. Through the brotherhood I have gained more understanding of service and appreciation of the bond musicians share. I know that I have a musical family to depend upon in the case of hard times. I appreciate the opportunities given to me because of my membership in the organization and would recommend joining to any young musician searching for a home.



# NEW ALTO CROSSWORD

emily reel | delta - tau beta sigma



## ACROSS

- 3 KKY motto, \_\_\_\_\_ for the Highest
- 9 Program that encourages young musicians to begin and continue performing
- 10 The "t" in New ALTO
- 12 The New ALTO is a bi-annual \_\_\_\_\_
- 13 Passage that brings a piece to an end
- 14 The "o" in New ALTO
- 16 Typically lower voices in a band ensemble

## DOWN

- 1 Our Sorority
- 2 TBS motto, For \_\_\_\_\_ Bands
- 4 The "l" in New ALTO
- 5 The "n" in New ALTO
- 6 A notation that gradually increases the volume of a piece
- 7 The "a" in New ALTO
- 8 Typically upper voices in a band ensemble
- 11 Program that cultivates and continues musicianship in the elderly
- 15 Our Fraternity

# DIVERSITY IN OUR CHAPTER

katie gramlich | gamma xi - tau beta sigma

Arkansas State University, located in Jonesboro, Arkansas, is home to the Gamma Xi chapter of Tau Beta Sigma. Our school is located at the far northeast corner of our district. There is something unique and special about our chapter at A-State. We're one of the very few schools in our district that has a Tau Beta Sigma chapter, but not a Kappa Kappa Psi chapter. There are many perks to be a TBS-only school with very few downsides. Some of the few downsides are mostly the constant questions about "where is your KKY chapter" or "what happened to your KKY chapter?" We then try to shortly explain without going into too much detail about what happened to the Delta Rho chapter of Kappa Kappa Psi.



One of the biggest perks of being a TBS-only school is the amount of diversity within our chapter. Of our 28 members, 15 of them are male. We have many members that identify with being in one of the categories of LGBTQ and we have a very wide variety of personalities. In our chapter, it is easy to find every kind of person imaginable. We strive to make sure everyone feels welcome and comfortable in our chapter. Gamma Xi includes a wide range of majors: Music, English, Graphic Design, Computer Science, Biology, Criminology, Education, Marketing, IT, Social Work, Clinical Lab Sciences and even Mechanical Engineering! Diversity is so important in our chapter and without it, our chapter wouldn't be able to function at the level that it does.

With so many different types of people, we have so many different ideas constantly flowing through our chapter. One of our members owns a 3D printer due to his major and we are able to print small things to sell at District Convention. 3D printed items are a pretty rare commodity at convention and we're excited to be able to sell them! With so many different people, we also have members that are involved in so many different organizations on campus. With representation in different organizations, we can be more involved on campus and help other groups.

Tau Beta Sigma's mission statement includes "empowering equality and diversity." We strive to keep diversity. We don't recruit based on major, we recruit based on people. We have section leaders in different sections with different majors and they represent the diversity we have and show other people that Tau Beta Sigma is not just for music majors, but for anyone that likes to help out and be a leader to others. If you ever get the chance to travel to Northeast Arkansas, come meet one of the most diverse chapters in our district!



# KAPPA KAPPA PLAYLIST

gamma phi - kappa kappa psi

Find on Spotify under "Kappa Kappa Playlist- GPhi"  
A playlist full of bops and jams brought to you by GPhi of KKPsi

Aaron - "Stop This Train" by John Mayer  
Abby - "Passionfruit" by Drake  
Alexder - "Waving Through a Window" by Ben Platt  
Bailey - "Nancy Mulligan" by Ed Sheeran  
Brenna - "The Brain Dance" by Animals as Leaders  
Chris - "Take me Home, Country Roads" by John Denver  
Connor - "You Were There" by Steven Geraghty  
Dana - "I Will" by Citizen Way  
Daniel - "All of Me" by John Legend  
Ezequiel - "Brooklyn" by Youngblood Brass Band  
Hannah - "Depth Over Distance" by Ben Howard  
Ian - "O" by Coldplay  
James S. - "Irish Tune from County Derry" by Percy Grainger  
James T. - "Set It Off" by Audioslave  
Jordan - "Bodak Yellow" by Cardi B ft. Kodak Black  
Jorge - "8TEEN" by Khalid  
Kaitlyn - "Brass Scene Kids" by No BS! Brass Band  
Kyle - "Dance for You" by Beyoncé  
LeAnna - "Morning Star" by David Maslanka  
Lizzi - "Hey Ya!" by OutKast!  
Maddy - "King Kunta" by Kendrick Lamar  
Marshall - "King for a Day" by Green Day  
Michael - "I Am the Highway" by Audioslave  
Nella - "Show Me the Way" by Styx  
Owen - "High Hopes" by Pink Floyd  
Sarah - "Sorry Not Sorry" by Demi Lovato  
Tyler - "Symphony No. 1" by Gustav Mahler (San Francisco Symphony)  
Zach - "Sunshine on my Shoulders" by John Denver

$Y=(EM)^2$

emily leming | delta - tau beta sigma

It is not every day in the life of a sisTAU that you end up with a mighty dynamic duo of Emilys!! That's right, my little and I have the same name and it rocks. But this entire article entry is not just about this exceptionally common name relationship, it is an appreciation for just how cool my name sharing little, friend, and sister is.

Yep, there we are. A token of our priceless relationship, slapped on the right side of this page. I mean, you could say we are pretty dang cute together, but honestly we have such a remarkable bond. Our friendship started way early on during marching season at the University of Oklahoma. We play the same instrument (saxes represent) and were in the same squad when she started college as a wee tot. Our friendship just continued to grow as we found our mutual admiration for every dog among us, how we can appreciate a nice meme here and there (actually Emily is quite a master of the memes), and how we love band and what it has given us. That's the funny part though. I think sometimes how if I wouldn't have stayed in band, how I would not have some of the people in my life that I have now. By sticking through and even joining TBS, I have been graciously rewarded with some amazing people like Emily. For goodness sake, I have roomed with this girl on every single away trip the Pride of Oklahoma has taken! We constantly have a blast when we are together. I will most vividly remember our experience at the Rose Bowl in Los Angeles, California. Not only was this a trip of a lifetime, it was a chance for the (EM)<sup>2</sup> to really grow as not only friends, but sisTAUs. From marching 6 miles straight, to eating dinner in Little Tokyo on New Years Eve and almost missing the Oklahoma ball drop because we were buying confetti poppers at Target, we had the time of our lives. It was only possible though by being mutual band nerds from the beginning, and loving it.



I will tell you, Emily is one of the strongest people I know. She stands up for what she believes is right, works tirelessly to accomplish goals, and is the most organized woman I have ever met. She is such a great representation of what a sisTAU should exhibit. For her and the rest of the readers, I write this cheesy haiku:

Friendships through music  
So easily made and kept  
These are forever



# SOUTH TEXAS FUN!

dionicio cardenas | alpha psi - kappa kappa psi | swd mal



Throughout my time in office, I had the honor of attending three out of five workshops. Though I love my brothers from Beta Lambda and Epsilon Epsilon, I got to experience a South Texas host chapter workshop. You may ask, "Well Dino, what is the difference? The sense of brotherhood and the culture of Kingsville, Texas is one to remember.

Six years ago, I decided to audition for three schools to peruse an Elementary Music Education degree. Those schools were: West Texas A&M University, University of Texas – San Antonio and Texas A&M Kingsville. Back in high school, I would attend TAMUK for Jazz Band Competitions under the direction of Ralph Morales and Mariachi Competitions under the direction of Robert Ortiz. I would always see this group of young college kids running the whole show. Little did I know; these group of men and woman were Kappa Kappa Psi and Tau Beta Sigma.

After a 10-hour drive from one side of Texas to another, we arrived at Brother Aguilar Uribe's home. She housed three Alpha Psi brothers and Xi Chapter sister. That next morning, she took us to El Tapatio to have some delicious barbacoa tacos. Later I found out that Epsilon Delta was going to bring tacos. Sad. Moment. Indeed. So, I ate two more. About 30 – 45 minutes before the workshop started, I got to talk and catch up with some of the Epsilon Delta brothers. I even got to formally meet Bohica, Epsilon Delta's mascot. To begin, we enjoyed two workshops by Donnelle Mitchell and Brianna Mitchell and then went as a group to Pizza Parlor. After Lunch, we got to hang out and listen to Toni Castle and Heather McGowen for two more workshops. My favorite part of all of this was learning the Southwest District Joint Song. Our two very talent pianist, Victor Garza and Cody Mata ran the Tenor/Bass rehearsal. Not only did we get to practice the joint song, but we also had a little bit of fun. To finalize the South Texas Workshop, we had our separate sessions and joint sessions.

It was great to just see that bond that the brothers of Epsilon Delta had. This group of men and woman definitely know the meaning of brotherhood. Special thank you to Victor Garza (Epsilon Delta – President), Ada Aguilar Uribe and the Epsilon Delta (KKPsi)/Delta Eta (TBS) Chapters for hosting this event. Keep striving and always remember the bond of brotherhood and sisterhood.



