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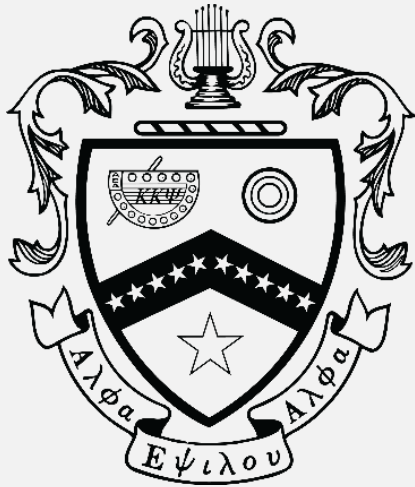
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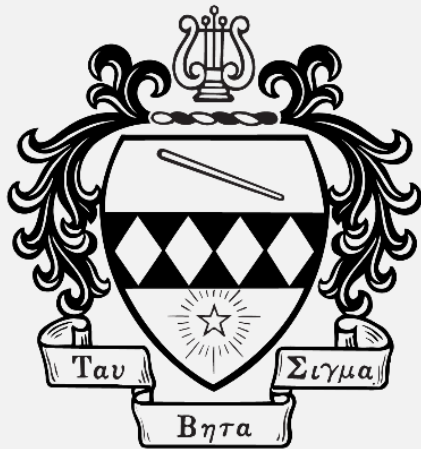
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The
New  **ALTO**
KKΨ • TBΣ Southwest District
SPRING ISSUE 2017



EDITORIAL STAFF

Copy Editors

Meghan Baetz, TBΣ
Katelyn Kenney, KKΨ

Design Editor

Zacary E. Wilson, KKΨ

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LEADERSHIP



Rising to the Challenge

By Ella Gordon, Epsilon Epsilon (KKΨ)

My journey started in high school. I played the violin, and I swore that I would never be in band because I disliked the people in it. When I arrived at college, I quickly bonded with the orchestra and choir members, but I continued to keep my distance from band members because of the opinion I had formed. By my junior year of college, I had realized that band kids weren't so bad, and I had become friends with many of them. I also really wanted to join Kappa Kappa Psi, but I didn't play a band instrument. I challenged myself to learn one and join band, and that is exactly what I did. Of course, I couldn't have done any of this without the support of our band director. He let me be in marching band even though I had no idea what was going on. I then turned in a transcript and got a bid for Kappa Kappa Psi. I was thrilled. I have been a member for a year and am currently Vice President.

My biggest challenges have come since I was as the elected vice president of my chapter. Although being in a role of leadership has its outward difficulties, it seems to be a largely inside battle. I never thought that I would be in a position of leadership, not because I didn't think I couldn't do it, but because I thought no one else believed I could do it. Realizing other people believed in my abilities boosted my courage. Going from being just a behind-the-scenes person to stepping up and being elected vice president has helped me learn so much. I forget things and make mistakes because I am human, but this position has caused me to grow so much as a person. I have learned how to manage time and people, make decisions, and deal with random issues that arise.



The first challenge I encountered as vice president was learning how to transition from being someone who follows directions to giving them. I realized that people are looking to me for guidance, especially the membership candidates. The scary part is sometimes I don't have an answer because I have no idea what is being asked. When people are looking to you for an answer and you have nothing to say, it can make you feel like you are irresponsible or unprepared, but we are all people, and sometimes we just don't have an answer. Another thing that can be hard is figuring out what to tell people to do. When we are setting up or tearing down for the band, or when we are holding an event, people are looking to me for the next direction. You must think of the smallest details to be completely prepared, but I believe that thinking of every single detail is mostly impossible. The best thing to do is to learn from everything. Figure out what went well and what went wrong, and apply those things to the next time something happens. One thing I have learned for sure is that slacking isn't an option. When you don't do something to the best of your abilities, you are letting people down, as well as letting yourself down. With school and

Rising to the Challenge

work, it can be so tiring to stay on top of the work that comes with a leadership position, but I have learned to manage my time better than ever and plan out a time for everything in advance.

The next challenge that comes with any position of leadership is how to make decisions. I am always wondering if I have made the right decisions. Being in a position like this, you must make sure that you are making decisions for the right reasons and that they are in the best interest of the fraternity. No matter what decision is made, there will always be a few who disagree and are upset. It is hard for me to see anyone upset, so this is something I am constantly having to overcome for myself. I personally hate arguing, especially with my brothers, which presents a problem when I am trying to make a decision that elicits an argument. I have had to come to terms with the fact that I can't always make everyone happy. But disagreements don't mean that you

must stay at odds with someone. Many times, if you explain your opinion, listen to why the person disagrees, and try to understand where they are coming from, the situation will go over much more smoothly than you might think. As a leader, there will be times that you must make a decision on your own, but we have committees for a reason. They are there to help keep you sane. Take advantage of the chance to discuss even the smallest decisions with a small group of people.

One challenge that I knew about, but wasn't expecting to happen, was the side of things when issues arise. We are all brothers, and we all love each other, but that doesn't mean that we all get along 100% of the time. Knowing how to handle personal issues when people bring them to you is so hard. Keeping a level head and admitting faults is a huge part of gaining people's trust and respect. Sometimes I want to get riled up over the smallest things, but by staying calm always helps resolve the issue faster. This can be one of the hardest challenges of all.

A Quick Brag on the Alpha President

By Kelli Hughes, Alpha (KKΨ)

Great chapter presidents are everywhere in Kappa Kappa Psi and Tau Beta Sigma. They make chapters and their members grow and thrive in every respect. There are so many great presidents that work hard not only in the fraternity, but in their majors, their homes and their jobs.

One of the great presidents I get to talk about is

Makenzie Darby of the Alpha Chapter of Kappa Kappa Psi. She is a senior civil engineering major and is heavily active in marching band, concert band and spirit band. She is a student conductor in spirit band and a section leader in marching band, showing her true leadership talents. Not only does she exemplify leadership in all of the band organizations, but she does so in the chapter as well.

She does all that she can to make this chapter better, whether it's helping out in concessions when no one else can, giving her time to others

Alpha President

within and outside of the band world, or making Kappa Kappa Psi an environment for everybody. She is a speaker at area workshops, showing her leadership skills to others, and attends workshops when she can. If anyone in the chapter ever needs anything, Makenzie is the go-to person for advice, rides, and Slim Chicken dates.

There are fantastic presidents all over the country, but Makenzie Darby is a president that goes

above and beyond her presidential duties to make sure everyone is taken care of and successful. Her leadership skills and her funny ways are contagious to people around her. Becoming close to other chapters and getting to know the chapters around us (such as Delta Alpha and Delta) improved when Makenzie became president. I think it is safe for me to speak on Alpha's behalf and say that her presidency has been fantastic so far, and she has helped our chapter be the best they can be. So, thank you, Darby. Keep up the good work!

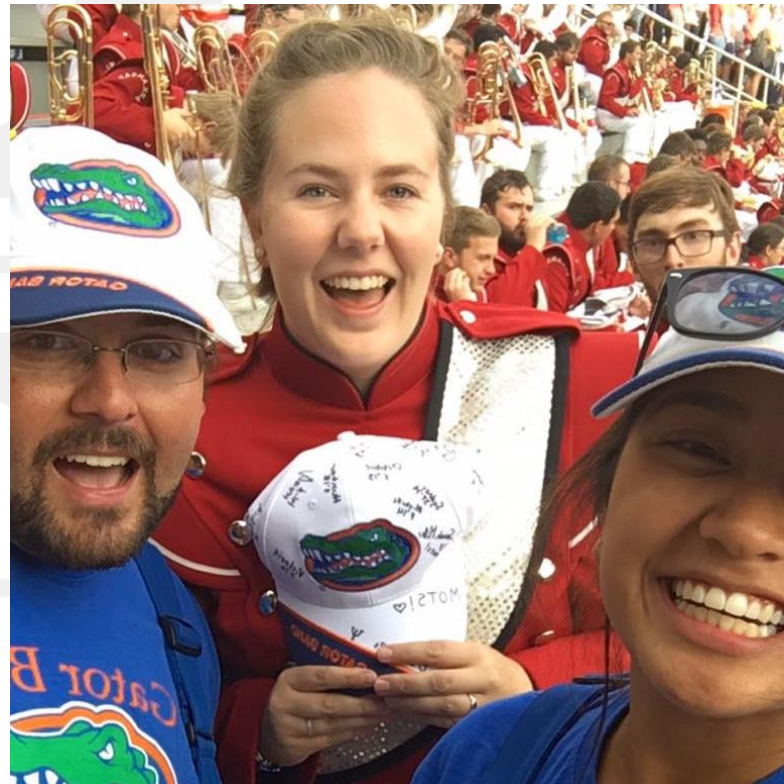
Transitioning Midway

By Nicole Benedict, Psi (TBΣ)

When I look back at my two years of active membership in Tau Beta Sigma, the proudest moment was the day my little sister was elected to our executive council. I was so excited to see her seize the opportunities of that position and start implementing the ideas she was elected for.

Unfortunately, life happens as it always does, and she had to step down halfway through the semester. We had to hold an election as soon as possible, and I was humbled to be nominated for the position.

I was elected by the chapter to continue the responsibilities of the Corresponding Secretary position in the middle of the fall semester. Transitioning into an executive council position is extremely difficult, particularly if you have never held an office before. Midterms were looming as I struggled to come up with ways to fulfill the duties of my position. I had to continue this, change



that, and everything in between, and I wasn't exactly sure how to do all of that successfully.

My chapter put a lot of faith in me, and I am so thankful for their encouragement and ideas that



Transitioning Midway

never cease to impress me. My sisters and brothers lifted me up when I was unsure of what I was doing, and I will forever be grateful to them for that. I was able to complete and exchange game-day gifts with multiple chapters, communicate with our alumni through newsletters, and, as of

now, work on setting up pen pals for our membership candidates and members!

In the past couple of months, I have had the privilege and pleasure to meet amazing chapters in the Southwest District and beyond, and I am so excited to meet even more during this workshop and convention season!

What to Do When There's Too Much to Do

By Meeka Smith, Beta Nu (TBΣ)

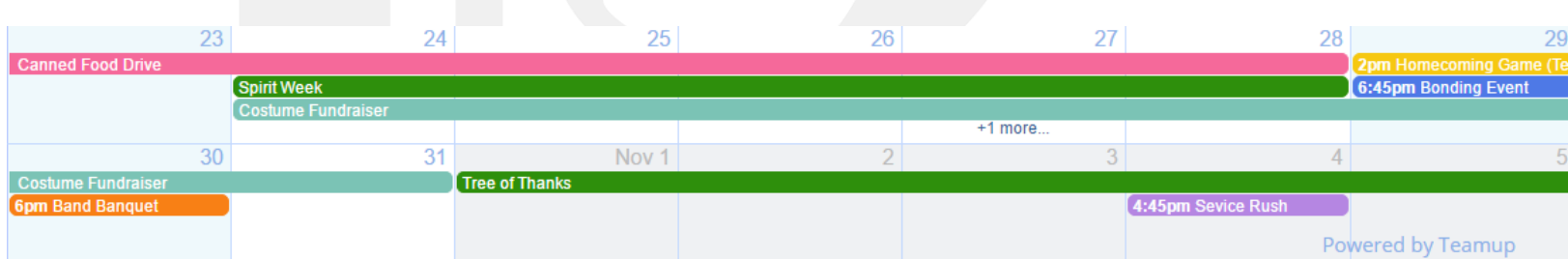
The wonderful part of being in Tau Beta Sigma or Kappa Kappa Psi is that you are always around people who love music, service, and/or ambition. You're always there for each other to succeed, whether it be to "Strive for the Highest" or to "Serve Greater Bands." Amid all our dedication, however, we sometimes forget to foresee how stressful all of our events might get when they come around. This certain situation is exactly what happened to my own chapter after one of the most stressful weeks we'd ever had.

One admission to feeling unappreciated and stressed is all it took for all of us to unload our feelings onto each other. We were in a dire situation of chapter-wide burnout. I learned quickly that as Vice President of Special Projects, I had to

do MY part to ensure that this situation would not happen again for any of us! Along the way, I've learned a multitude of tips that I would like to share with each of you. Whether this situation ever arises for your chapter, or whether you'll ever be in a position to plan events, these little hints can help you in every aspect of your life.

1. **DON'T use up every weekend.** In Tau Beta Sigma or Kappa Kappa Psi, it's okay to have a different ranking for priorities. To some members, visiting their family on the occasional weekend might be more important to them than a rush or other event. Constantly overloading everyone's weekend might take away from members who need that time to recharge. Without this time, members might begin to feel resentment for the chapter. This type of feeling is the beginning of a snowball effect that can ruin future alumni opportunities or cause friction in meetings.

2. **DO bundle up your activities.** For off-campus



When There's Too Much



members especially, spreading events throughout the week can be a hassle. Instead of spending a long day at the university or doing events, they must drive back and forth between campus and home all week. It also can take its toll on on-campus members who might look at their schedule and feel like they just can't catch a break! Putting multiple events on a single day might seem tough in the moment, but will make the rest of the week feel more open and free.

3. **DON'T put quantity over quality.** Though it might feel great to continuously serve the community and look like a productive chapter doing so, do not put the idea of a bunch of smaller events (such as going to the animal shelter) over doing a few meaningful and impactful ones. If the schedule is already looking a little tough, do not make it worse just to look good. ALSO, don't feel like your chapter isn't making an impact because you are not doing "enough" events.

4. **DO serve with a purpose.** This is something that Ericka Pope has been advertising for quite some time, and I agree. Don't do community events just because they feel necessary to keep

your chapter involved! When you do your events, do them because of what they mean for Tau Beta Sigma or Kappa Kappa Psi, not just your chapter.

5. **DON'T pile up week-long events.** Though week-long fundraisers, service projects, or other university events might seem like a good idea at first, the amount of upkeep for each day can pile up on the members carrying it out. As well, the scheduling can be a hassle. If you do events like these, make sure you divide up the effort too!

6. **DO find your music department's planner.** Most, if not all, music departments have that one planner or calendar that has all the different recitals and concerts for that semester. As band-oriented organizations, it is VITAL that we center our events around what the department is doing. Become best friends with your department secretaries (they'll typically know where the schedule is) and always keep up with what your music department is up to!

7. **DON'T ignore the needs of your chapter.** By now, you know whether any of these tips apply to your chapter. You don't have to take any of them to heart, nor do you need to carry them around like they're the rules of planning. Only you and your brothers/sisters know what you need, so LISTEN.

8. **DO stick together,** if you find yourself or your chapter in a dire scheduling situation. There is one thing that you can do for each other, and that's stick together. Remind each other that what you're doing is for your band and for music. Appreciate each other for the little things that you do or how much you each contribute toward your events. HAVE FUN. Having fun will make the tough times brighter, and will make it easier for you to stick together as a chapter!



When There's Too Much

Both Tau Beta Sigma and Kappa Kappa Psi have done amazing things for music and band; but, it will always take dedication and ambition to continue to do so. We must always be there for each other, and never forget why we do what we do. I will always remember my sisters and what we did to make it through the tough times together, but most importantly, I will always appreciate what our events have taught me. THAT is the best part of being a member of Tau Beta Sigma.

Chapter Drama: A President's Perspective By anonymous (KKΨ)

The marching band moved in, freshman orientation was going on, and life was simple for a while. Our first chapter meeting was the Thursday before classes started, and we had kicked off the semester with over an hour of committee brainstorming, goalsetting, reflection, and bonding. Things were running smoothly, and I was eager to see our chapter accomplish great things.

Unfortunately, one day later, the drama arose: "You're not being a good president," "there's conflict between us and our TBS/KKPsi chapter," "I can already sense some turmoil in our chapter." To say I was surprised would be an understatement. Seriously, classes hadn't even begun. What could possibly be going on that's so terrible already? This was not the job I signed up for. My once ideal beliefs of the president's job (run meetings, motivate brothers, check-up on officers, represent the chapter) had now turned me into the damage control officer. No specifics needed, let's walk through my perspective and some possible solutions.

First things first, do not be discouraged by drama

or someone's bad perspective. It can be difficult to handle, but you are ultimately serving for the betterment of the organization and the university band. Every member has their own ideas, is entitled to their opinion, and has a right to voice that opinion, even when there is disagreement. Some may think they can do a better job, or in their eyes, the chapter is not functioning properly (in terms of service, social experiences, etc.). A selfish, negative attitude will destroy a chapter from the inside out. It is vital to purposefully create a sense of positivity and to remember our mission as brothers and sisters. Confront the issue until it is no longer an issue. In any case, remember to stay upbeat and keep morale afloat. A negative attitude is like a flat tire; you cannot move ahead until you change it.

Second, it is important to listen to a person's perspective – and, if they do not come to you, it is important for you to be confrontational. One must take on the role of authority, but remember to be loving and caring at the same time. This means addressing an issue or person when necessary and be welcoming and considerate of all input from the chapter. Your brothers and sisters have opinions and want someone to listen. Take the time to sit down, listen to, and consider what they say. Sometimes, the best ideas come from the quietest individuals.



Chapter Drama

Finally, if confrontation is unsuccessful, what next? It is important to remember that, although the president holds authority, the director of bands and sponsor hold more weight and members are more likely to respect their voice. Many petty issues can be solved by a simple executive decision made by the DOB or sponsor. Don't be afraid to utilize them, because a wise president utilizes his advisors. In the end, you may discover large problems were just a pebble in your shoe. A big fuss over something small.

Someone You Can Count On

By Nicole Grover, Gamma Tau (TBΣ)

During my time as a member of Tau Beta Sigma I have encountered many wonderful people who have been eager to help me when needed. As an officer, at times it can be frustrating asking for help, especially as President. When I came into office this past April, I was completely in the dark. Our chapter didn't have resources, such as officer binders, to pass on to the next person to take the office. The previous president had written me an officer report in the form of a letter, and while it had good advice, it didn't have a lot of information on how to run a chapter. This entire year has been like an experiment, but I owe a lot of my success to the people who've helped me.

I can't begin to explain my gratitude to our district counselors and officers. Our chapter has thrown A LOT of curveballs at me, and each time I was able to get our problem solved. I also owe a lot of thanks to our chapter officers, not once did they tell me "I can't" when given a task. I feel truly blessed to have such amazing women leading our chapter. While I could write a novel about how grateful I am to our chapter officers, I want to thank someone who isn't a member of our chapter, but a member of our bond. I want to thank my counterpart, the president of our local Kappa



Brittany, left, and I, right, at our first home game.

Kappa Psi chapter, Brittany Epps.

I could have never asked for a better person to work with than Brittany. Before our journeys as presidents, I hardly knew her. As we began our leadership in our chapters, we came to each other for advice and support. We both have been

Someone You Can Count On

through a lot as new presidents, and a lot of our struggles were the same. This year has been extremely difficult; we have had huge projects dropped in our laps with little time. This year is the 50th Anniversary for our chapters, which meant a lot of planning, communicating, and for the first time in years we asked our university for funding. Brittany and I spent hours at her kitchen table planning our budgets together, trying to get every detail right so that our chapters could have the resources they need. When one of us was overwhelmed, we would take over tasks for

each other. We lifted each other up, which is something I've never truly experienced with another counterpart.

In the past few years, relations with Kappa Kappa Psi have been tense. But Brittany and I never compete or bicker, we work together for the betterment of our chapters. I am so grateful to have worked with a woman who loves Kappa Kappa Psi just as much as I love Tau Beta Sigma. I know Brittany will do great things with her Chapter, and I can only hope the next president of Gamma Tau will have a counterpart that is half the president Brittany is.

Communication Is Key!

By Natalia Lambert, Alpha Omicron (TBΣ)
SWD Secretary-Treasurer

Communication with your chapter members is essential to reaching your full potential. Being able to communicate efficiently is something almost every chapter in our District struggles with. The first thing your chapter needs to do is figure out what type of communication works the best. I recommend starting with the current format of communication that your chapter is using and posting a survey to see what everyone prefers to receive updates. I am going to give you some suggestions that your chapter might find useful.

1. **Facebook Group (closed).** Facebook is one of the social media sites that most people participate in so it is easy to get most people to respond. With a closed group, you would need to add in the chapter members and make sure that they know that it is for informational purposes,

not for memes. One tip I have would be to advise your officers to only post a max of 3-4 times a day between all of you. If too many people are posting in one day, things get lost and members will miss out on important updates. Also, to keep the group up to date, remember to take out members when they graduate.

2. **Facebook Messenger.** Messenger can be very useful for specific groups within your chapter such as committees or different service crews for larger chapters. In Facebook Messenger, you can create polls, set reminders, and add in documents for members to read.

3. **GroupMe.** If you decide to take the GroupMe route, you would need to make sure that all chapter members download the app. To set up a group, all you need to do is add in everyone's phone numbers and names. If you are using this for a source for updates and information, I recommend creating another one for everyone to post silly stuff and plan impromptu hangouts.



Communication Is Key!



4. **Remind 101.** This is an excellent form of communication that a chapter can utilize easily to get important updates. I recommend the chapter

president be responsible for the updates. It is super simple! All you would need to do is download the app, create a 'class', and the app will give you a short code to share with the 'students'. Only the chapter president would need to download the app! The chapter members would need to text the code to a number that is also provided. From there, the chapter president sends out short messages to remind members about upcoming events and all the chapter members will receive the updates as a text message. The app is totally free and very helpful for those last minute reminders!

3. **Email.** Most people may feel that email is dying out, however, if your chapter members check their email regularly, this could be exactly what you need.

Every chapter is different, so not everyone would work for them. I recommend not using all of these because you would not want to overwhelm your chapter with information in multiple platforms. Also, it may be helpful to mix and match with different types of communication. For example, for my chapter we have a closed Facebook Group for important updates, a GroupMe for silly stuff and memes, and Remind 101 for last minute updates.

LEADERSHIP

SERVICE



Generosity of Mind, Heart and Hand

By Ger Vang, Beta Nu (TBΣ)

"Generosity of mind, heart and hand." What does that mean? Well to be generous is to give more than necessary. That means that generosity of mind is giving others your knowledge. Generosity of the heart is giving emotional support, sympathy, and empathy. Generosity of hand is helping out others as much as I can. This is why this factor is one of my favorites. As a sister of Tau Beta Sigma, I try to live my life by the 8s and 5s; however, this factor stood out to me.

I am always looking for ways to fulfill this factor, and I have found one way to do this by teaching for free. In the summer, I taught at a local school in my area. The school did not have the biggest program; but, I went ahead and asked the band director if I could teach there. She happily said yes, and I made it clear that there would be no payment involved. All I wanted was a group of students that were serious about learning. Throughout the summer, I taught the kids as much as I could. It was a very rewarding experience to see the kids grow on their instruments, and how they grew in life based on each of our lessons. By the end of the summer, the students that I taught had become very strong players. They used everything that I taught them, and they were also very appreciative of the help. Just hearing the students tell me that was enough payment for me. After I left on the last day, I reflected on how the students became more passionate about music, and how much more they cared about learning music. The truth is, these students didn't care if I was paid or not, they saw how generous I was towards them and that pulled something out of them to react in the way



they did. Most, if not all, are still excited when I drop by occasionally. Little do they know, the real reason why I give to them so generously is because I expect the same from them, but in a different form. A heartfelt generosity through their growth that they don't even realize they give.

So what is the purpose of giving back to others? I believe that to be a productive member of Tau Beta Sigma, one has to be a person that is willing to give time outside of TBS before they can give to TBS. Personally, I feel that by giving my time outside of TBS, I can use my experience to better myself and the chapter. I wholeheartedly believe that the more we can bring our own experiences to TBS, the better the chapter can be. In a deeper sense, giving your own experiences can be interpreted as being generous with your mind. Giving time away from TBS can be interpreted as generosity of hand. And the final part to this factor, generosity of the heart, is shown by the everlasting passion for music that is passed on from teachers to students. Based on my experiences, this is why this factor, "Generosity of mind, heart and hand," is so precious to me.

[Visit the Southwest District website!](#)

The Search of My Other Me

By Luis G. Olivares, Alpha Omicron (TBS)

Today, as a new day, I have seen that I am different person than what I was six months ago; perhaps I just see myself in another perspective that I could learn more about. The other side of me that was telling me that music is the motivation I need to continue my road to success. Everything started by hearing the news: "Happy BID day."

As I began my third year in college, I had an idea and goal in mind: as I approach my last years of college, I had to finish my education. I had my goal in mind, however, not my motive to continue. Even though music is not my major, I decided to continue with marching band because of all the good years I had in high school. However, it seemed that my first two years I was not connected well enough; I did not feel the same excitement as in high school. I decided to change that. If I was going to be another season in, I wanted to make it count. Look for the reason why I stayed in marching band for three years.

My first action was to get to know more people, especially my section; which I felt I had the best connection because I cared about all of them. After I accomplished the connection, I wanted to be more connected with the rest of the band. I made more friends and got to know more people from other sections. However, the moment that helped me find the answer was when I got invited to TBS's recruitment event.