10 SPRING 2018



# EASTERN NEW MEXICO WORKSHOP

gaby padilla | alpha psi - kappa kappa psi



Members of the Alpha Psi chapter went to Eastern New Mexico University for the West Texas workshop. There, members learned more efficient techniques on how to fundraise and maintain a budget. After the long journey brothers got the chance to meet and exchange ideas with brothers from different chapters. Brothers also got the chance to talk directly to Erica Pope from Tau Beta Sigma Nationals. There we were able to ask questions on how to build a stronger chapter and stay connected to our sisters.

Brothers also learned how imperative it is to know more about our sisters from TBS, and how similar our purpose is to theirs. Brothers were also given a presentation by Dino Cardenas on the positive and negative impacts that social media can have on a chapter.

Our members are constantly striving to better themselves and our chapter. By attending workshops like these we are able to improve not only our chapter but the quality of life around it.



More scenes from the South Texas Area Workshop





# A LETTER TO MY CHAPTER

morgan darling | gamma tau - tau beta sigma

Dear sisters,

As I depart the chapter and graduate this May, I want to express my love and deep appreciation for Gamma Tau. The experiences I have had within the chapter are indescribable, and I wouldn't trade them for the world.

I love this chapter with all my heart and the things we have accomplished these last four years are indescribable. I am so proud of this chapter and the hard work of the members in it that has continued for over 51 years. Even in the face of great trial, we have thrived and done so many great things. I will always cherish the memories and bonds I have made in this chapter.

I want to especially thank the people that have had a huge influence on my life and have become extremely close friends to me through the bond. Nicole, you are an amazing big sister, roommate, and best friend. I could not have done half of the things I did these last few years without you by my side. Thank you for all the laughs, rants, and cries. Hannah, my sweet and only little sis, I am so proud of you. You have the most dedication to this organization of anyone I know, and you have shown me what it means to be a good sister. I am so thankful for all that you do for both me and this organization. To Morgan's Mini Muffins, I love you kids so much and I'm so proud of all of you. Keep doing great things and following ideals wherever they may lead you in Tau Beta Sigma.

I am saddened that my time is soon coming to an end, but it has been such a great journey. I know great things are in the future for Gamma Tau, and I can't wait to see them! I am truly blessed and proud to be a part of this chapter. It has given me more in my college experience than anything else I am a part of, and I can't express how grateful I am for that.

"Gammaaaaaa Tau! G-A-M-M-A TAU!"

MLITB and MOTS,

Morgan Darling



# WE ARE BEING WATCHED!

isabella rivera | gamma iota - kappa kappa psi



As the "clickbait" title suggests, we are always being watched, but by who? Really, the answer to that is everyone, everyone who your chapter has interacted with in one way or another. As leaders of the university bands, we are constantly being watched by our peers, music department, and our community.

One thing people may not realize is that once your letters are off, you are still the same person. We are still brothers/sisters representing our organizations. Our letters aren't costumes that hide our secret identities; people know who we are. Once we have affiliated ourselves with our amazing organizations, everything we do is representing our programs. As one of my best friends puts it we are always in a "fish bowl." We are put on display and our actions can be seen from all directions. When we do something that is not in good taste, people don't need to know our name, they automatically affiliate the action to our organizations and assume everyone else in it acts the same.

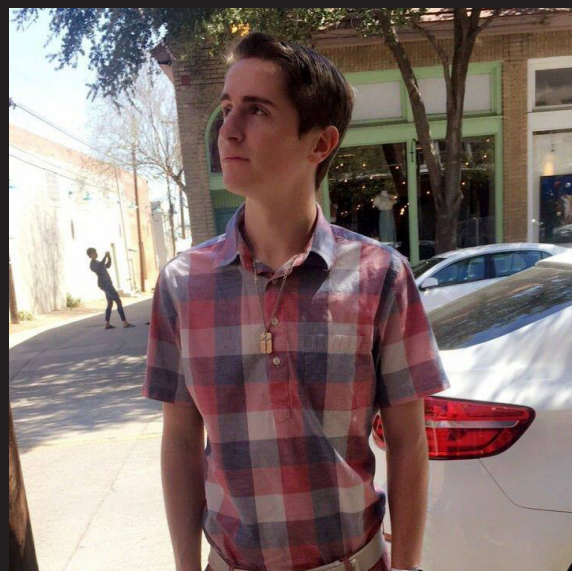
Our actions even have an effect on our recruitment. The things we do outside of our chapter affects what people think of us and especially what kind of people are going to want to join our organizations. If we are acting like fools, creating drama, or being disrespectful we may start drawing in the wrong type of people into our programs and running off many potential quality members.

As the Road to Wisdom phrases it: "we can never know who is watching our actions or who will be affected by our deeds." As brothers and sisters, we should encourage our chapters and ourselves to always act as if letters are on, because in reality they always are.



# DELTA SIGMA PRESENTS. . .

nicholas thomas | delta sigma - kappa kappa psi



Musicianship is very important to Kappa Kappa Psi, and it is often underappreciated. As I'm sure other chapters can relate, everyone in the band knows Kappa Kappa Psi as a service organization - and we are - but we began to notice this year that some people were under the impression that a "service organization" is all that we are. This realization caused us, as a chapter, to look at our actions and see what we were doing to show the importance of music, and we were disappointed to find that the answer was... not much. Other than singing the hymn in public from time to time, when appropriate, we didn't ever really do much in terms of music.

In response to our lack of musicianship, our president reached out to other chapters to see what they were

doing to show the importance of music, and he decided to implement one of the ideas he found. We called it Delta Sigma Presents. Basically, before our weekly chapter meetings start, we have a brother perform for the chapter. We don't give critiques, we don't judge, we don't offer help. It is just music for music's sake.

Delta Sigma Presents has had a distinct impact on the chapter as a whole. When the brothers hear a brother perform well, it inspires them to work something up to play as well. At first, we were worried that we would have a hard time finding volunteers to perform. However, we ended up with the opposite problem. So many brothers wanted to perform that we had to make a schedule of performers so that everyone could get a turn. Some people even are trying to volunteer to perform for a second time.

Since implementing Delta Sigma Presents, there has been a measurable increase in brothers practicing. The more brothers practicing, the more they improve. The more they improve, the more directors and other musicians start to notice. There are little to no ways that I can think of to better promote musicianship than seeing a group of twenty people progressing on their instruments and having fun in the process.

Seeing performances in this way truly highlights the diversity in our chapter. From a tubist play Piazzolla, to a bassoonist playing orchestral excerpts, to a violist - who plays clarinet in a concert band - playing a viola solo, and many more, Delta Sigma has no shortage of exceptional and diverse musicians. For brothers who aren't music majors, Delta Sigma Presents may be the only opportunity they have to hear this kind of music outside of band class, and brothers who have other majors are permitted and encouraged to use this as an outlet to express themselves either on their primary instruments or any other way they would prefer to perform. For example, one of our membership candidates is a theater major, and he asked if he could perform a monologue for Delta Sigma Presents.

Seeing this kind of passion for music in such a large group of people - twenty actives and fifteen membership candidates - makes me very excited for the future of Delta Sigma. Delta Sigma Presents has affected more than just Delta Sigma as well. Our sisters in Gamma Nu heard about what we were doing and asked if they could come in and watch the performances as well, and there may be a joint Gamma Nu and Delta Sigma Present... in the hopefully near future. Also, we hope to have a Kappa Kappa Psi Recital in the Fall of 2018, and Delta Sigma Presents will hopefully be used as a platform for brothers to have the chance to perform their music for an audience before the real recital. For more immediate results, we will be using this as a way for music majors to perform their jury pieces for an audience as well.

While the results we have seen with Delta Sigma Presents have been more than we could have hoped for, the brothers of Delta Sigma are always happy for more opportunities to promote the bands and grow closer together through our mutual passion for music.

## NEW ALTO RAP

ashley gomes | alpha - tau beta sigma

N is for New Mexico and always displaying new content  
For all sisters' words to be present  
E is for everyone  
For an article can be written by anyone  
W is for winning in life with the best of sisters  
And for writing with them even though they are from other  
misters  
A is for Arkansas and for the art in articles  
Always about TBS and never chemistry particles  
L is for Louisiana and for the love we show  
Co-educational, so a sister could actually be a bro  
T is for Texas and the ability to text us  
Because good ideas come with good communication  
O is for Oklahoma, it's the New ALTO  
Written by TBS/KKY members of the Southwest District yo.





# A LIFELONG COMMITMENT TO YOU

brady gilleran | lambda - kappa kappa psi



It's crazy to think that after applying for district office, finishing my office as VPM, and about to be a part of the 2018 Marching Band Leadership team, that my time at the university is quickly coming close to an end. Only having one year of college left, I start to think of all the things that I still want to do. However, it's been crazy for me to understand all that Kappa Kappa Psi has done for me in just 3 short years.

I've always had the drive to go to chapter meetings, workshops, conventions, and other fraternity functions because of the fun! The opportunity to be with other band members that are just as "band nerd" as me is an opportunity I will always take up. I didn't really understand how much the leadership parts of the functions were having an impact on me.

As an engineer, getting an internship is a really important task during the summer before you graduate. This makes it a whole lot easier to get a job afterwards. However, going to Career fairs my freshman and sophomore year, I wasn't the best of the bunch. I was nervous and had no idea how to present myself to employers. I did my best to interview with as many places as possible, but I had no luck with any response from employers.

My luck finally changed during this year. I got a call back from Dillard's IT and they scheduled an 8-hour interview with me. The interview was tons of questions about working with others and leadership potential, and boy did I have experience with that. Almost every personality question, I answered with something relating to Kappa Kappa Psi or band. I ended up getting the summer internship and they are working with me to plan around band because they know how much it contributes to my success in the workplace.

As we get closer to graduation, all of the Lambda seniors have been announcing their plans for after graduation. Although they are sad to be leaving the active membership, all of them have expressed how Kappa Kappa Psi has been the key factor to their success in their field. Although we are taught about how we are a part of a service organization, it's amazing what servant leadership can do for you. It's something I've taken for granted until this year, and I never will again.

# PROUD TO BE A SISTER

nathan barker | psi - tau beta sigma

Even though Tau Beta Sigma has been co-ed since 1974, the Psi chapter, located at the University of Arkansas, has seemed to hold on to the female-only mindset. My name is Nathan Barker, and I am a membership candidate of the Gamma Omega class of the Psi chapter of Tau Beta Sigma.

Whenever I started college, I was immediately bombarded with offers to join greek life, especially since it is such a large part of college life at the University of Arkansas. However, those organizations didn't appeal to me, as I thought that kind of party-lifestyle wasn't for me. One day, when I was at marching band rehearsal, one of the girls from my section came up to me and asked if I had considered joining Tau Beta Sigma. At first, I wasn't sure as to what that organization was, seeing as it wasn't typically associated with the other greek life on campus. She proceeded to tell me of how it was a sorority dedicated to serving the band. I immediately questioned whether if I could join, seeing as I was a man, and she told me it was open to everyone, despite being classified as a sorority.

The idea of being in a sorority really appealed to me, as a gay man I had never really fit in with the hyper-masculinity that was associated with typical frats, and since Tau Beta Sigma interacts with Kappa Kappa Psi, I would still get to have brothers despite being in a sorority.

Fast forward a few months and I decided to go through process and I was shocked by the lack of men. I was told all about how men were encouraged to join yet the only men were myself, two others from my MC class (of 21), and one member. I began asking the sisters about the lack of men, and they told me how older generations of sisters rejected the idea of being co-ed and attempted to make Tau Beta Sigma an all-female organization. Whenever she told me this I became really excited, because it gave me the opportunity to be the part of a new movement of acceptance. I then decided that I was going to do my best to show that men can be a part of Tau Beta Sigma as well.

Fast Forward to the night that my class elected officers. Our VPME asked everyone for their nominations for president. One of my friends nominated me and I was eventually elected president (albeit after a very awkward speech). I was so excited that I could be the face of my membership class even though I was a man.

I am currently going through process and it is so exciting whenever I tell anyone that I am a member of a sorority. They are always confused and then I get to tell them of how Tau Beta Sigma is an open-minded group that above all is dedicated to service. I tell of all the great things my MC class has planned and above all, I get to tell them why I am proud to be a sister.





# THANK YOU WAVVA!

chelsea zuniga | alpha - tau beta sigma



March 26, 1946. That date sounds familiar, doesn't it? This is the day the wonderful sorority Tau Beta Sigma was founded. A day cherished by brothers and sisters in the bond all around the nation. The Alpha chapter of Tau Beta Sigma was born at Oklahoma A&M College. Seventy-two wonderful years of serving the bands later, we as an organization are flourishing!

The Alpha chapter was fortunate enough to be asked to perform our beautiful Founder's Day Ceremony on March 26, 2018. Back in November, National Vice President for Communication and Recognition Siobhan Wilkes asked our chapter to do this in hopes to make this year's Founder's Day a special one. This way, sisters all around the nation could join as one and participate in the ceremony. We jumped on this opportunity as soon as we could.

Months of waiting turned into weeks. Those weeks turned into days. It was almost Founder's Day and we were getting excited! Our chapter put in hours of preparation leading up to our performance.

We even encountered a down to the hour location change. We were determined to make this the best Founder's Day Ceremony our chapter has ever performed, therefore nothing got in our way.

Several hundred people watched live as we rededicated ourselves to our ideals and principles of our sorority and reflected on our eight's and five's. This was such a special moment for our chapter and we are so grateful we got to share it with so many of you! If you watched our live stream, thank you. We hope you enjoyed it. If you have not seen it, check it out on the national Facebook page Tau Beta Sigma, or our chapter Facebook page Tau Beta Sigma Alpha Chapter.

Tau Beta Sigma has played such a large role in my life and has shaped me into the person, leader, and friend I am today. I cannot find the words to explain my gratitude to this incredible organization and cherished sisterhood. All I can say is thank you, Wava!





# WORDS FROM A DEPARTING SENIOR

ryan bishop | lambda - kappa kappa psi

I sit here at my laptop writing after an executive council meeting. This is my first time writing for the New ALTO and it will most likely be my only time. I am not particularly a strong writer, and my grammar is often flawed. Just ask the membership class I was VPM for over a year ago. It is still a running joke. These are my thoughts at their rawest form.

My time with this organization has been one with no regrets. I love all of my brothers, and I thank them for the roles they have played in my college career. My time is sadly coming to an end, as it is my final semester. I am merely days away from no longer being an active member. In my head, I would love to sound as eloquent as possible, but I know it would just come out jumble so I will be short. I love this organization and everything it has to offer. If I could offer a suggestion to any current member, it would be this. Invest in your brothers. Be intentional.

The marching seasons can be rough and the membership processes long, but cherish these moments with your brothers. My loyalty to them that has kept me driven over my past 4 years, and I feel confident that I could call on anyone of them for help and they would be there for me. This does not develop instantaneously. You have to be INTENTIONAL because it takes time for those bonds to strengthen and grow.

Out of selfishness I wish I had more time with them, but the flow of life is happening, and it has come to me. Come July I will move down to Houston, TX where I start my big boy job where I will start a new chapter in my life. I do not know how long 'twill be or what the future holds for me, but this I know if I must die I am a Brother of K-K-Psi.

AEA

Ryan "McGyver" "Butter Crotch" Bishop



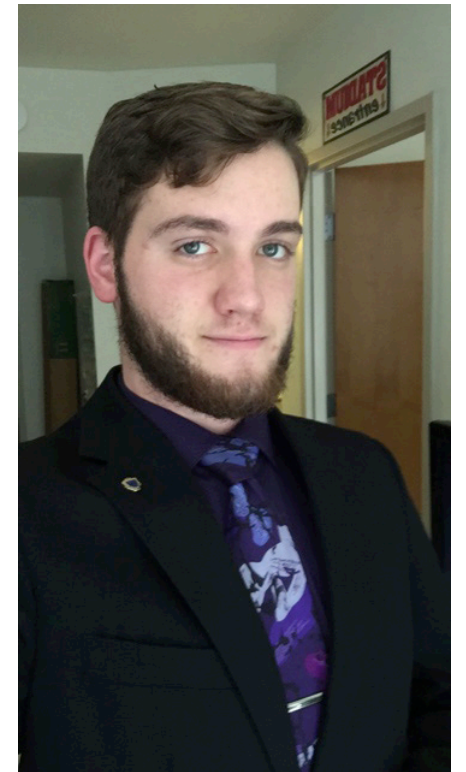
# THE IMPORTANCE OF HUMILITY

trace rhode | epsilon beta - kappa kappa psi

Last Spring, I was elected to the position of Vice President of Projects in my chapter. In this role I am responsible for planning the various service projects and brotherhood activities for my chapter, as well as working with my Tau Beta Sigma counterpart to plan joint service projects and brotherhood/sisterhood events. As a new brother, I was incredibly honored, and felt that I had to prove to my chapter that I could indeed perform the duties of the office they entrusted me with. I consider myself to have done a mediocre job since then, not because I did not put effort into my office, but because I would not ask for the help of my brothers.

When marching season started, I was eager to do a fantastic job and show my chapter what I was capable of. However, I soon learned that I had no clue exactly what needed to be planned. Since I had not been in the chapter, I had not known what would be required of me when planning these events, and many times my TBS counterpart would have to pick up my slack. I wanted to "prove myself" to my chapter by trying to do everything alone, but all I needed to do when I was confused was ask for help. There are many reasons we might not ask for help, in my case, it was a mix of pride and embarrassment that I did not know what to do. In other cases, someone might think they can't ask for help, because no one would give it. These are organizations where asking for help can and should be the norm.