I heard about Tau Beta Sigma since my freshman year, however, I did not listen to what they were about back then. I decided to make my research and I found interesting what TBS was, but what caught my attention was how they expressed



that they served through music. That is the moment I realized why I stayed in band for too long. I realized that I stayed because music gave me so many good memories and fun times that I wanted to continue living the same enjoyment I got since high school. I heard someone said that he wanted to give back what music gave him through service. I agree with that person, and what a better way than through TBS.

I went to recruitment week, and I was fascinated with the environment they surround themselves. I felt that I was ready for a change, because my knowledge and motivation was different compared to my freshman year.

As soon as I opened the door and found amazing people telling me, "Happy BID day," I knew that everything was to change.

My Other Me

Today, I am on my first semester as an active member, and I can say that through my process as an MC, I found the other side of me that loved music, loved to serve, and most important; I found that music is what tells me to live with my beliefs and, serve through music.

Making a Stand for Greater Bands: Good Joint Relations and Their Fruits

By Kayla Chadwick, Zeta Beta (KKΨ)

Greeting Brothers and Sisters! My name is Kayla Chadwick, and I am currently serving as the Member-at-Large/Joint Officer for the Zeta Beta Chapter of KKΨ at Howard Payne University located in Brownwood, Texas.

For quite a few years, the Howard Payne Yellow Jacket Band has needed a new drum major stand. The maintenance ladder and 4-foot field podium had become outdated and were seen by the band director as a safety hazard (and considering one of his other jobs is serving as a part-time EMT, I would trust his judgement) to the drum majors. While the School of Music was aware of this and earnestly wanted to alleviate the situation, there was one problem... the School of Music's budget.

As a small university, we have just enough in our budget to get us by. Purchasing a new instrument every few years? No problem. Paying for the instruments to be cleaned professionally during the summer? Don't sweat it. But paying for a new drum major stand to replace the ladder and the 4-foot podium? The money just wasn't in the budget for it.



The idea was initially thrown around between the brothers and our band director, Mr. Corey Ash, of possibly purchasing a new drum major stand. Originally, half of the funds needed to purchase the stand were to come from the yearly band budget and the other from the funds that had been raised by the brothers to be used for providing for the needs of the band. While the idea was not a bad one by any means, the Zeta Beta

Good Joint Relations

chapter decided there was a better way: we could best serve our band AND band director by going into this large purchase with Delta Upsilon, our sister chapter.

Each month this school year, the brothers and sisters at Howard Payne University have met to discuss topics that we as a unit can do to improve our band program. In one meeting this fall semester, the issue as well as a feasible solution were presented by Brother Angel Hernandez. By using funds out of our shared account, if we were to allot it, we could easily purchase a brand new 6-foot Command Center. There was little deliberation on the subject, and the motion was passed to allot the amount needed from the joint ac-

count in order to purchase this necessity. The best part was Mr. Ash had no idea about the purchase. When the package containing the stand arrived less than a week later, he could hardly contain his excitement.

This purchase not only improved the spirit of our band director, it also improved our band overall. The safety of our drum majors was no longer a pressing issue, so our mind could be at ease as we marched our positions each half-time performance. The overall visibility of the drum major to the band dramatically improved, which helped us lock in tempo much quicker than in previous performances. Aesthetically, the stand gave a more professional look to our band than its predecessor with its sleek design and height.

None of this would have been possible if we did not have such great relations with our sisters. Yes, the stand would have eventually been purchased, but not as quickly and not without a cost to the already tight band budget. This is one of many instances here at Howard Payne that we have sought assistance from our sisters or vice versa. When we say that we cannot exist without each other, we truly mean it. Though we have our differences, our common goal to serve the bands supersedes all and binds us together, or as the Southwest District Joint song puts it "...to help, and to serve, and create greater bands!"



70 Years of Service

By Dionicio Cardenas, Alpha Psi (KKΨ)

The Alpha Psi Chapter of Kappa Kappa Psi was established on October 25, 1947. For 70 years, the chapter has striven at West Texas A&M University. 992 brothers have gone through the chapter; 992 brothers have made a difference in small town Canyon, Texas. Today, the chapter stands 56 brothers strong.

70 Years of Service

We are currently working on two big projects. The School of Music Organizations (Kappa Kappa Psi, Alpha Psi; Tau Beta Sigma, Xi; Phi Mu Alpha Sinfonia, Iota Pi; and Mu Phi Epsilon, Alpha Nu) are working together to fundraise for new stands. We currently have hosted many Bake Sales, Local Giveback Nights and fundraised individually to accomplish our goal.

Every year, for our other big project, the Alpha Psi Chapter brotherhood runs a festival called the "Greater Southwest Music Festival." GSWMF was founded as a non-profit organization in 1969. The purpose was to promote the education and cultural aspects of fine arts among young people in middle and high schools in the northwest Texas area and surrounding states.

Every year, for our other big project, the Alpha

Psi Chapter brotherhood runs a festival called the "Greater Southwest Music Festival." GSWMF was founded as a non-profit organization in 1969. The purpose was to promote the education and cultural aspects of fine arts among young people in middle and high schools in the northwest Texas area and surrounding states.

What does Kappa Kappa Psi do for this festival? Well it might not seem much but, we help by setting up, monitoring and running a festival for 64 choirs, 105 band and orchestras, 18 show choirs and jazz bands and 1,250 solos and ensembles. Crazy huh? This festival has always been so much fun for this chapter. Considering that finals week starts the same day as the festival, we do this for the best of music.

Last year, the Alpha Psi chapter received the SWD Award for Outstanding Service to Music Education. Alpha Psi will continue to Strive for the Highest for Music Education.

LEADERSHIP

SERVICE

BROTHERHOOD

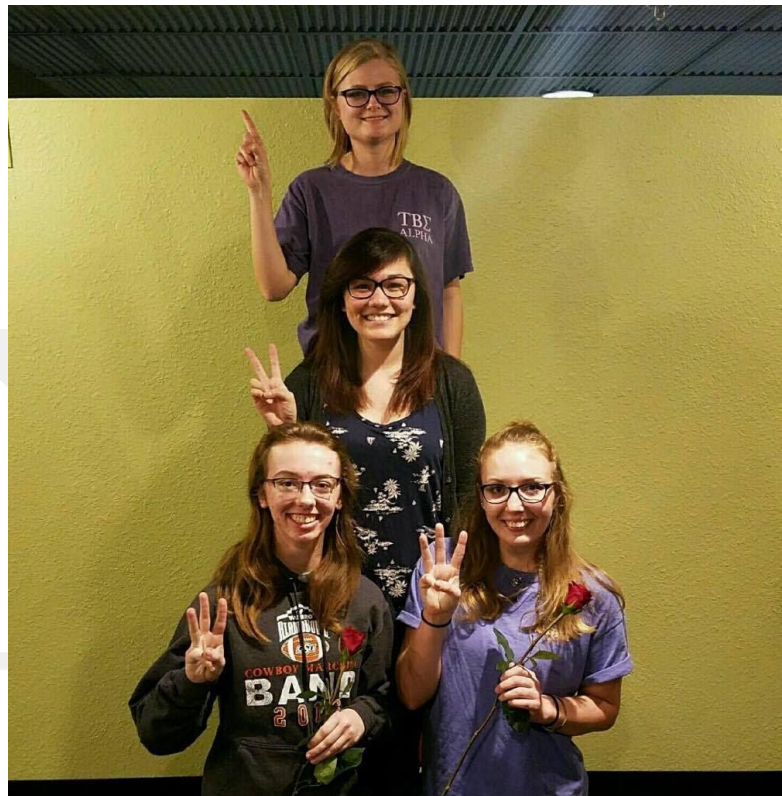


A Calling to New Generations

By Isaiah Dehoyos, Alpha (for KΚΨ & TΒΣ)

“For Kappa Kappa Psi and Tau Beta Sigma... we will strive for the highest, and create shining spirits.” This is the motto for both the Alpha Chapters of Tau Beta Sigma and Kappa Kappa Psi, and it has a special place in the hearts of all the members from both chapters that will forever live on through coming generations. The weekend of February 18th, both chapters got to experience the annual Big – Little reveal in which shining spirits of both candidate classes were finally revealed their Bigs. This jubilant ceremony is one in which candidates take one step closer in becoming members in their respected organization and discover their mentors that will guide them through the challenges that lie ahead.

But what does it mean to be a Big and why is so important to be one? According to the President of the Alpha Chapter of Kappa Kappa Psi, Makenzie Darby, “For me, being a big is being a role model but also being there for them in their everyday life. It is about pushing [new generations] to do their best in the fraternity. Friendship for life.” Makenzie, now becoming a Great Grand-Big this year, has shown what it takes to be a Great Grand-Big to their new candidate class of Zeta Upsilon. As the year progresses, new bonds will be created that will surely last a lifetime. When Makenzie got her little two years ago, Alex Kalban (the current Vice President of the Alpha Chapter of Kappa Kappa Psi), she barely knew him. However, through thick and thin, their Big – Little relationship has grown into a new best friendship. The reveal and the looks on the candidates’ faces are what Kappa Kappa Psi members truly love and appreciate while the candidates learn and reflect upon the history of their chapter. As well, being a role model and showing



Above: **Chelsea Zuniga, center, with her Big, Sydney Pointer, top, and her two Littles, Braeden Weyhrich, left, and Katy Eddings, right. (Missing: Lauren Sylvester)**

Below: **Top to bottom: Makenzie Darby with her Little, Alex Kalban, Grand-Little, Terrence Tyrone, and her new Great Grand-Little, Rody Hollingsworth.**



New Generations



Isaiah DeHoyos, center, with new Littles Brayden Robbins, left, and David Gammage, right.

future members the true purpose of service and leadership is something that Kappa Kappa Psi members at Oklahoma State really value.

In the Alpha Chapter of Tau Beta Sigma, the candidate class of Delta Beta got to listen and learn

about their goals within their personal life as well as Tau Beta Sigma's future state. Chelsea Zuniga's (the president of the Alpha Chapter of Tau Beta Sigma) favorite part was "playing the traditional yarn game (in which members learn about one another on an emotional level). Also, being fortunate to have three new littles that will be there with [her] for their entire TBS journey." Setting an example and being a mentor to a new generation is something that Chelsea Zuniga and the rest of Tau Beta Sigma cherish. As the year progresses, it is the goal of the chapter to set an example in the band and "be the best sister, that [we] could possibly be." It is also the goal of all the members of Tau Beta Sigma to show the candidates true sisterhood and love in their life because this bond within the chapter is so ethereal and beautiful.

As both chapters prepare for a new incoming class, all of us can appreciate the single, twinkling moment of a little having their big revealed. It is something that all members go through, and all members cherish. Every Big – Little story is different in their own shining and revealing ways, but each is an umbrella of love, strength, benevolence and encouragement.

The Taunting Words of "In Due Time" to a Candidate

By Kelli Hughes, Alpha (KKΨ)

"Ugh, not that again! Just tell me who my Big is already!" a candidate says, eagerly wanting to know who will guide him on this musical service journey.

"In. Due. Time." A member says, for what seems like the gajillionth time.

Every member has at least heard these sweet, yet irritable, words once as a candidate. Members would

“In Due Time”

milk those words even after candidacy, just to mess with the newbies of the organization. All in good fun. Candidates just starting out have probably never heard these words yet. They don't know what it means, or how annoying that saying can get. Closer to second degree, they are probably done with “In Due Time.” But their curiosity grows stronger with each passing day.

For example, you're at lunch with a candidate, or your little that hasn't been revealed yet, and they get to talking about the organization. They ask questions that they didn't want to ask in the candidate meetings. You know what's coming. You get the “In Due Time” jabs prepped and ready. The candidate starts to challenge you.

“So I think I know who my Big is! I think I know what AEA stands for!” the candidate says, mid chew. You shake your head.

“In due time, my friend,” you may respond, “But don't worry, you'll be saying those words soon.” Those powerful words floating around the candidate's head, resting on his or her ears. It's going to be THAT kind of day.

“Alligators Entertain Alpacas!” they guess.

“In Due Time!” you say.

“In Due Time” to a candidate is cringe-worthy, especially when it's heard multiple times a day from active members. *If I have to hear those words one more time...* the words of patience become the words of horror, the words of impatience. Nothing can be done; it is what it is. As they worry about why they can't know certain



aspects of the fraternity or sorority, who their Bigs are, what AEA or MLITB means, they don't realize they will soon be using these “cursed” words to the candidates after them. It's the circle of band service life.

Using these words to a new candidate just brings out the fun in the organizations. As they go on in candidacy, they learn something new every week. Waiting on certain things they just CAN'T know yet helps them grow as a future members and as people in general, even if they don't realize it now. The taunting words of “In Due Time” are actually very helpful words to new members every year. All of us have heard these words, all of us have benefitted from them.