We are all working together to serve our bands, and there is no shame in admitting that you need help. Being aware of your limits is key, because where your ability ends, someone else's keeps going. This person is a resource to you, and to your band, and you should use them like you would any other resource. So in the future, just call on your brothers and sisters when you need a hand.





# TOP 15 PLAYLIST

hannah wilson | gamma tau - tau beta sigma | new alto social media



Say Amen (Saturday Night) • Panic! At The Disco  
Games • Demi Lovato  
Angel With A Shotgun • The Cab  
So Bad • Brandon Skeie  
You Make It Easy • Jason Aldean  
Slow Burn • State Champs  
Brokenhearted • Kalin and Myles  
Losing Sleep • Chris Young  
Lonely • Demi Lovato  
Anchor • Cailee Rae  
Crying in the Club • Camila Cabello  
This Is Me • Kesha  
Bad Chick • SoMo  
Lonely With Me • Parachute  
Bom Bidi Bom • Nick Jonas ft. Nicki Minaj



# TRADITION KEEPERS

richard saucedo | delta sigma - kappa kappa psi

At the Delta Sigma chapter of Kappa Kappa Psi, we have a number of unique traditions as do most other chapters, I'm sure. These traditions range from our class mascot: "Sancho" the Piñata to the way we "toast" before every meal we share as brothers. These lighthearted traditions were established within the past decade or so, all of which with their own special origin stories to go along with them. Arguably our proudest tradition however, has been with our chapter since even before its founding in 1964. That tradition would be our seven words, or seven qualities we look for in a brother.



Before our chapter was founded, the organization went by the name REBSO, or the Rebel Band Service Organization. When selecting members for REBSO, the upperclassmen of the entire band would nominate underclassmen based on merit and more specifically how well they showed the seven desired qualities of a great Bandsman:

- Humility:** the understanding that as musicians and individuals, we can always attain greater heights.
- Restraint:** knowing when to control our actions both in professional and social settings.
- Responsibility:** the moral and professional obligations that we hold ourselves to when representing our band and ourselves.
- Initiative:** the unwarranted desire and ambition to put ourselves in the position to always be helpful and contribute to greater.
- Courtesy:** the natural ability of having others' best interests in mind and doing for them what we can, whenever we can.
- Compatibility:** the natural ability to coexist and work with others in harmony regardless of individual differences through our shared love for music and service
- Loyalty:** the desire to always do right by the things important in our life such as our band program.

After receiving the privilege that is membership into the fraternity, the members of the newly founded Delta Sigma chapter kept the seven words in mind when selecting new members as well as the fraternity's five purposes. Naturally, the chapter has evolved over the years, as has this tradition. Today we incorporate the seven words not only in how we select members but also into the membership education process itself in tandem with the road to wisdom. We also have a physical representation of the Seven Words which are seven metal rings we link together and hang from a chain which we wear around our necks that we wear to formal fraternity events such as banquets and rituals. The reason for our rings to be linked together is because like with each brother, each individual ring holds the other up to be what it is we strive to be.

CONTINUED ON PAGE 24...



## CONTINUED FROM PAGE 23...

Much like how we try to show others that leadership is service and one of the easiest ways to build brotherhood in our organization is through our shared love for service and music, without working on these seven qualities cohesively, we can't be our best selves. For example, our humility reminds us to restrain from being boastful. A good sense of responsibility ensures that we take the initiative to be courteous and help our fellow man. Through the compatibility we have, not only with each other, but with all bandsman, we build bonds of loyalty that helps us always be at our best and strive for the highest.

Instilling these seven values at the beginning of our brothers' journey helps instill a bond of true brotherhood that stays with them for years to come and gives brothers-to-be a sense of personal pride and reassurance that they are truly where they belong. Not only are these lessons which we educate our membership candidates with, but also ways which we as members try to abide by in all we do. Through that brotherhood, we establish some of the strongest bonds we will ever make and always ensure that we strive toward excelling through our service, leadership, and musicianship in harmony as true brothers should.

## GROWING

eliza quiroga | delta - kappa kappa psi



To the person reading these words, I hope you realize that you are going to grow. Whether you're in the Brotherhood or the Sisterhood, you will help your chapter grow, you will help your loved ones grow, and you as a person will grow.

I'm writing this as a graduating senior of Kappa Kappa Psi's Delta chapter, almost overwhelmed with the possibilities of what I can write in terms of how much growth I've witnessed these past three years as an active. From being a band member who almost didn't join KKY because she was so afraid of being rejected, to being

elected an executive position as Historian, I've grown so much within this fraternity. My Brothers (and Sisters) taught me—even if they don't realize it—to love myself for who I am because that's exactly what they did for me. Even as a membership candidate, there were times that I wondered if I had made the right decision; I'm so glad that feeling didn't last.

I was lucky enough to be welcomed into a Brotherhood with nothing but open arms and unconditional love. My Big(s) invested so much time and energy in order for me to find my place and it was through all of this support that I was able to grow into the type of active who constantly wants to better their chapter and give the love that was given to me.

I've seen growth (literally) of the chapter itself. No, it is not always easy to have 43 individuals in one room with their own unique opinions. But, seeing how I went through the membership process with 16 other individuals and our most recent class has 27, it looks like we won't get smaller any time soon! That being said, sharing this journey with so many Brothers forces us to think of new ways to improve the chapter and allows us to gain perspectives from so many people. I feel so lucky to know that at the very least, I have dozens of individuals who will look out for me as much as I will look out for them.



It is not from myself, but from other Brothers and Sisters that I've seen the most growth within the Delta chapters. I've seen the bond between KKY and TBS only become stronger because the leaders are so dedicated to improving the band programs, the community, and overall morale, while other members enthusiastically follow. I've heard Brothers express their passion and their devotion to helping Brothers even outside their own chapter, which is why they're running for positions at the district level. Even when my Brothers and Sisters are having their worst days, I feel the warmth they give to other people. With chapters as old as ours, we know firsthand that change can be hard. But it is through change and through open-mindedness that we grow not only as organizations, but as individuals.

I'm writing this because when I ran into one of my Sisters earlier today, she encouraged me to submit something even though I was scared and had my doubts. Looking back, I've realized that sometimes what we need to do are the things that scare us most, and that's exactly what growth requires. After all, I almost didn't join KKY because I was so afraid of being rejected. Now, I can't imagine where I would be if I hadn't made what would become one of the most important choices I've ever made. Even as a senior officer, I was a little intimidated when my President delegated one of the award applications to me because I didn't want to mess it up. Well, I'm glad she put her trust in me because the process allowed me to stumble on some old documents, one of which is a letter from Edward W. Mars, one of Delta's Founding Fathers. Addressing the Alpha chapter, he closed his writing with a simple sentiment:

"Brothers, let's make this thing go over big and let people know that we are here to stay and grow—and grow—and grow!"

So Brothers and Sisters, realize that if you give effort into your organization, it will give so much more back to you; it's never too late to invest. Do what scares you because there will be people right behind you rooting for your success the whole way there. And most importantly: never stop growing.