Andy the Armadillo's Adventure

By Ashley Nowikowski, Gamma Iota (KKΨ)

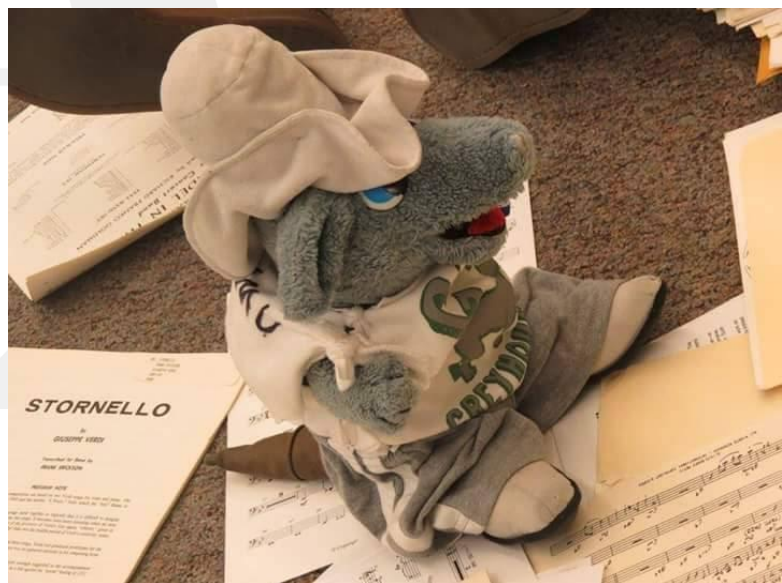
Hey everyone! This is Andy coming at you live! I'm currently at the University of New Mexico's Gamma Iota chapter of Kappa Kappa Psi in Albuquerque, New Mexico! When I transferred from Eastern New Mexico University's Beta Lambda chapter of Kappa Kappa Psi, it was an easy adjustment because I was already in New Mexico, so I just moved up north where I got to meet Crescendo the Giraffe, the Gamma Iota mascot! Anyway, let me tell you what I've been up to.

I got to meet the chapter right away in the spring of 2016! They helped organize the band room at West Mesa, a school by their college. It was the first service event that I got to participate in with them! I also got to go with them to the first fundraiser event of the year at Applebee's. It was a pancake breakfast. Yummy! I had a lot of fun during the first semester meeting the chapter, and I also got to see the Alpha Alpha class be recruited and initiated.

This past fall of 2016, the chapter received the Alpha Beta pledge class! It included seven new brothers with majors ranging from music education to art. They've all been doing so well since their education classes! I went to all their rituals and was so proud of each one of them. They even came up with the idea to do Christmas caroling as a fundraiser! During this semester, we also had Spirit Marching Band. Some brothers are in this ensemble, and they traveled to Las Cruces for the University of New Mexico vs. New Mexico State University football game where they met some brothers of the Gamma Eta chapter. They even played at the Gildan New Mexico Bowl!



Suddenly, the spring 2017 semester was upon us. With the new year, Gamma Iota started some new things like new meeting times, new committee heads, and, as always, a NEW pledge class! Gamma Iota just finished their rush week with some wonderful potential new members. The chapter had such a good time getting to know them through game nights, movie nights, and even a service event. They invited the potential new members to help with cleaning and sorting our raincoats for the Spirit Marching Band. This semester they also did the second year of the



Andy the Armadillo

Applebee's Fundraiser. They raised more money than previously, which was great news for the chapter! I cannot wait to see where I end up next! I'll see you all at District!

Another Level of the Brotherhood

By George Ishii, Delta Sigma (KKΨ)
SWD President

Brothers,

As the spring semester is upon us, it is that time of year when our Southwest District activities start to ramp up, culminating in District Convention. I encourage you to take yourself, your Brothers, and your Membership Candidates to as many of these as you are able! Our District activities are put on not only to further your leadership development in the Fraternity, but also to help you explore another level of the Brotherhood.

The bond we share with our Brothers is truly amazing. We know that when push comes to shove, the Brothers we have come to know and love through serving the bands together will have our back and we have theirs. Hours spent in the practice rooms, rehearsals, marching band shows, Chapter meetings and more have forged friendships that will last a lifetime, and inspire us just as long. Our Chapter feels like a home we never knew we had.

However, the Brotherhood extends beyond just those Brothers we shed blood, sweat, and tears with every day. When we meet other Brothers, we immediately feel a bond with them; we know

that they have had many of our same experiences and taken the same lessons from the Fraternity just like us. Meeting Brothers from around the District at workshops and working with them to better our Southwest District at convention is a fantastic opportunity to learn, grow, and share your experiences with family you have never met before, and begin to see that Kappa Kappa Psi is more than just our own Chapters, but a nearly century-old legacy spanning generations whose mantle we have taken up. Kappa Kappa Psi is so much bigger than what we see at home every day, and is part of what makes our Brotherhood so special.

I hope to see each of you out there this spring at our area workshops and District Convention, and I can't wait to share, bond and strive with you all, Brothers!



Lessons from My Littles

By Jayden Goeringer-Evans,
Epsilon Epsilon (KKΨ)
SWD Vice President for Programs

We tend to develop routines the longer we are in college. We start to go about our business on autopilot. One of my goals this semester was to go back and remember what Kappa Kappa Psi means to me. I wanted to become more mindful of why we do what we do like a new member.

To do this, I started to create this image, a picture made of all the reasons I joined: leadership, music, service, brotherhood. These were the first things that came to mind. These are all things that we want prospective members to associate with our organization. But, through our process, we learn there is more than that. We learn to strive for excellence in everything we do. We learn to appreciate each other, our colleagues, and what it is we do. We learn what it means to embody the ideals we strive to live each day.

At this point, I had a lot of good words and ideas in my collage. Despite this, something was missing. These were all things that left an impact on me as a new member, but it didn't spark in me the passion I feel as a brother. I decided to think about what I tried to teach my littles. What was it that I wanted to see in the next generation?

I've had my share of littles across a few organizations. In looking back on what I tried to teach them, it brought to mind all of the things they had taught me. Each little brought their own skills and problems; I have a different relationship with each of my littles. I learned the value of truly listening to someone, what a few words of encouragement can do, and that people are so much more than what you see each day.



Our organizations are more than just those people who move chairs. We're more than a brotherhood or sisterhood. We are a community. We cry. We laugh. We fight and encourage each other. We aren't just the good or bad. We are all of this and much more.

I would like to share my updated collage and dedicate it to all my littles. They have taught me so much, and they help keep the passion alive.



It's All Good in the Brotherhood

By Katelyn Kenney, Beta Sigma (KKΨ)

Hello, readers! This is Katelyn, your friendly Kappa Kappa Psi copy editor! After reviewing all our submissions for this issue and hearing about different chapter experiences across our Southwest District, I decided to write up this little diddy to show my home chapter of Beta Sigma at the University of Houston some love. While it would be *literally* impossible to write out everything that makes us so great, I'm going to do my absolute best to acknowledge some of our more unique attributes to capture the essence of Beta Sigma. Like, Beta Sigma concentrate. Beta Sigma essential oil. You get the picture.

Some context: I've spent three years at UH and will be graduating this May, so this piece is more of a cathartic love letter written for nostalgia's sake, so excuse the obvious bias. We all think our own chapter is the best, so you know what to expect. But, this is also a fun way for y'all to see what we're all about and reflect on what makes you love your own chapter so much!

We have a lot of pride for the City of Houston.

A favorite buzzword thrown around campus is "diversity." When you're located in the fourth largest city in America, it's kind of hard not to boast about all the different people that have found their way here. I could go on forever about the importance of diversity, but y'all didn't start reading *The New ALTO* for a lecture. Anyway, many of us brothers here are native Houstonians (defined as being from the Greater Houston area, in my opinion), and even though we have a few folks from the Dallas/Fort Worth area whom we love regardless, we've all grown attached to this



All Good in the Brotherhood



city. Seriously. Like, I can't even tell you how many times the phrase "do it for the skyline" has been shouted at a rehearsal or anywhere else on campus, for that matter. They don't call our marching band the Spirit of Houston for nothing. Plus, what other school can say a rap group remixed their fight song? ("U of H Fight Song feat. Paul Wall, Bun B, and Slim Thug" is literally the gameday hype song to end all hype songs; even my friends from other schools jam out to this).

We are the Four Families, aka Fourtissimo. Not every university gets to say they have Kappa Kappa Psi, Tau Beta Sigma, Sigma Alpha Iota, and Phi Mu Alpha chapters, but we are lucky enough to not only have all four (former Phi Mu Alpha Sweetheart, here), but to have great relationships with each one. We call ourselves the Four Families, which gets abbreviated to "FF," which then becomes the cute lil' name Fourtissimo. Aren't we just so clever and musical? And we even have nicknames for folks that overlap in organizations, like "Psifonians" for extra-manly musicians in KKPsi and PMA and "Broses" for our lady-bros in SAI. In addition to supporting each other's various bake sales, t-shirt sales, date auctions, and recitals, we host Red and Blue Week every spring to celebrate our commitment to being a family. Scheduling Red and Blue Week can sometimes be a logistical nightmare, but it usually turns out to be a fun week of lovey-dovey family stuff. And football. There's always football.

We are resilient as heck. Long story short, our chapter was on suspension in 2015, and while you might be thinking, "Gasp! Why would she ever broadcast that?" it's because being on suspension only made our chapter stronger. People have told us that we don't act like a chapter that was recently on suspension, and that's because we don't define our brotherhood by our status. I

All Good in the Brotherhood

crossed in the spring of 2015, so I was brand new when all this went down, but that didn't make my experience any more negative, but we did have to work really hard to get to where we are today. We've had countless arguments and "come to Jesus" moments that have pushed us to be vulnerable and honest with each other in order to make our chapter and ourselves better. We've challenged ourselves to address problems creatively, and even though not every idea works, we're at least thinking outside of the box. For instance, this past semester, we recognized that our chapter had a problem with participation. Now, we encourage collaborative projects that aren't restricted to committees, organize fun activities like weekly photo challenges that keep brothers excited, and implement programs like Chapter Buddies and the Strive for the Highest point system. Sometimes we get so caught up in trying to innovate that we forget how much we already do.

We are hot. No, really.

You are welcome here. We've had brothers transfer into Beta Sigma who have said they feel just as much, if not more, at home in our chapter as they did in the chapters they came from. We invite brothers to our rituals or have them sit in on our meetings. We've met brothers from other



chapters who might find their way to UH in their own academic careers who know they have a place here. We are weird and loud and crazy and everything in between. We kick off meetings with a shabooya roll call. We've made "Love on Top" by Beyonce our chapter anthem. We are reliable band members. We fight for red and white. We have a Facebook group dedicated to food, and we eat together after every meeting. We elected a Meme Chair. We take minutes in Comic Sans. We like hug trains. We move to overthrow the chair on a regular basis. We get butthurt, but we also like to talk about butts. We laugh, we sing, we fight, we cry, and we serve. We love our sisters. We love our brothers. We probably love whoever is reading this right now. So catch us at district, or maybe at a workshop. Get to know us! And if you're not sure where to find us, just follow the chorus of "oots" (ask about that later).

ECOSSAISE

für Militärmusik

Beethoven's Werke.

componirt von

VOLUME XXXII N^o 290.

L. VAN BEETHOVEN.

Comp. in Baden 1810.

The musical score is arranged in ten staves, each with an instrument label to its left. The instruments are: Flauto piccolo, Oboi., Clarinetti in A., Corni in D., Tromba in D., Tamburo grande, Tamburo militare., Triangolo., Cinelli., Fagotti., and Contrafagotto. The score is written in 2/4 time with a key signature of one sharp (F#). The music consists of rhythmic patterns and chords, with dynamic markings such as *f* (forte) and *sf* (sforzando) throughout. The piece concludes with a double bar line and repeat dots.

B. 290.

LEADERSHIP

SERVICE

BROTHERHOOD

SISTERHOOD



Happy “Galentines” Day!

By Catherine Lillie, Beta Delta (TBΣ)

By the time the middle of February rolls around, the spring semester is already in full swing; there are papers to write, exams to study for, and concerts to prepare for. By this point in the semester, it's too easy to let the stress of all of your responsibilities get inside your head, so sometimes it's nice to have an excuse, no matter how small, to spend some time relaxing with your sisters. This year, Valentine's Day fell on a Tuesday, the day right before our weekly chapter meetings at Beta Delta. In honor of the holiday and in the spirit of Leslie Knope, we decided to have a fun “Galentine's Day” party before our chapter meeting in order to celebrate love and sisterhood.

For about half an hour, we all gathered in the choir room clad in “fancy” attire, ate cookies and candy, sang along to love songs on a Valentine's



Day Spotify playlist, and passed out Valentine's Day cards to each other, just like we all used to do in elementary school. Even though it was a short event, it was so nice for everyone to take their minds off of classes, tests and homework for 45 minutes and spend some time enjoying the wonderful bonds we have with one another.

Best Four Years of Your Life

By Millie Brand, Delta (TBΣ)

“It'll be the best four years of your life!”

“Don't forget to go out and have some fun!”

“Oh, I had some crazy times down at OU.”

All things that have been said to me by a parent or friend summing up the college experience of classes, homework, deadlines, extracurriculars, work, band, friends, and life into a short and sweet sentence. But can we sum up our hectic lives so quickly? In the moment, we get wrapped up in our schedules and planners and sometimes we spend so much time waiting for the weekend and the end of the semester that



Best Four Years

when it comes, we realize we forgot to enjoy ourselves. How do we find happiness while still bettering our lives and getting an education?

For me, in a freshman year full of late nights and stress, the answer was Tau Beta Sigma. I found an island of fun and friends in a sea of stress. TBS gives me an outlet to have fun while still bettering myself, my community, my band, and my chapter. I know that I can always look forward to events with the Delta chapter whether it be chapter meetings, service opportunities, social events, or even going out to eat cheese fries with my

sisters. We incorporate fun into every event and I get excited to spend time with my sisters in any capacity.

Service is not a chore for us; it is an opportunity to appreciate one another through a shared passion. We help our environment and through that, we love each other. As I prepare to enroll for my final year of undergrad, I can look around and know that I'm proud of the way I spent my years at the University of Oklahoma. Making lifelong friends through service has made me a more positive loving person. The Delta chapter gave me something when I needed it most: a reason to make college fun.

Time Off for Friendship

By Maranda Davis, Beta Delta (TBΣ)

With the TMEA (Texas Music Educators Association) taking away a good chunk of our chapters to strengthen their interests and craft of music, the Sisters of Beta Delta and the Brothers of Gamma Sigma decided to spend our meeting times together in bouts of competition, feasting, and YouTube.

We started our evening off during the usual meeting time of Concert Band, which was also cancelled for TMEA and left many of our Brothers and Sisters with some free time. Two games of volleyball were intense grudge-matches as well as ridiculous displays of un-athleticism. It was a surprisingly chilly day, but running and diving for the ball kept us all warm. While we were not the best players on the courts that day we all had lots of fun with minimal injury. Trying to kill time before we went to dinner and futilely keeping to

the time schedule we had set for the evening, everyone gathered on one court beneath the net and proceeded to bury the TBS president's legs in sand. We didn't stop there though. We made sure to turn her legs into mermaid fins, scales and all. Our hunger soon won out though, and we all decided it was time to make our way over to Cane's.

Through what could only be called a miracle, we were able to get one long table so we could all sit together. Good company and good food made for a great time as we talked about our day and the tests we had the next week. It didn't take long for us to move to the next event, which was the main focus for the night, we were going to watch the entirety of *A Very Potter Musical*.

This is a video very close to the hearts of a few of our members who wanted to finally share the joy and comically stylings of StarKid productions. The musical is a long one, but the actors', most

Time Off for Friendship

notably Darren Chris', humor and songs make every second worth it. Some of us were unable to watch the entire showing, because of homework or school the next morning, but it was enough to come together for just a few hours

without classes or studying to get in the way.

That night was a great reminder of how much closer we have grown. There were no requirements for going. It was understood that some people could only stay for a short time. But the main goal was to have fun and answer the age-old question "what the hell is a Hufflepuff?"

Tau's Adventures

By the Alpha Omicron Chapter (TBΣ)

Since leaving district convention in Mesquite last spring, Tau has been on so many adventures with Alpha Omicron. Tau has traveled all over the campus of Sam Houston State University and even around the great state of Texas!

Tau has been sitting in on all our meetings and coming to help with rehearsals! Tau also made it to the Texas Music Educators Association Convention this year and had a blast on the river walk with our President, Natalia, and Vice President, Katie! Tau also got to meet Janet West Miller while at TMEA.

But, Tau's adventures won't stop there! Alpha Omicron plans to take Tau to as many workshops as possible between now and District Convention so there will surely be more pictures and memories to be made.



Spring: A Time of Peace, Energy and Friendship

By Meri Terpstra, Beta Delta (TBΣ)
SWD President

The spring is my favorite time of year in relation to Tau Beta Sigma and Kappa Kappa Psi. It's the season that I rushed, and now I get to help others through their processes. It's the time for workshops, convention, traveling, and making friends. No sleep, endless adventures, and fun await me every weekend. Don't get me wrong, school, sports, and life are all super crazy, especially as a graduating senior with an internship and an important position within the sorority, but the spring reminds me why I started Tau Beta Sigma.

My chapter does activities called "visits" where the actives and the membership candidates hang out one-on-one. It's a great experience because it fosters relationships between the older members of the chapter and the new members who are the future. Part of the rush process is teaching the new members about our organization, but for me, seeing the wonder and excitement to become a sister and to serve alongside like-minded individuals gives me the energy and desire to continue even when life is a roller coaster. There is a renewed peace that comes with the energy.

Another place I see this energy is on the road at the workshops. I watch as my brothers and sisters meet people from all over the district, form friendships, network, and grow as individuals and chapters. I see my fellow officers step out of their comfort zone and teach our peers about topics they are passionate about. The energy is tangible. I hear about the activities making their way back to the chapters and the impact they



have on communication, bonding, rush events, fundraising and service. The bonds strengthen.

In the fall, it is easy to get burnt out in all the heat, especially towards the end of the semester. But in the spring, I see the new life and energy breathed back into chapters. I remember why I wanted to be a part of Tau Beta Sigma. I am supported, loved and encouraged by all the friends I have made in the last four years. I am eager to share my excitement with as many people as possible. I have a renewed energy and peace.

I know I am graduating in just a few months, but these memories and these friendships, I will take with me wherever I go. I know I will be able to find support and encouragement in my brothers and sisters regardless of where life takes me, and I hope you can all find that same peace and energy in some aspect of Tau Beta Sigma or Kappa Kappa Psi.

Going it Alone: How We Address Diversity on a TBS-Only Campus

By Katie Gramlich, Gamma Xi (TBΣ)

Arkansas State University, located in Jonesboro, Arkansas, is home to the Gamma Xi chapter of Tau Beta Sigma. Our school is located at the far northeast corner of our district. There is something unique and special about our chapter at A-State. We're one of the very few schools in our district that has a Tau Beta Sigma chapter, but not a Kappa Kappa Psi chapter. There was a Kappa Kappa Psi chapter in the past, but they unfortunately lost their charter.

There are many perks to be a TBS-only school with very few downsides. Some of the few downsides are mostly the constant questions about "where is your KKY chapter" or "what happened to your KKY chapter?" We then try to shortly explain without going into too much detail about what happened to the Delta Rho chapter of Kappa Kappa Psi.

One of the biggest perks of a TBS-only school is the amount of diversity within our chapter. Of

our 26 members, 13 of them are male. We have many members that identify with being in one of the categories of LGBTQ and we have a very wide variety of personalities. In our chapter, it is easy to find every kind of person imaginable. We strive to make sure everyone feels welcome and comfortable in our chapter. Our chapter includes a wide range of majors. With only 12 music majors, the rest cover many different colleges. The other majors include English, graphic design, computer science, radiography, psychology, education, finance, marketing, information technology, social work, and even mechanical engineering! Diversity is so important in our chapter.

Tau Beta Sigma's mission statement includes "empowering equality and diversity." We strive to keep diversity. We don't recruit based on major, we recruit based on people. We have section leaders in each section with different majors and they represent the current diversity we have and show other people that Tau Beta Sigma is not just for music majors, but for anyone that likes to help out and be a leader to others. If you ever get the chance to travel to Northeast Arkansas, come meet one of the most diverse chapters in our district!

The Founding Chapter: A Recent History

By Emma Seidensticker, Beta (TBΣ)

The founding chapter of Tau Beta Sigma began in dusty, west Texas in the city of Lubbock. Any and every active knows Wava and how she decided she wanted to create a band sorority. However, most of the business that goes on here in the Beta chapter is not heard by everyone. We're

always striving to do our best and uphold the name of Beta, but we've also made history ourselves since the start of the 21st century.

This year, for the first time ever, we've incorporated a joint ceremony with our Kappa Kappa Psi chapter, Alpha Omicron, along with their perspective candidates and ours. We held this ceremony at our annual ski retreat, which is held at Angelfire, New Mexico. Each year, the actives and candidates take a road trip for a weekend of

The Founding Chapter



skiing and bonding and this year was the most fun anyone has ever had. After we all played games at the community center and ate dinner, we settled down and held a ceremony to remember our bonds that we have with our brothers. It was a great moment for us as actives to realize that we're growing as a chapter, and we hope we can continue this growth for many years.

In the past year, Beta has also become co-ed along with many of the other Tau Beta Sigma chapters around the nation. Our first male, music education major Sam Acosta, has made history by being the first male to become active in the founding chapter. He is also our current Assistant Recruitment officer and has high hopes that we will continue to grow and spread our love of music and service to other potential candidates. Sam has brought in a new light to our chapter

and we're so happy to call him our sister.

Last year, we also started the Focus on Five project to help our actives grow professionally, academically, and personally. In our first attempt to try out the campaign, we obtained all the stripes of the flag and received one lyre piece. At the time, I was the liaison for our chapter and it was fun to have everyone input their ideas as to how we could execute the activities for the program. For our chapter, putting together this program was difficult at first, but we were ready to take on the challenge.

The past few years has been a time of growth and development for us. We've been trying to refresh the way we think and how to redefine music and service. At times, this period of change can be hard on us, but we're always looking to find more solutions and help everyone out the best way we can. Though these may be minor changes to some, these are big steps for us in the history of our chapter as we pave the way for new actives in the future.

With My Sisters, I Am Best By Amelia Schwartz, Delta (TBΣ)

I honestly had no idea I was even rushing a sorority when I began the process to become a sister of Tau Beta Sigma. I sort of just accepted that, suddenly, my life was full of 30-ish funny, talented women who all wanted to be my friends. Who wouldn't want that? Once I fully knew what I was getting into, I jumped in headfirst, going to almost every event possible, befriending the older members, and becoming secretary of my rush class. As I went further into learning about the

With My Sisters

sisterhood, my appreciation for my sisters and their love of service and others swelled, while my excitement about going to practice every day and running around with a mellophone (or horn depending on the season) tri-pled, as I knew I would get to be with the lovely women of Delta.

Unfortunately, that first year of college became one of my hardest, as many students realize. Not only were classes knocking the breath out of me, but three family members were suddenly diagnosed with late stage cancer. To make matters worse, I was sexually assaulted by someone I had considered a friend within the band. My personality and passion both took a dive as I dropped into the deepest depression, and I completely tried to alienate myself from everything I had formerly loved. I did not know at this time that I had so many new sisters who took notice.

Instead of letting me completely fall apart, I was completely surrounded by the most incredible support system. My Big, Kelsey (even before I knew about her) would write me encouraging letters reminding me of how important I was to others, and how my strength and humor inspired her. My sisters, the older ones and the ones within my rush class were there for me. Many helped me study, sent me sweet messages during the day, gave me big bear hugs when they saw me on campus, and many just stayed with me while I cried at the most inopportune moments in public. They gave me a safe haven in the frightening world that surrounded me at that time.

This first year showed me the best of what sisterhood can be. Not only are you surrounded by men and women with similar drives and passions



This is me, three years later, much happier and healthier thanks to my support system! (and I was in Switzerland)

for music and their community, but you are joining a family. As it is now my fourth and final year of my undergrad, I am taking the time to reflect on all that Tau Beta Sigma has given me. I've been able to serve my band, my sisters, and my community through so many events and various leadership roles I took on with the chapter. My deepest friendships, best roommates, and most cherished memories of college all have been created within Tau Beta Sigma. That first year within my university, my band, and TBS completely shaped the person that I am today. I can only hope and strive to be the kind of loving, watchful sister for others that I was given. I was shown that I wasn't alone in my love for band, community service, or in my struggles. I know that from my first year, and through the past three, that with my sisters, I truly am best.