# NEW ALTO WORD SEARCH

shannon lotti | gamma nu - tau beta sigma

H B B M S M Z H I M L J C M K D Z I F K L I Y O A B O I Q O A J O V H J J J J L  
 L I Z K H B J U O X X X I U E Y E O N H V K Z O F M Z N O V O R P N G N N R M B  
 K R N U U W E R Y N G R F J L C R P A W T F G S X V O H H H N W V Y K Q Q L R E  
 P V C O V R D W S P E R J X H T Z N E T G X P D K Z D H L B N H C W E Y V Z C V  
 M F I T Z T O O F L T S R C I N I B U N Y I T F I M S G A T Y I H Y M J P N Y L  
 H X X W C G V N C S E O T T Z K A V K F D I O R M P T Z O L P X J Q K A A K O L  
 O T V C K E Z O I P J T U Y H N L W A P Y A C D Z G C X C S K S J A K N S C Y K  
 T S O U T H W E S T P D D E D D L T A T R U B X A O Y J I F N O K C E A R A U U  
 L N B G U L F S U J E A W Y L I L Y O F I P L I I D E B X X M H I T A K G K B F  
 X H E Y C T N J U E B L E C N A R E L O T O R O L F K V E C R E N N L A Z C B C  
 F F N M I S K B V L B G C C U X T M B U P V N B U I S M M M W I A U K N I X U C  
 N R Q P P M Z R Z F K Q G T U P V R D D V N W S F G I T U W X A I T N K O N F L J  
 P T X B J O E P D V U V K D P P U V C I V J J M Z I K Y E M S U Y Y D V B C Q Y  
 J G V I K X L B L T W I S K E Y T G U E E R F Q O U B Q N I D P G O K C A N R Z  
 T T H T B E C E G T Q G P J L K H H R C G V Y F I E D F U U S C W M T A I R Q U  
 U G J R F X Z N V Z A E O P Y Y F P P A S D L W C D P O O V Z C W N F X J R Z A  
 E Z F C S E M B P E L N O Z Z V U B R M Y E E Y Y H L Z X H K F Q K M D Q I L F  
 T D V S N F T M Z S D E Y F K V L U A T G T E L P O X E A S T J N I V N C X J H  
 S L Y E O I P Z I Y U R E K L G N E N M G R N A W N B J H L W Y U P T E O N T M  
 B D U R I X H G F V I O L R I X E W A V A E H K A O X X I L L G R E G H Z X R O  
 E P Z V T R M U B Y U S L V G R S Z E Q L F I T M R N D R R L J R A T X W U Y A  
 R C X I I A Q X R Q K I A X U I S P S P N N T C F A V K V H S N R H J G S N Q E  
 G N D C N C E S B B Z T T X D O M E C T F J L D R X A R G Q U D V Q D U R V L  
 B A G E G A I G H L R Y Z I R E F O P A X C L G E Y Q C T S O B R Q N P I Y R D  
 I S L S O B C S U P X S A A Q O M V U U Z U P C Y S V X A C H I E V E M E N T E |  
 E H J S C D X B U Z K D K D N H Z V R J F X H D L U I J A P J F X Z M F D Z S C  
 Z C N E E C U U W M X Y R I K Z C P B V I V Z K R K U M F S P Q G M W I D F T L  
 M B S J R Q E S B O L A E P K A P K F I Q O F Z B H I I D G A I R I Z B A U I F  
 I C B B P X O Y U M E C P U Z S C E N B M Z I H Z Z Z N N A H H E Q X Z I R O U  
 A H Y B B R W H D X H L L E R Z S B D J J U Z Y N W F B D E F U A N X S D N V E  
 G W X Z O H W X F E D X N J U Y R I U K Y Z X F I U X D G N Y R K A I T L A E Z  
 A U O R E Q T O E S A S N A K R A M X T K Q O K V T N W P U E B C W P C S D Y D  
 P O I K U B J R B Y M T R T J N R G R H Q W G I E I B U I Q U S L O Y A L T Y P  
 R T L E B N F O B B D E E E P O W M N M K J P K O P I J E M Q B S W Y G G E R L  
 Y Z P Z G U R G Q I H E D L H G X I K Y B R I S H M R H S X V I P B J K X J W T  
 N T E P L V J V K I L N F P E R S O N I F I C A T I O N S E R Q W S E M I R U X  
 L L D N B P J V A S E C O Q I C A G N E J A Q O B S R M S Y T D F G I T E D O R  
 J V E N O I T A I C E R P P A T X I D P N D S G Q X K N E H A L K X S C A J L A  
 O S G N A A Q I Z I G T A T W S E D S G T N G V W B H B N C I P B K R C H N F A  
 S E F F W C H Y J A N L L F A A T R Y T L Z Q D V J H I L E T S U R T T F C O X

- |               |                 |              |
|---------------|-----------------|--------------|
| ACHIEVEMENT   | HONESTY         | SERVICE      |
| ALLEYOOP      | HONORARY        | SIGMA        |
| APPRECIATION  | KINDNESS        | SORORITY     |
| ARKANSAS      | KNOWLEDGE       | SOUTHWEST    |
| BAND          | LOUISIANA       | SPICY        |
| BETA          | LOYALTY         | TAU          |
| CHEERFULNESS  | MAINTENANCE     | TEXAS        |
| COURAGE       | MUSIC           | TOLERANCE    |
| CULTIVATION   | NEWMEXICO       | TRUST        |
| DEPENDABILITY | OKLAHOMA        | TRUTHFULNESS |
| DEVELOPMENT   | PERSONIFICATION | WAVA         |
| FORTITUDE     | PIES            |              |
| GENEROSITY    | RECOGNITION     |              |



# A LETTER FROM THE EDITOR

kelli hughes | alpha - kappa kappa psi | new alto copy editor



As I read and edit the articles from many brothers around the Southwest, I was itching to write one myself. Some were from brothers that have only been the fraternity for a few years, others are still candidates and some, like me, are graduating seniors. As a fifth year senior at Oklahoma State University, I have been taught so much about my major, the world, and music (even though I'm not a music major). But somehow, being in Kappa Kappa Psi has taught me so much about everything. Service, brotherhood, love, respect, and music has been part of my life for the three years I've been in this organization. Alpha gave me a second chance in being part of them and I couldn't be more grateful. They are truly gems in the world.

Reading the other articles, it made me feel nostalgic. It made me feel so much pride for my brothers who are accomplishing so much in their chapter and in their own life. This organization, the southwest is beaming, radiating from the world and doing incredible things. I want to say, to whoever is reading this, that I am proud of each and every one

of you.

I have been blessed to be a part of the New ALTO team. The brothers and sisters I get to work with are the most hard working, down-to-earth and service-focused people. They go above and beyond to make this publication as great, and even greater as it is. There have been obstacles, but there is no obstacle too much that we can't handle. As MY time in college and in Kappa Kappa Psi is coming to a very quick close, I will miss working with my awesome brothers and sisters on this team. So to you guys, keep on pushing to be great in the semesters to come. For the rest of the Southwest brothers and sisters, keep the New ALTO alive. Keep showing off your chapter. Keep showing how great we are, show that there is always room for growth and improvement and ALWAYS remember to keep striving for greatness. Music is truly the greatest of the arts.

AEA forever,

Kelli Hughes



# TIME MANAGEMENT 101

annie jane | gamma iota - kappa kappa psi | swd sec/treas

With the last couple months of school ahead, it is more important than ever to keep going strong and push forward. How do you balance your school work, job, band fraternity, internships and keep sane and have somewhat of a social life? Here are some tips that work for me that may help you!

## Have more than one planner

- Try to have a bigger picture one, just a quick glance and you can see your whole month laid out. Write homework assignment due dates, exam days, work schedule, ritual dates, social events and any other thing you have to go to.
- The other planner can be a day by day hourly planner. If you have a particularly busy day or quite a few assignments due, write out your day and schedule everything in!

## Put reminders in your phone

- If there's a more unexpected event, like the graduation workshop I have this week, I always put it in my phone with reminders. I usually set it an hour before and the day before. Your phone is a great tool for keeping track of unanticipated events.

## Prioritize

- Think about what is important. Whenever I write out homework assignments or what I need to study or do each day, I always number them. Ranking different tasks helps you figure out what exactly needs to get done. If you have a busy day and can't finish up everything you wanted, by prioritizing you know whatever you didn't get to isn't going to be a major penalty. That leads into not procrastinating. Planning and prioritizing actually helps you stay on track and keep on top of everything you have going on.

## Sleep

- I always try to make myself go to sleep so I can get at least get decent rest. Also, I never study past 9 pm the night before an exam. It's great to review and go over material but cramming and staying up late will be more detrimental than getting a good night's rest. You'd be surprised how much you actually do know! Remember: when you don't know what to do, always do what you know!!

## Take mental health days

- It is so easy to over stress and over work yourself. It's okay to sometimes take a break from the world so you avoid burning out. Burn out leads to being unable to fully commit to all you are doing, and that hurts not only organizations or groups you're a part of, but also yourself! It is so much better to take a step back and breathe then keep trying to push yourself and ending up being out for days and unable to function while you try to recover.

Here's an example of one of my easier days:

- 8am-11am: Internship
- 11-12pm: Class
- 2-3pm: Class
- 4:30-9:45: Work

During those gaps in the day, I usually do homework and other assignments. After work, some nights I just need to relax and watch Netflix, other times I have a big project to submit. Regardless, my prime goal is to finish whatever I can in between my classes, so I get more time to relax after work.

Life is not worth stressing out, being anxious or upset about all the time. Figuring out a plan and improving your time management skills takes practice (I've had to modify my routine plenty of times) but, in the long run, it will make you feel so much better. The more on top of stuff you are, the more you can relax and enjoy the life you are living.

# THE MUSIC THAT HELPED ME SURVIVE

christen jarshaw | delta - tau beta sigma

Despite being in band for a decade, music did not become an outlet for stress relief until my Junior year in college. 2017 was an all-around rough year and music is honestly what helped me survive most of it. I was definitely drowning amongst the requirements of my major (Pre-Med), job, and even band and TBS which I loved so much! There were several days I was only able to pull through because I knew music awaited me come time for bed. My all-time favorite band—The Mountain Goats—is what really kept me going when things were at their worst. Here is a list of 15 of my favorite songs of theirs that never fail to soothe my soul even now:

## This Year

- Love Love Love
- Autoclave
- San Bernadino
- Sax Rohmer #1
- So Desperate
- Pale Green Things
- No Children
- The Diaz Brothers
- Harlem Roulette
- Southwestern Territory
- Foreign Object
- Heel Turn 2
- Pink and Blue
- The Best Ever Death Metal Band in Denton





# A LETTER FOR MY KKY LITTLES

isaiah dehojos | alpha - tau beta sigma

For a very long time I told myself I could never and would never take a little. Not because I didn't have interest or because I was too wrapped up in myself-- more or less because I was (and still am) a scared person. All of my life I've worked, stayed pretty serious about my academics, and constantly worried about how others view me.

As much love as I know I have to offer to those around the world, and me, I never wanted to take someone else under my wings when I was still trying to figure out how to spread them for myself. I've watched how much time management you need to have from my own Big (making time for me whenever possible), and time management is definitely a quality I am continuously improving.

I always understood that my academics come first especially when you're paying a crazy amount of money (because being out of state sucks). I also understood that the most important thing to me was and always will be my family, especially after a difficult semester for us. Going home to see them and my old friends has always been a priority regardless of some of the fun times I knew I would miss out on back at campus. But what I didn't understand is that people look up to me in ways I never even knew was possible. I didn't know what it was like to feel like a complete mentor to someone my own age regardless of the "TBS Mom" qualities I possess in my own group of friends. I was lucky enough to learn these things when I took five Little's after being a "Little" myself, and I want to thank them for all that they are and all they will continue to be.

Hannah and Christian, the twins; and Heather, Trent, and Landon, the triplets.  
My KKY Little's,

**Thank you for being patient.** I know that I'm really busy and not always the easiest person to get in touch with, and when I'm not busy, I know that I'm trying to catch up on lost sleep or studying mathematics (my actual love), or being really annoying. Not to even mention when I'm constantly begging for y'all to hangout. Or on the contrary, when I make plans for us and have to constantly postpone them (sorry Hannah and Christian, but I promise I'll make it up soon to each of y'all, especially from the lack of gifts, yikes, but I definitely love the memories from the hangouts).

**Thank you for being kind.** It's safe to say that each encounter with every single one of y'all will and always has been pleasant. Memories to last a lifetime, which I will cherish. Each of y'all has a heart of gold and always making sure everyone feels included. Constantly, y'all are benevolent and I find that to be the most beautiful quality each of you have above all the other marvelous ones you possess. Even if it's a simple "wassup man" (Landon, I promise next time I will actually stop and converse and not be in a late rush to attend all my math classes) or a smile turned into a beautiful conversation about life (Heather, I love every story you have to tell, honestly, from your sports work to your passion of God).

**Thank you for being independent.** Y'all aren't needy (even though Trent kind of pushes it, especially when it comes to all of the hilarious attention seeking scenarios that I very much

appreciate) and I love this lack of neediness because I think an independent person is one of the most exquisite things in this world. I know and you know you don't necessarily need me for everything and you can solve a lot of problems on your own because each of y'all are compassionate, articulate and clever.

**Thank you for being genuine.** I can easily say that y'all by far are the most honest friends I have made throughout my college experience. Right off the bat I knew I could trust each one of y'all from the moment I was given a chance to be a TBS Big and trust isn't something that comes easily for me so thank you for always being sincere.

Most importantly,  
**Thank you for being my new best friends.** It's true; your "Little" really does become your best friend or more importantly, a modeling family. Often times, people think having a "Little" is really just you being a "mom" for someone younger than you. And while I am insanely motherly to each of y'all, I enjoy the shenanigans we get into together and all the times we've had in just a semester for the triplets, or year for the twins.

So, to each of y'all,

I want you to know that you are you and I have never had anyone half as positive in my life as you are and that is one the greatest gifts and the reason I am the most thankful for your existence. So, continue being all that is you because there aren't many people like you in the world. I can't wait for the many memories to come.

Love your TBS Big,  
Isaiah





# PEP BAND TAKES SIOUX FALLS

dinonicio cardenas | alpha psi - kappa kappa psi | swd mal

On March 19, 2018, the West Texas A&M Cheerleaders and the Pep-Band traveled to Sioux Falls, South Dakota for the 2018 NCAA Division II Basketball Elite Eight. Ten out of eighteen members of the Pep Band were part of the Alpha Psi Chapter. At first this trip sounded like a nightmare but little did we know that we would make such wonderful memories. Twenty-eight people on a bus for thirteen hours was definitely one to remember. During this trip, the Alpha Psi brothers got to witness history. The No. 4-ranked West Texas A&M men's basketball team won its first game in program history in the Elite Eight. Unfortunately, we fell short to the No. 1-ranked Ferris State University from Michigan in semi-finals.

Throughout this trip, we got to visit the Falls Park, Sculpture Walk Sioux Falls and the USS South Dakota Battleship Memorial. We also got to sing and take a picture with our Delta Omega brothers from the North Central District. It was great experience to talk to members from their chapter. The cool part about this is that no matter where we go, Kappa Kappa Psi & Tau Beta Sigma will always be there. That common goal of serving for greater bands will always connect us. Thank you to the Athletics department for letting us experience history with West Texas A&M University. South Dakota was such a blast.



# PHOTO COLLAGE

hannah wilson | gamma tau - tau beta sigma | new alto social media





# WORD SEARCH

michael montiel | tau - tau beta sigma

COAQM QEP PNT J UWL BPHHM  
 TJVSSFRJKNLYZVEKSCMR  
 QPNVAYUBODZGEHTHQONY  
 FORGREATERBANDSJCWFN  
 CKWAWTAUTHE TURTLEQPP  
 JLLURBZZWJNDIAHRKCH  
 WAAFNRJTGPFDCFATDRM  
 RHYIEPRFIE XUBGUQKXFY  
 POCDWXWLPXYEEXMLDHCT  
 CMTVMZKGPZSIOIKZWND  
 ZAQEEYZTEXASTECHWMUY  
 HVSXPWJOOERKXONAJDH  
 JTALIAQONKCNGLMVTOP  
 JAZTCTSEK L JQODWJAVAX  
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 UHFOTQBGFMMPK KUNOUR  
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 ARKANSASJGBDOWILEYMN

For Greater Bands	Oklahoma State	Texas Tech	Tau the Turtle
New Mexico	Louisiana	Be it known	D.O Wiley
Texas	Arkansas	Oklahoma	Wava



# FOR GREATER BANDS

HOW TAU BETA SIGMA PREPARES REAL WOMEN FOR  
 REAL CAREERS IN MUSIC EDUCATION

carissa higbee | delta upsilon - tau beta sigma

When I started college four years ago, I knew beyond a shadow of a doubt that I wanted to be a band director. I majored in music education and threw my whole self into the university band program. I was there to have new experiences, grow as a person, and learn what I needed to be the best that I could be in the career path that God had called me. Somewhere along the way, I was invited to become a member of the Delta Upsilon chapter of Tau Beta Sigma. I was ecstatic, of course! I had a very close family friend who was an alumna of this very chapter, and what better way to be more involved in band and make friends than joining a band sorority? I had no idea that deciding to become a sister would not only shape my life, but my future.

Over the last four years, I have held four offices in my chapter of Tau Beta Sigma including: Director of Brotherhood and Sisterhood Activities, Contest Coordinator for the Howard Payne Music Festival, Vice President (of membership), and finally President. I have had so many great experiences and I have grown so much as a leader, but these offices have also prepared me for many of the duties of a band director. I have planned social events, fundraisers, coordinated Solo & Ensemble and Concert & Sight Reading contests, headed up recruitment efforts, advertised for events, budgeted, managed personnel, lead meetings, learned about chain of command, completed paperwork, planned trips, and practiced conflict resolution. As I have completed the classes and experiences for my degree, it has become clear to me that all of these experiences have contributed to my education in ways that my college courses never could. The classes I have taken have given me the head knowledge of how to be an excellent music educator, but being an active sister of Tau Beta Sigma has given me some priceless hands-on experience.

As of today, I am finishing up my student teaching experience with Brownwood ISD, and as I work with these students and apply for jobs in the music education field, I can't help but feel incredibly indebted to my sorority. I note the offices that I was elected to as tools that have prepared me for my career, but truthfully the influence of my sisters have prepared me more than any duties that I have held. Part of our mission statement says that Tau Beta Sigma "encourages the advancement of women in the band profession." The encouragement of my sisters and witnessing their determination to the furthering of music education have left me feeling empowered and capable, ready to take on this job that has been laid out before me.





# ADVENTURES WITH ANDY

andy the armadillo | hosted by alpha psi - kappa kappa psi | swd mascot

Dear Brothers,

The fall semester with the Alpha Psi chapter sure was jam-packed with exciting adventures, and the adventure has continued into the spring semester!

So far I have hung out at the Kappa Kappa Psi/Tau Beta Sigma booth at TMEA (and got to explore San Antonio with a few of the brothers). At the booth, I got to meet up with one of my CFR friends Justin Chesak and one of my friends on the national council, Vice President for Student Affairs Jessica Lee! I've gone to the West Texas/New Mexico Area Workshop and got to hang out with all of the chapters that went all the way to ENMU in Portales, NM. I also went to West Texas A&M's Showcase this past March and got to listen to all of the amazing ensembles that performed!

Early on in the semester, I helped out with the service project Alpha Psi did at Caprock High School (tearing down props, fixing stands, and organizing the music library). It was a really strange day, though, because it started snowing out of nowhere! I also got to take part of Alpha Psi's composite pictures for this year, which was really fun to be involved in, my friends at Alpha Psi know how to make everything (even picture day) fun! I hope that the weather will stay nice that way I will be able to make it to the Palo Duro Canyon before it's time to leave the panhandle.