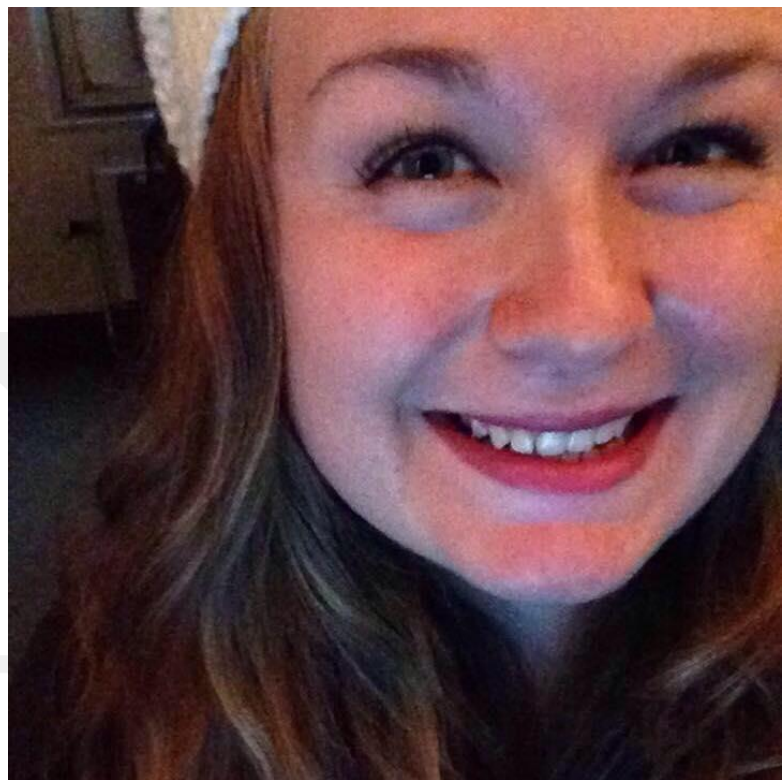
The Common Bond

By Shelby Young, Gamma Nu (TBS)

Although I am an Accounting and Finance major, music and service have always been things that I am deeply passionate about. TBS lets me cultivate and continue to pursue my passions, even though I did not choose to study music in college. Sometimes, however, participating in an organization that is not directly affiliated with your major can be difficult, especially when you are the only active member of your chapter that is not in some type of music major.

Currently, my chapter has 11 active members, and I am the only “non-major,” as we call it. Not being able to share that common tie with my sisters sometimes makes me feel as though I am disconnected on a fundamental level from them. While the other sisters chatter about how much conducting is a pain, and trying to form study groups for their instrumental methods classes, I feel as sometimes I barely understand terms they speak. They tell me about their assignments, and the amount of time they spend rehearsing their pieces for barriers and juries, and I sit and listen actively and attentively. But in the back of my mind, I think about the accounting homework I have due the next day, and the marketing test that I need to study for, knowing that if I tried to explain even a basic understanding of these concepts to them, their minds would go blank and they would have puzzled looks on their faces.

Although we don’t share the same day-to-day grind, the majors that we classify go unnoticed, and we cherish and appreciate each other for who we are, and not what we’re classified as. Every day I go to our music building, and almost everyone greets me as though I have every single



class with them. People rarely used traditional labels to decide who they want to interact with anymore, and being a sister has really shown that to be true. My sisters and I bond more over our love for Panic! At the Disco and how funny memes are than what assignments we have in our classes. We care more about who we are as people, how we interact with each other, and how we love one another. Joining this sisterhood is the best decision I have made as a college student, and I do not regret a single moment that I have shared with my sisters the past two years.

Even though we may not have the same classes, the same schedule, or even the same course load, I know that my sisters and I are bound together no matter what, and that we all love each other regardless of our differences.

Visit the national KΨ website!

Visit the national TBS website!

Introvert's Guide to Sisterhood

By Hannah McQuerrey, Beta Nu (TBS)

You know who you are. You're the one who stands apart from the crowd at social gatherings, counting down the minutes until you can go home – not because you don't like the people you're with but because this scene makes you frazzled with anxiety. You're the "quiet" and "shy" one in the group. PSA: you're not alone.

One of the main reasons I chose to go to Arkansas Tech University was because I hardly knew anyone attending. I knew if I went to the schools where my friends from high school were going, I would never branch out and make new memories. That being said, I strategically set myself up to make friends. I decided by living in a residence hall and by joining band, I would surely make friends. Through band, I began to rush Tau Beta Sigma so I could meet new people. The idea of branching out of my comfort zone was exciting and terrifying at all the same time.

Step one: fake it 'til you make it. When I started my process, my MC Class immediately started taking steps to develop a bond like no other. In fact, on the day we accepted our bids, we spent hours talking and getting to know one another. There I was amongst eight people, whom I knew nothing about, and I was expected to become friends with them overnight! Sure, I was thrilled to be immersed into sisterhood; however, I was the most nervous I had ever been. So, what did I do? I faked it. I made conversation despite how uncomfortable I was. Before I knew it, my MC Sisters were my best friends. Simply put, by pushing through my social insecurities, I managed to open up – which brings us to my second step.

Step two: open yourself up. Showing people your dreams, fears, and faults is extremely difficult for those who wish to remain reserved. I won't sugar coat it – opening up was hard for me. It was hard for me to tell my sisters about my past. It was hard to let my sisters see my flaws in their rawest form. However, when I finally gathered the courage to let my sisters see the darkest parts of me, I received a response I never expected. My sisters offered their strength. My sisters showed me that although my weaknesses may make me feel broken, I am not a problem to be fixed. By opening up to my sisters, I was able to make realizations about myself in ways I could never have imagined.

Step three: recharge. One of the key attributes of introverts is we need time to ourselves to recuperate. While extroverts can socialize all day, introverts grow weary from being around people for a prolonged period of time. So, my final step is to allow time to recharge. If you have been with your sisters all day on Friday and Saturday, allow time for yourself on Sunday. Audrey Hepburn once said, "I have to be alone very often. I'd be quite happy if I spent from Saturday night until Monday morning alone in my apartment. That's how I refuel." The key here is to be honest



Introvert's Guide

– with yourself and with your sisters. There was a time I would make excuses as to why I couldn't spend extra time with them. I would say I had to do homework or laundry. In fact, I just needed time to myself! Newsflash: that is okay!

I challenge my fellow introverts to take time for yourself. If you foresee next week you have a TBS fundraiser, rush, and a formal meeting, spend one of your days off doing what YOU need to do to recharge.

Make the Most

By **Julianne Clements, Psi (TBΣ)**

To my brothers and sisters in Kappa Kappa Psi and Tau Beta Sigma,

I want to take a moment to share with you, if you're willing to keep reading, a little about the best moment of my life so far. I promise there is a point to sharing this with you other than for my own selfish desire to share it, but I truly do believe that there is a message that is so important within this moment in my life. Alright, enough blabbering because you are probably desiring me to just get to the point.

It was November 12, 2016. I woke up very early to curl my hair, put on my casual band uniform and headed to the indoor pavilion for our early morning game day rehearsal. It seemed similar to every other game day for the past four years, but there was something very different about that day. That day was more than just a game day for me, it was the last game day - Senior Night for the Arkansas Razorbacks. A day I had been looking forward to and dreading all at the same time. My last game in the Donald W. Reynolds Razorback Stadium, my last game strutting onto

that field, and my last time conducting halftime for that crowd. I was beyond thrilled to have made it through four years of college marching band, and sad that this was the last one after a decade of being in bands. But there was nothing that could bring me down that day.

People tend to talk all about the lasts of their final year, but for me I hadn't really let myself do that yet. I just kept working hard, serving and doing what I was supposed to do. But the night before that game I received one piece of advice from my dear mom, and that advice made all the difference for what was about to happen. She told me to take it all in. As simple as that. Take it all in. And I sure did.

A few things happened that game. We marched onto the field for pre-game just like we always do, except this was the last time I performed the strut and saluted on the field during the National Anthem. We played great music in the stands for all four quarters, except I conducted my last song as a Drum Major of the Razorback Marching Band. The band marched an incredible Patriotic halftime show, except at the end I stood in the center of the field alongside my fellow graduating seniors with the band forming a ring around

Make the Most



us. Our football team lost the game, which was sad, except when I climbed down from the ladder after the loss, my best friend was down on one knee with a ring in his hand.

Pause... back up... did all of that really just happen? Did my best friend just ask me to marry him? Were all my friends there to witness it? And did it just take away the sting of losing on Senior night? The answer to all of these questions is yes. And just in case you're wondering, I said yes to his question as well. I said yes to spending the rest of my life with my best friend and I got to do that with all of friends, family, brothers and sisters there to witness it, and the joy of that is indescribable. I didn't care so much that we lost the football game after that either. So, here is where this matters to you. My best friends', and now fiancé's name is Coby. He is a brother in the Lambda Chapter of Kappa Kappa Psi. And our story began with a simple text message.

The point of sharing this story is not to tell a love story between a member of TBS and a member of KKPsi, but rather to show you how life changing the relationships that you make within these

organizations can truly be. I can almost bet that you could think of at least one person in your organization who has made a world of difference to you in even just the smallest of moments. I can think of so many brothers and sisters on my campus who have made my day, given me a hug, told a joke, or sat and listened just when I needed someone to be there for me. And I hope I have done the same for them. It doesn't have to be anything big and crazy either though. It can be a simple text message, late at night, asking if you're alright. It can be a simple cup of coffee with the words I love you written on them. It can be a hug after a long chapter meeting, or the words you did good when you most need to hear them. And there is one thing that all of these moments have in common with each other. That thing is presence. And yes, I mean presence, not presents, although many of those moments can be considered gifts as well; but presence is one of the most important things that you could have to be a great brother and sister of KKPsi and TBS.

Presence to me is defined as being all there, as listening to those around you, as recognizing those who look like they might be struggling, as being available to take time to be there for people, as being willing to ask the question of how someone is doing, and also willing to wait for the real answer. Presence is all about being. Be there. Be aware. Be present. Just BE. I can promise you that if you are present, something good will come out of it. You see for me, a simple text led to a conversation, that led to many more conversations, that led to a date, that led to many more dates and that is now leading to a marriage. I was present in a moment, and that has made all the difference.

You see, I am not saying that you will find the love of your life within these organizations, or

Make the Most

that you will even find people you'll stay in touch with for the rest of your life. But what I do know is that while brothers and sisters are in your life, they make it the most exciting adventure and rollercoaster it could be. So take advantage of this crazy college life, and make the most of it by being present for each other. Your brothers and sisters are some incredible people, that I can just about guarantee. They will be some of the greatest people you meet in your lifetime. So don't wait. Take a moment to enjoy all of the incredible

people around you, and allow them to be present for you, and you to be present for them. You never know in what way it might change your life infinitely for the better! It might even lead you to the best moment of your life.

Thank you for reading, and thank you to all of my brothers and sisters who have made my college days the best of my life. There aren't enough ways I could thank you for the times you've been present for me, but someday I only hope to be present for you when you most need it.

MLITB.

TRAUER-MARSCH

für Harmoniemusik

von

Serie 7. N^o 29^a

Mendelssohns Werke.

FELIX MENDELSSOHN BARTHOLDY.

Zum Begräbniss Norbert Burgmüllers.

Op. 103.

Marcia funebre.

Flauto.

Oboi.

Clarineti in F.

Clarineti in C.

Corni di Bassetto.

Fagotti.

Corni in E.

Corni in C.

Trombe in C.

Tromboni Alto e Tenore.

Trombone Basso.

Contrafagotto e Corno di Basso.

LEADERSHIP

SERVICE

BROTHERHOOD

SISTERHOOD

COMMUNITY



Little Musicians, Big Pride

By Luke Schumacher, Delta (KKΨ)

It was just another game day call time – 5 a.m – when around 200 children from third to sixth grade came to rehearse with The Pride of Oklahoma. As we marched our pregame, they filed in and sat down. Some of these kids held instruments that were taller than them, and perhaps older than them too. As we paused for a water break, these children got set up to rehearse Hawaii 5-0 with us. Before they even played, I stood there amazed. Before me was a group of children, no, a group of musicians who stood holding their flutes, trombones, violins, bassoons, cellos and everything in between. Before me was El Sistema Oklahoma.

El Sistema is a non-profit 501(c)3, and its mission is “to serve the community by engaging children with an ensemble-based music program so they can share the joy of music making and grow as responsible citizens.” It was clear to me that El Sistema was achieving its mission.

So why were the children of El Sistema rehearsing Hawaii 5-0? To join the Pride during halftime!

You would think it’d be a logistical nightmare getting around 200 elementary aged children with various instruments to get into a certain position while being hurried for there was only so much time allotted for the halftime show. However, it worked. It worked exceptionally well.