It has been an exciting year getting to spend time with Alpha Psi, and I will most certainly miss them, but I am also looking forward to District Convention to show off my new outfit that Brother Otts is currently making for me and getting to meet my new host chapter!

AEA,  
Andy the Armadillo  
Southwest District Mascot  
(Written by Brother Taylor Otts-Alpha Psi)





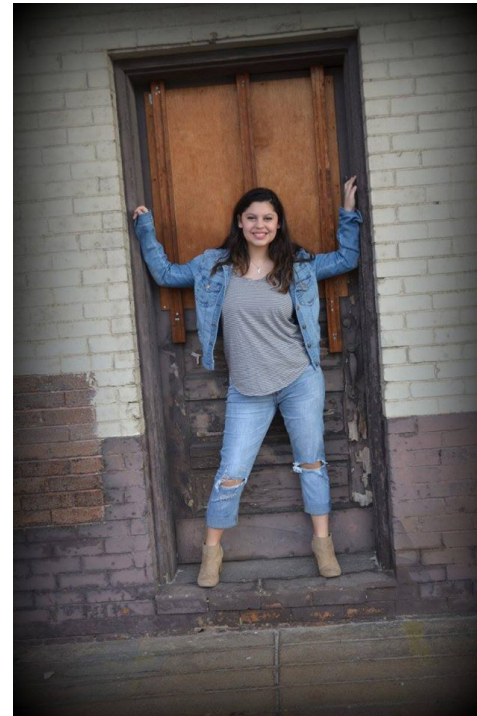
# WORKSHOPS: A MEMBERSHIP CANDIDATE'S PERSPECTIVE

allison pesina | delta sigma - kappa kappa psi

The motto for Kappa Kappa Psi is to "Strive for the Highest." I learned during the Arkansas Tech workshop on March 10 that this motto not only applies to making sure that the members excel in their endeavors, but also making the organization be as efficient and helpful to the bands as it can be. This is done by working together amongst the chapters and making connections that last beyond just one weekend. When you become a brother of Kappa Kappa Psi, you become a brother of the entire fraternity, not just your chapter. This was made evident by the fact that some sisters from the host school were willing to take us into their apartments and treated us as one of their own. The workshops were made to help all the chapters be successful, and they seemed to complete that task quite well through committee training, self-help training, roles within the fraternity training, and retention training.

In the committee training, we were given an exercise which demonstrated the way committees help with communication. We can save a lot of chapter time if the committees have most of the details already figured out. Everyone in the fraternity has things to say that are good - they can add a lot of insight to the subject - and some things that are not so good. Committees should be designed to bring out the best in its members. Personally, I am passionate about service and the logistics that go into serving. I have learned so much through the process of trying to put together the service project for the MC class. However, I am amazingly bad with money. Thank goodness I do not have much part in the logistics of keeping the chapters money, as I fear that we would go into financial ruin if that responsibility were to be placed upon my shoulders. This is why we have committees, though. We learn through them, and we add our talents to the one that either is familiar, or even completely new. The more you understand the importance of committees in helping everyone strive for the highest, the more you can see how well they function in doing that very thing. The workshop over committees gave me an understanding of this concept that I may not have ever fully grasped.

While we are striving to bring out the best in our members, we must also keep in mind that there is a limit to what they are capable of. In the self-help workshop the speaker stacked boxes on top of each other. The lowest was health, next was relationships, then school, then band, then Kappa Kappa Psi. If one of the bottom boxes fell, all the ones that were stacked atop them would fall as well. This is a very important concept that many college students allow themselves to conveniently forget. Kappa Kappa Psi is an amazing organization that does so much for the bands, but it should not be your priority. The priority should be the health of those within the fraternity. If everyone is working themselves to death, there is no way they can work effectively. This was a good lesson to learn for ourselves but also to bring



to the rest of the chapter when we came home. We are our brother's keeper, so if we see someone working themselves too hard we can remind them to not overexert. A healthy chapter is a happy chapter.

A great way to help people to not overexert themselves is to break up the responsibility so that it does not fall upon one person. Therefore, we have multiple roles within the chapter such as president, parliamentarian, treasurer, vice president of programs (service), etc. During the roles committee, the different chapters were able to share how they utilized their different positions and ideas for how to do things such as recruitment events and service projects. This part really drove home one of the main points of workshop: making Kappa Kappa Psi more congruent chapter to chapter. There were some ideas people brought up that no one had thought of, but everyone seemed to really enjoy. I imagine a couple chapters playing life sized Clue now that that idea is on the table. In the same way two heads are better than one, multiple chapters sharing their ideas creates an ability for all of the chapters to grow.

To have a fraternity with many people tackling different issues you need to have people in your fraternity. This leads to the retention workshop that was held. A big point that was brought up during this workshop was that people want to stay in the fraternity when they feel involved. This wraps up the main points that we learned in the other workshops quite nicely. If we make sure that we are utilizing our members in a way that allows them to express their best selves, they will want to stay involved. If we make sure that our members are taking care of themselves and not stretching themselves too thin, they will want to stay. If we make sure everything is taken care of efficiently through the work being split up, they will want to stay. The other thing is making sure people feel wanted. The best way to do this is to not only have business things but also fun things. When people are having fun, they are okay with putting in some hard work. All anyone wants is to feel fulfilled. Kappa Kappa Psi is a great way to find fellowship and fulfillment if done correctly.



# ADVENTURES AROUND THE SOUTHWEST!

natalia lambert | alpha omicron - tau beta sigma | swd president

One of the best parts of being part of the Southwest District is how much we have around us! We are composed of five gorgeous states that each have their own personalities. As the Southwest District President for Tau Beta Sigma, I have been blessed with opportunities to travel through all five of our states to meet new sisters and brothers! This article will be more of a picture collage of the adventures I've been on and the people I've met while exploring the Southwest!

To start off this semester, the Joint District Council had Winter Council meeting in Brownwood, TX. In the picture below is the 2017-2018 Southwest District Joint Council at the front gate of Howard Payne University.

As the semester went on, I traveled to Louisiana, New Mexico, East Texas, and Arkansas Area Workshops. Along with those, I also participated in the KKPsi/TBSigma Sing at Texas Music Educators Association Convention in San Antonio. It was amazing to see sisters and brothers at all these different events! One of the perks of being in our organizations is that we are blessed to meet so many amazing people that share a common love for music and service.



1. New Mexico Area Workshop Joint Song rehearsal with sopranos and altos 2. Group picture of the sisters at the New Mexico Area Workshop 3. Sisters from Alpha Omicron and Beta Zeta at the East Texas Area Workshop 4. Sisters from Alpha Omicron at the TMEA Sing 5. Sisters from Gamma Tau at the Arkansas Area Workshop 6. Service project at the Arkansas Area Workshop 7. Joint Council gift exchange at the Winter Council Meeting



# LIVING WITH MY BROTHER

braeden weyhrich | alpha - tau beta sigma | new alto design editor



Most people go off to college and enjoy the freedom from sharing everything with their siblings, right? I kind of did the opposite: I went from having my own room at home to living with my brother. Not my cool older brother with an apartment like you might expect; a complete stranger who became my Kappa Kappa Psi brother.

I am from Iowa, and came to Oklahoma State knowing absolutely no one. When it came time to sign up for on-campus housing, I hadn't

found a roommate. I picked an empty room in Stout Hall and hoped that someone nice would end up choosing me. I checked my housing portal one day and someone named Mattie J appeared in my room. Her "about me" paragraph said she was going to be in marching band, so I figured she couldn't be too horrible. We showed up on band move-in day and it turned out that we were a perfect match. We're both dog people, we have two sisters, our dads are both named Roger, we don't like pop, and we even ended up having enrolled in the exact same Honors Intro to Music class. We have become known as "roomie goals" to certain friends for our crazy and unexpected similarities and the fact that we get along better than most potluck freshman roommates do.

When Kappa Kappa Psi and Tau Beta Sigma started hosting recruitment events, we went to so many of them together. I had heard about KKY and TBS through an honor band at the University of Northern Iowa in high school, and my favorite Cowboy Marching Band section leader (and eventual big) was in TBS, so I definitely wanted to check it out. Mattie came to recruitment events with me and we both eventually knew that we wanted to join one of the organizations. I was sure that I wanted to become a sister, but she ended up choosing to become a brother. At first, I was a little bit disappointed, because I thought it would have been fun to be in TBS together, but the fact that we chose different organizations has actually been awesome.

Living with my brother has helped me be so much more connected to the other brothers. I'm not sure I would know most of them very well if it weren't for her. There have been multiple times where I have been with Mattie and a brother says "hey, let's get food," and we end up hanging out with a group of brothers for hours. If I were on my own, this probably wouldn't happen, and I wouldn't have fun memories like eating brown sugar cake while

watching Vines, or trying Josh's Snow Cones.