The performance was incredible. Both the Pride and El Sistema wowed the crowd of just over 82,000. I will always remember this day. Not for the performance but for the looks on the childrens’ faces. The glow from their gleaming smiles

showed that this had changed their lives.

This made me realize how powerful music can be. Not only did a group of elementary-aged children join a college marching band to play during halftime, but the crowd’s reaction was the cherry on top. Music united all the people together to create a life-changing event.

Think about this for a moment: how long have you been playing your instrument? When did you realize that music was something you wanted to keep doing after your first year of playing?

I started playing trombone in sixth grade, or at the age of roughly 12 years old. The youngest of the young musicians of El Sistema were 8 or 9 years old. I have been playing trombone since before some of the kids were born. This blew my mind. When I was 9 years old, I would not have had the maturity, or interest, to play any instrument. This still leaves me breathless.

I already said this, but music is so powerful. I have been to concerts where I have been surround by persons that I would never be around otherwise. It is things like this that make me proud to be a brother of the Delta chapter. It makes me remember why I wanted to be a member of Kappa Kappa Psi. Through the avenue of music, we united hundreds and thousands of people to serve these kids. Music is truly a universal language, and it is my hope that we never forget how powerful its voice is, as well as the impact we can have when we speak it together.

Participate in the joint brick program in front of National Headquarters, and buy your own custom-engraved brick, or one for your chapter, today!

Now More Than Ever

By Kimberly Lopez, Tau (TBΣ)

The past year and now, there have been ups and downs with our country in all sorts of aspects. What's considered to be an "up" and "down" can vary depending on each person and yes, this includes brothers and sisters. It's okay to be in the "majority" or in the "minority." Everyone can have different viewpoints. That's what makes us "US." Our ideals, beliefs, our experiences, and personas define who we are and it makes us unique. We're all different, BUT we were all created to be equal.

With that said, it's fine to agree on everything, fine to agree on only some things, and importantly, it's okay to completely disagree. The way I think of it is simple. I love my parents and my biological brother and sister, but it doesn't mean that I always agree with them. My brother, for example, I completely disagree with almost everything he does lately. If I have something to say, I will tell him to his face and, if he doesn't want to hear, then I don't #WasteMyTime2017. It's his business and that's that. It obviously doesn't go that way if the situation might end up with him harming someone or something, but that hasn't been the case so far. So why does it have to be any different with our brothers of Kappa Kappa Psi and sisters of Tau Beta Sigma? We are a family as well and it's fine to disagree as we continue to love each other and grow as decent human beings. No one is perfect. So, if you're a brother or sister that puts down another for what they believe in, then you're no better than the negativity you think these beliefs project. We need to respect each other and learn to disagree.

"What we need to do is learn to respect and embrace our differences until our differences don't



make a difference in how we are treated."

—Yolanda King

Now more than ever, we need to learn the difference between what respect and agreement means. Now more than ever, we need to agree to disagree. And now more than ever, we're at a time that we need to continue to stand together, not separated. We are part of organizations that are based off unity, not division.

Community Service Events

By Rose Trapp, Beta (TBΣ)

Community service events are something we do a lot in the Beta Chapter of Tau Beta Sigma. It is especially helpful for us because we do a lot for Tau Beta Sigma and Kappa Kappa Psi alumni in

Community Service Events

the area, and it gets our name out to high schools and students. This encourages them to continue band in college and possibly join Tau Beta Sigma or Kappa Kappa Psi. Some of my favorite events that we've done is perform at a wedding on campus as the Goin' Band, and helped out with high school marching band contests. These events aren't just great for the community, but are also a lot of fun, and don't feel like service at all. The sisters of the Beta chapter love doing service for the people around us, and I highly encourage trying to find something for your chapter to do that isn't just in your School of Music.

Performing at the wedding was exciting for both Kappa Kappa Psi and Tau Beta Sigma members. They loved surprising the couple and getting to jam out with the wedding guests, not to mention representing Goin' Band. It was an amazing experience, and what Kappa Kappa Psi, Alpha Omicron brother Kendyl Dent said about the event sums everything up, "It was such a beautiful moment. Seeing the look on the couple's face was such a moving experience, and I'll never forget it." The best part about playing for this wedding was that it was a surprise for the happy couple, and the bride's mom set all of it up!

Working at the marching contest was a wonderful experience, because it was somewhere we were needed. One of the band moms I worked with told us that having us volunteer helped them out a lot, and asked us to come back next year. When all the kids are performing for UIL Region, they can't come help and a lot of parents don't have the time to help, so having us there as backup really helped them to feel more confident in running the contest. We sold tickets,



Beta (TBS) and Alpha Omicron (KKY) members at a service event, playing with a small 1A high school band.

changed the flags that told bands when they could play to warm up, and helped to manage the crowd while bands were performing.

If you are near a UIL Region or Area site, I encourage you to get in contact with the high school(s) running it and see if they need any help! This



Community Service Events

could also go for any marching competitions near you. Schools sometimes need help getting proctors for Solo and Ensemble and other individual competitions, so be on the lookout for those opportunities as well.

A few other things we've done this semester are: help out at a haunted house, play at elementary schools and do yard work for an older Texas Tech alumnus. A great way to get these opportunities

is to ask around school districts near your college if anything needs to be done and if there's any way you can help. You can also ask alumni that live in the area if there's anything you can do for them. Creating these connections gets the Tau Beta Sigma and Kappa Kappa Psi names out there in a great way! Ask your band directors if there are any opportunities they've turned down to play and see if they're comfortable with sending your TBS or KKY chapter! We are all a part of these organizations to celebrate the passion we have for music, so why not share that with the community around us?

AT THE MOVIES

Conductor

№ 1. "The Serenaders"

JOHN PHILIP SOUSA

Marcia Brillante
con S^{ua}

J 280

f Solo Cor. with Wood
Horns

f Bar.
T^{pts.} sustain

Slower
Muted Cor.
con espress.

p
Muted Baritones

LEADERSHIP

SERVICE

BROTHERHOOD

SISTERHOOD

COMMUNITY

EXCELLENCE



Recognition and Development of Your Intellectual Potential

By Bryson Jones, Beta Nu (TBΣ)

My chapter started a yearly project called The F.O.R.T.E Project. During this school year, we did activities based on the "Five Qualities" to be observed by Tau Beta Sigma members. Each month, we had a different quality that our chapter strived to achieve in our everyday life. The month of February's quality was: recognition and development of your intellectual potential.

First, a person must recognize what type of potential they have intellectually. Intelligence is the ability to learn or understand or try to deal with new situations. Some people define intelligence with how smart you are. However, everyone has a different way of learning and understanding the world. In typical grade school years, people hear about the three types of learning styles being visual, audio, and kinesthetic. Some people are better at learning by pictures or diagrams, listening to a lecture, or by the actions through an activity. Once someone figures out what type of learning style they are, then they can recognize how intelligence is not based on brains, but on their individual way of realizing the world.

The second half to this quality is developing that potential. This can be by strengthening the learning style a person already is most comfortable with or even least comfortable with. For visual learners, they could draw maps or diagrams, color code key words, or a big factor that could help is by taking notes. On the other hand, an audio learner could benefit by recording lectures, watching videos, and even repeating facts or notes with their eyes closed. It is always helpful to continue learning the style that is best for the



individual, but there will be times where a person must step out of their comfort zone to a new style. There will be times when a student has a teacher who does not use visual aids, so they must try to develop their audio techniques to understand the material.

In this month, I have a plan to help continue developing this quality and overall way of life. As I took the time to meditate and think about what type of learner and what type of potential I have, I have discovered I am a more hands-on type of guy and learn better with a group of people rather than by myself. To recognize this, I learned a lot about myself and different ways of improving my overall intelligence. One technique I have been trying is to take short breaks in between studying. I have a really short attention span, so instead of spending two full hours of studying, I can take those short breaks to not overwhelm myself. Another way I have been attempting to improve my intellectual potential is by turning off my phone in class. Most of my classes are either visual or audio (which are not my strongest), plus with a short attention span, I have a hard time paying attention. So, to learn and gain knowledge in the classroom, I've turned off my phone so I would not be tempted to take it out.

Your Intellectual Potential

I leave you with several questions, what are ways that develop your intellectual potential? Do you know what type of learner you are to help face those challenges? Discovering what helps someone learn can not only improve their activity in chapter events, but their overall life in general. This may be the shortest quality, but it definitely can be impactful.

Le Cinq et le huit

By Mallory Melton & Abby Patty, Psi (TBS)

Two things we love a whole lot are *Hamilton* and Tau Beta Sigma. Being a member (and membership candidate) of TBS requires a pretty intense understanding of the Five Qualities and the Eight Essential Factors, and being a super fan of *Hamilton* requires multiple listenings of the entire musical. Through our analysis of both, we have determined that the Five and the Eight are exemplified in the characters of *Hamilton*. Here's why:

1. The first of the Five Qualities is **“Knowledge and development of your physical powers in the quest for good health and bodily perfection.”** The titular character Alexander Hamilton lived through an illness that killed his mother. This is, in the most literal sense, an example of a quest for good health. He knew that his body could make it through, and that there was something in him that was worth living for. He then cultivated a physical prowess that eventually helped him to assist in the efforts that lead to the American Revolution.

2. Angelica Schuyler demonstrates the quality that reads **“Recognition and development of your intellectual potential,”** when she realizes that she is just as smart as the men in her life. Angelica comments, after meeting Alexander, that

she may have finally met her intellectual match. This illustrates that she has an awareness of her intellectual abilities. She is a proponent for women's rights, specifically in her criticism of Thomas Paine's *Common Sense* and its exclusion of women. Angelica gives Alexander a run for his money in their first conversation, and she was a vital advisor to Hamilton while he was writing his financial plan and trying to get it passed.

3. Philip Schuyler dies in a valiant attempt to defend his father's honor. Philip recognizes his father's imperfection, but still believes it is his moral duty to stand up for the man that had such foundational importance in the creation of the nation. This is why we think that Philip embodies the 3rd quality, **“Appreciation for and the maintenance of the highest moral standards.”**

4. **“Achievement of and the personification within you of lofty spiritual ideals.”** In (our) opinion, the loftiest ideal any one person can hold is the belief that all beings are equal and should have access to the same rights as the people surrounding them. John Laurens spends his entire life fighting against slavery and pursuing abolition – even before the war is over. Laurens gives all of himself to fight for the rights of those who couldn't always fight for themselves, and if that isn't the personification of a lofty spiritual ideal, we don't know what is.

Le Cinq et le huit



5. The 5th Quality, **“Cultivation and maintenance of your emotional poise under all conditions,”** is exemplified by Aaron Burr. Burr spends most his time on stage singing about emotional poise. He does not think that he should let those around him know when he is frustrated, or how he leans on various issues. In other words, when faced with conflict he believes one should “talk less” and “smile more.”

1. For **“Physical and mental qualities of an attractive nature,”** we feel like King George simply embodies that. Jonathon Groff is such a cutie, and King George uses his brain power to think about and contemplate the situations that he finds himself in. His song is incredibly witty which is reflective of his intellectual abilities. Smart people are attractive.

2. Thomas Jefferson is so dedicated to standing up for France, which fits into **“Demonstrated loyalty and dependability to those persons and institutions deserving of it.”** Jefferson sees that the French are persons who deserve to get support from the American government, so he fights his hardest to get that for them – even though it doesn’t go his way in the end.

3. **“A truthfulness and honesty which instills a sense of trust in others”** is something we think was actually written directly about George Washington. Those around Washington fully invest their trust in him, and for good reason. Not only is Washington honest with his companions, he is honest with himself. George Washington sings an entire song about knowing that it is time to step down from the position of President, even if it isn’t what he wants to do because he knows that it is best for the country.

4. Hamilton’s group of companions, specifically Laurens, Mulligan and Lafayette, frequently exhibit **“A cheerfulness at all times and under all circumstances, even in the face of great trial.”** Throughout the revolution they return to the theme “though I may not live to see our glory, I will gladly join the fight.” This phrase shows their commitment to the cause and their willingness to continue despite the original daunting appearance of the cause.

5. **“A mutual interest in the Art of Music in its performance and in the aesthetic qualities it can project to others”** most relates not to a character in the musical, but the brains behind it. *Hamilton* as a production is a great performance of music, and Lin Manuel found a way to marry Broadway and rap in a tasteful enough way while also making it appealing to everybody.

Le Cinq et le huit

6. Eliza Hamilton is too good for this world. This is why she is the perfect example of **“Generosity of mind, heart, and hand.”** While Hamilton is alive, she gives him the love and support that he needs so he can give to the Revolution and his country. After her husband’s death, she speaks out against slavery, raises funds for the Washington Monument and establishes an orphanage. Each of these demonstrate her generosity and remind us of her perfection.