I also really like being able to talk about our organizations together. We have spent late nights talking about what offices to run for, how to solve conflicts between our chapters or people in them, and the shenanigans that happen after chapter. It's nice to have someone that I'm close to in Kappa Kappa Psi to help me know what TBS looks like from the outside, and I am able to talk about what KKY looks like to a sister.

Next year, Mattie and I will be living together for the third year. Some people have questioned whether it's a good idea for brothers and sisters to live together, because, just like biological siblings, KKY and TBS siblings don't always get along. In the same way, siblings can be awesome, supportive, and your best friend, and THAT's the kind of brother I ended up with. I am so thankful that Kappa Kappa Psi has provided me with so many amazing brothers like Mattie J!

## REFLECTIONS OF A DISTRICT OFFICER

keegan turney | epsilon beta - kappa kappa psi | swd vpp

By the time I've written this, it will have been over a year since I swore my oath into my Southwest District office position, which is honestly very hard to believe. There have been so many different chapters, events, brotherhood activities, meetups, car drives, and places that I have gone thanks to the position. Even though it has been very stressful at some points, it has been worth it. Having the opportunity to meet hundreds upon hundreds of Brothers and Sisters and befriending them throughout the district has been a blessing in itself- being able to see all the good that we are doing throughout our 5 states and the uniqueness of each chapter is truly amazing to be able to see. It makes me feel good that I now personally know that most of our chapters strive to do the best they can, even if they are in a tight situation or struggling in some areas.

Being in a district officer has been rough to be honest. It is hard to balance a good social life, school, a job, as well as the district duties are being fulfilled, but that's apart of the fun to be honest. The stress isn't \*great\*, however the good you know that will come of it when developing a program or reaching out to members across the district to collaborate is well worth it. There is a ton of work to do, and worrying about whether you didn't do something right or if something could have been done better is always looming over you, but when you have the support of you all, the Brothers and Sisters of the Southwest, it makes the work seem so much easier.

I would like to thank you all for making this year an amazing adventure. When I started my position, I didn't know how this experience was going to go, but thanks to all of the people that I have met throughout my time as officer, I had an absolute blast, and wish you all the best in your futures! Thank you!





# A LETTER TO MY BROTHERS

makenzie darby | alpha - kappa kappa psi | swd president

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As I start to end my time in college, I took a second to look back on what I learned during my time as a brother and I wanted to tell all of you. A little background myself, I am a brother of the Alpha Chapter at Oklahoma State University. I was initiated in March 2014, my freshman year of college. I've served as Treasurer, Alpha Chapter President, and Southwest District President, and I plan on continuing service to this fraternity and its ideals for as long as I can. With these leadership positions I have learned a lot about this fraternity and the brothers within, and I have three pieces of advice for every brother.

**1. Communicate.** Although this topic applies to your entire life, I actually hate it because the majority of the time people use it during district elections to ask things like "how are you going to communicate with small chapters that aren't good with email and don't have any social media and are generally hard to reach?" .... WHAT? I understand that it is my responsibility to get information out, but isn't it every brother's responsibility to make sure they get it? The leaders in this fraternity do a lot of work to make sure that you get the information you need, but communication is a two way street. If the current means of communication in your chapter, or really any level, are not working you have to speak up! I promise, every leader will listen and try to make a plan to help! It's on YOU to communicate your ideas and get the information you need.

**2. Kappa Kappa Psi is not the most important thing in your life.** I struggled with this a lot over the years. Check in on yourself every so often to make sure your priorities are in order. Things like family and friends, health, and school should ALWAYS come first in your life. Sometimes I would get really caught up in the brotherhood in a big project and I would start to shuffle things around and say to myself "oh, this class drops one homework grade" or "I'll study for that tomorrow". It got me into some trouble. I'm not saying to forget about the fraternity and your duties within it. Just make sure that you are taking the time you need to take care of yourself. The fraternity needs the best from you and you can't give that if you don't take care of yourself!

**3. Slow down and take it all in.** College is supposed to be the best time of your life, don't rush it! Take a moment, look around, and be thankful for the people around you. The friends that you make in this fraternity will be around forever! You might even find your true love here, just look at Jack and Jessica Lee! If you are about to graduate, I hope you look back fondly on your time as an active brother like I do. I challenge you to stay connected with the fraternity throughout the rest of your life. Once a brother, always a brother. I hope you took away a little something from these pieces of advice. I really have loved my time in the fraternity and all of you have played a part in that. I am so glad I joined this amazing Brotherhood.

Much Love and AEA  
Makenzie Darby  
President – Alpha Chapter  
President – Southwest District

# BBF: BEST BROS FOREVER

elizabeth pineiro | gamma phi - kappa kappa psi | swd vpm

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The role of the membership candidate has changed for many chapters this year and, while it is challenging for some to accept, it is necessary for our fraternity. Our membership candidates join the Kappa Kappa Psi "team" once they receive a bid. While they go through their candidacy process, we should only be building up the candidates and pushing them to strive for the highest just as we do for everyone else in our organization. Guiding the candidates towards brotherhood in this supportive manner will create a safe and welcoming environment for everyone to enjoy at all times- and may even be helpful when it comes time to recruit again!

Kappa Kappa Psi should be a journey we all take together. The days of hierarchy are over! We are all band nerds trying to do their best and be a part of something bigger than ourselves.

Brotherhood means being there for each other through thick and thin, even outside of the fraternity, so do so from the start and don't forget this! Make yourself available for other bros to come to you in times of trouble, or even in times they want to brag about themselves. Don't ever forget to be the best brother you can be and always encourage your brothers and cheer them on in whatever they set out to do!

I challenge you all this week to hang out with a brother you are not so close to or to tell your chapter "if you ever need anything, please don't hesitate to come to me- I'd be happy to talk to you!"

# SINGING SISTERS

shawn wier | delta - tau beta sigma

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Thirty-nine individual voices softly hum an A, our pinkies intertwined to symbolize our unity in sisterhood. Our president conducts the intro measure and then rejoins her hand with her neighbor's as we sing the first phrase of the Affirmation Hymn. We all know the words by heart because they are carried there until we are ready to share them together, so we are able to let go and truly enjoy this experience of sisterhood inside the beautiful Gothic Hall.

*On this day I shall profess my true devotion to TBS.* To be singing in Gothic Hall means that we have had a particularly special gathering; perhaps it was Third Degree, or Alumni Night, or perhaps we were just afforded the opportunity to take up this beautiful space. The brick floor is solid beneath our feet and it reflects our voices high into the lofty cathedral-style ceiling.

*I'm a sister in the Bond, of this kinship I am fond.* I take time to witness my sisters singing this hymn and appreciate each of them for everything they bring

CONTINUED ON PAGE 46...



## CONTINUED FROM PAGE 45...

into the world. These are people that I can count on to be inspirational and supportive no matter what. As our voices ring into space I am reminded of sisters who have gone before us, singing this hymn and the National Hymn and feeling the same way I am feeling.

*When I wander far from home I'll have courage I'm not alone.* After we finish our hymn, we will part ways but our bond will remain. I have confidence that no matter where I go, the passions of music and service will help me find friendships and family. No matter how far my actions may stray from the ideals I claim, no matter how many times I slip or stray from my path, my sisters will be nearby to guide me back.



*When darkness falls and all is night, I'll trust my heart and find the light.* No matter what hardships each of us may face in life, we have the confidence that we are members of a sisterhood of strong, capable, and worthy women and men, and that we were chosen based on a list of high standards and criteria. This sisterhood is proof of the resilience and strength found in each of us, and the haunting ring of unison voices is the perfect way to emulate it.

*Tau Beta Sigma, for you I will hold strong.* The promise of a loving bond with each of our sisters is a worthy incentive to keep going when life becomes riddled with obstacles. The time we spend together strengthens the support systems that we each need during these formative years of our lives.

*Tau Beta Sigma, a Sister for e'er long.* The sisterhood does not and will not fade, and this connection is one that each of us will be able to call upon for decades to come.

*So from today until my rest, with my sisters I am best.* Through life's dissonance and consonance, this organization and the achievements that we earn through it will stay with each of us to our dying breaths, so long as we keep music and service alive in our hearts.

## SEE YOU AT CONVENTION!

april 13-15 at howard payne university





# MEET THE NEW ALTO TEAM

2017-2018



KKY copy editor

KELLI

Fifth-year in English with a Creative Writing option  
Trumpet player from KKY-Alpha



TBS copy editor

KAITLYN

Junior in Music Education  
Clarinetist from TBS-Delta Upsilon



public relations officer

HANNAH

Junior in Elementary Education  
Clarinetist from TBS-Gamma Tau



design editor

BRAEDEN

Sophomore in Music Education  
Clarinetist from TBS-Alpha



KKY VP for programs

KEEGAN

Junior in Music Education  
Horn player from KKY-Epsilon Beta



TBS VP of special projects

MEEKA

Junior in Music Education  
Flutist from TBS-Beta Nu

## THANKS FOR READING

apply for the new alto team next fall

Did you enjoy reading this years' editions of the New ALTO? Look for for information next fall on how YOU can become a part of the New ALTO team.