7. America’s favorite fighting Frenchman is our representative of the seventh essential factor: **“Tolerance, tempered with kindness and a consideration for the needs of others.”** The Marquis de Lafayette brings French aid to the

Revolutionaries and essentially guarantees the American victory. He sees people who are deserving of help in their fight for independence and provides all the “Guns and Ships” they need.

8. The 8th Essential Factor reads: **“Fortitude and courage to see an ideal, to seize upon it, and follow it wherever it may lead you (in Tau Beta Sigma).”** In the very first song of the musical we are told the story of Alexander Hamilton leaving the Caribbean in search of a better life. He defies odds and makes it to America, where he attends college at a young age. Additionally, Hamilton serving as the Secretary of the Treasury is a giant exemplification of this factor. Hamilton sees an opportunity to fix the nation’s debt, and he does what it takes to get the financial plan passed through Congress, even though it means making sacrifices in other areas of his life.

Punctuating the Band

By Hannah Wells, Psi (TBΣ)

SWD Vice President for Special Projects

Band... the definition of fun. College marching bands... the definition of tradition and excellence. However, the members of college marching bands are crazy, but unique. So unique, one could compare the personalities of the sections of college marching bands to punctuation marks if they were bored and crazy enough. Which I suppose I am. This piece is written from the perspective of a Piccolo player and is based on opinion and bias. The following content should not be taken seriously.

We shall start by taking a look at the woodwind instruments.

A stereotypical flute player, or piccolo player in a marching band sense, is a bubbly, happy, and always energetic person. Which is also, the most annoying personality sometimes. Piccolos, the instrument, add the sparkle to the band. Piccolo players, add glitter to everything. Therefore, piccolos are the exclamation mark (!); because, the exclamation mark indicates a strong feeling or high volume and is a warning sign at the end of a sentence.

A clarinet player described the section to me as “clarinet players care about themselves and what is happening as an individual but as a whole they do not really care.” Clarinet players are always full of witty comebacks and sarcastic remarks. I decided to do some research and found an unusual punctuation mark called an “ironieteken,” which

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is a sarcastic exclamation point (!).

Alto sax players keep very much to themselves during band activities. However, when they do participate they think very highly of themselves and believe that they are always right in all that they do. For this reason, alto saxes are the colon (:). because the colon informs readers that what follows it proves, or defines what precedes it.

A tenor sax is a larger version of the alto but their timbre is much lower, and in general, they play a supporting role to the brass. On that note, I correlate the tenor sax to the hyphen (-). The hyphen's job is to join separate words but also separate single words; the tenors are a woodwind, but they almost always play with the brass. They are separate from the woodwinds but join the woodwinds to the brass.

Next, we consider the brass section.

A trumpet player can be stereotyped as arrogant, egotistical, and do not always think using their head. Trumpets think they are the best and are special, therefore they are connected with the semi-colon (;). The semicolon is a special punctuation mark that can do anything that it wants but at the same time cannot do everything you need it to. Sounds a lot like a trumpet player to me.

The mellophones, or marching French horn, are the supporting role to the trumpet. They are their own being, seeing as they are they only instrument classified as "middle brass" while the rest is either high brass or low brass. The mellophone holds the same role as parenthesis do (). The parenthesis serves to clarify from the main point



but can also add supplementary information, just as the mellophones.

A trombone player is chill and cool; but sometimes, bigheaded. They might feel the need to play all their notes as loud as they possibly can, and instead of sounding nice, they might sound like a dying duck. The trombones correlate to the apostrophe ('). The apostrophe is just there, used in every part of grammar and writing although they might not make sense, as the trombones are in the band.

The baritone, or marching euphonium, are quiet and awkward people and you do not hear much from them. The baritone is an ellipsis (...), which creates a slight pause, a nervous or awkward silence, or shows an unfinished thought.

Tuba players are generally known as "stupid";



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however, I disagree with this. I do not believe they are stupid, they just have a lot of questions about how to do things. As you might suspect... sousaphones are question marks (?).

Finally, we come to the Auxiliary.

The drum line is the most conceded section even though they keep entirely to themselves. Yet, they keep the band together. They are the glue. This is why they are the comma (,). They exclusively link everything prior to it to everything that precedes it.

The twirlers are the beautiful girls that dance and throw batons; nevertheless, they also keep entirely to themselves. Twirlers are the slash (/), which indicates a choice is present but it avoids taking a position. The twirlers have the choice to bond with the band but they don't always.

The color guard is one of the most fun sections on the field and they try to be as incorporated as possible. They are the dash (-): the replacement

for "and" or "to". They do not want to be seen as "the band and the color guard" but as "the band-color guard," if that makes sense.

We have the everlasting and ever-faithful drum majors next. The leaders of the marching band, they tell us when to play, what to play, what tempo to take it, and, importantly, when to stop. For this reason, drum majors are periods (.).

Finally, we end with the directors. The directors, I have decided, are quotation marks (""). They say things they do not really mean. The quotation marks are there to indicate when the meaning should be taken different from typical meaning. They can add irony or emphasis; the directors love to be ironic and say things they do not mean.

Although we are a bunch of exclamation points, questions marks, semicolons, and ellipsis; we are what make up a college marching band and contribute to the sound and traditions of excellence. As stated before, this is an entirely opinion-based satirical paper and should not be taken too seriously. All fun and games as is always in the collegiate band world.

Striving for the Highest

By Keegan Turney, Epsilon Beta (KKΨ)

"Strive for the Highest." I, like most of my Brothers, have heard our motto since before even becoming a membership candidate. It is something that we all say and probably think actively about throughout the day, but what does it truly mean?

When I was going through my education process

at the Epsilon Beta chapter of Kappa Kappa Psi, this was a question my Big Brother, Blake Hanson, asked me. At first, there was the simple answer of trying to do your best and reaching your goals, but as time went on, I realized that the answer wasn't quite as transparent.

In reality, yes, striving for the highest is setting goals and reaching them through hard work and determination, but it is what you do after reaching your goals that are also a part of this. This is

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because the “Strive for the Highest” motto that our Founding Fathers intended for us to live by is never ending.

Once you accomplish a goal that you've been working on for however long, you then immediately begin to set another goal for yourself or your chapter. No two goals are the same, and there is never a goal too big or too small for you to take on, if you keep striving and persevering. It can be improving on something you just completed, spending more time in a practice room, or doing something else altogether.

For me, some of my first efforts were to better myself as a person, and once I felt like I had improved myself to a certain point in a particular area, I would then focus on something else that needed work. For Neil Armstrong, he literally strove for the highest and brought his Kappa Kappa Psi pin with him on Apollo 11 to the moon. If you are doing your best to improve

something you feel is worth developing, you are striving.

Just knowing what “Strive for the Highest” means isn't enough. As Brothers of Kappa Kappa Psi, it is our job, individually, to not only hold ourselves accountable for how we strive, but to also check on and help our Brothers in making sure that they are staying on track for their own futures. It can be as simple as asking what they've been doing recently to maintain their efforts.

“Strive for the Highest” should be significant to all of us. For me, I constantly ask myself what I can do to continue striving as a brother and, because of that, I feel I've become not only a better brother because of it, but a better person and friend to all those around me.

I encourage all my brothers who have not pondered their work to actively try to think about what they can do to truly “Strive for the Highest.”

How to Eat an Elephant

By David Cox, Lambda (KKΨ)
SWD Secretary-Treasurer

Preface: I have given a presentation at two area workshops on how to eat an elephant. From what I have heard, it has helped brothers and sisters alike with how they shape, approach, and think of goals. Writing it out is a completely different animal than presenting it, but I hope this makes a difference to someone, all the same.

Introduction: Elephants are big, really big. In fact, they're bigger than you. However, they are smaller than a village. Why does this matter?

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Well, if you're going to eat an elephant, you should probably address how much work this is going to take. A little bird told me the average human stomach can hold one liter at a time. Although that bird did not cite his sources, I'll believe him. Another, slightly shadier, bird told me an elephant has a volume of about 7500 liters. From this, we know you would either have to sit down to 7500 meals, or have 7499 friends in order to eat an elephant. Because the elephant would "go bad" before you've eaten 7500 meals, we'll assume you have a village of 7499 people to help you eat the elephant.

Now, let's get past the logistics of this ordeal and ask another question. Would a village make eating an elephant into a goal? By that, I mean, would a village sit down at a meeting and decide to hunt, kill, and eat an elephant for the sake of doing it? NO! Aside from poachers, a village would only do this if it was for survival. This means they didn't set their goal for the sake of having a goal. They had a reason, which happened to result in eating an elephant.

Let's move on. Imagine you just met someone named Felix. Felix has a goal to hunt and kill an elephant. Why? Because Felix loves hunting. Well, during his hunt, Felix has an accident. While looking through his scope, Felix feels a heavy, terrible pain in his back. Felix has been struck by a lion! That's right, while Felix was too busy finding the perfect shot on his next trophy, a lion made a trophy out of Felix. Thankfully, Felix survives the attack, and in 3 short months, he's back out in the safari.

As Felix is giving elephant hunting a second shot,

he is learning that elephant hunting is far more difficult than he thought. Felix misses his first shot; he misses his second shot; misses his third shot; his fourth shot; his fifth; sixth; BANG! Felix bags his elephant, and thus, ends his long, expensive elephant hunting days.

Get excited! We've learned a lot! Now what have we learned from the last section of aimless rambling? Four things: First, it takes a village. Second, don't forget why your goal exists. Third, don't get tunnel vision. Fourth, it's a cycle.

It takes a village: While reading this article, I challenge you to take some time to think of your own reasons why you like having a village.

All done? Great! Let's go through my top three reasons for having a village. Imagine a big circle. In the middle of that circle, write "encouragement." This encouragement bubble may contain all kinds of memories you have of friends patting you on the back, letting you cry on their shoulder, giving you uplifting words before a big test, etc. Next, draw another circle that overlaps the encouragement circle, which will make a Venn diagram. In your new bubble, write the term "practical support." In this bubble, put all of the memories you have of friends giving you help on homework, looking after your pets, working out with you, etc. Lastly, write the word "advice" in the region where your practical support and encouragement bubbles overlap. Advice is like practical encouragement. It contains words that may help uplift you, as well as give you some food for thought.

Now, we all know that having friends around isn't always sunshine and rainbows. Sometimes, these

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Motivation for Greatness

By Morgan Wright, Beta Nu (TBΣ)

At the young age of seventeen, I was thrust into a cumbersome predicament of youthful adulthood. So many differing complexities were halted before me: sexuality, employment, collegiate level education, distance from my birthplace, difficult situations, homesickness, and above all else, loneliness. They were – and still are – strife and struggles that nearly every student faces when beginning their newfound independence along their path through education.

I decided my major was best suited to helping others. I love caring for people – comforting them, healing them, and making them feel at peace. Nursing fit that description to a tee. I started behind the normal curve due to my lower ACT score in math. After a semester passed, un-deliberate and gradual slow comings kept popping up as bumps in my path, and I grew further and further behind the rest of my peers. I applied for the Nursing program at Arkansas Tech University. After being accepted, I begrudgingly found out that I had not made a passing score in the final course of my required listings of curriculum. They removed me. Another semester wasted – weeks passed. School became a chore of waking up, going to classes, not enjoying them as I once had. I spiraled into a depressive cycle: scoring poorly, getting wrenched down into a well of depression, losing determination, and thus scoring poorly yet again. There was a total lack of grit and persistence in my outlook on life.

There comes a point in an individual's life when they draw a line. Instead of waiting and hesitantly lingering by for that magical bridge to appear (as the saying goes: I'll cross that bridge when I get



there), one must build and cross it themselves. Nothing will be handed on a silver platter to someone who does not prove the necessary effort. I realized this. I consulted with the few who I hold most dear to my heart, expressing my concern for my mental health and academic standing. They offered me the most precious, applicable advice I have ever received. One individual in particular was a Brother of Kappa Kappa Psi, who holds title of one of my best friends. After spending hours upon hours with this man sitting in a car at our local airport (a place which never ceases to clear my mind), he gave me one piece of advice that I will forever carry with me: "If you're not happy, make a change."

And so, I did.

I bought an agenda, willed myself to become both organized and healthy. After due time, my situation changed. My negative outlook on academics shifted into a more positive nature – all thanks to those simplistic words of wisdom. I changed my major, decided working with animals far exceeds any dreams and hopes I had of working with people. I found myself.

To this day, the greatness that I harbor in regards

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to all the wonderful men and women who helped me leaves me astounded. They helped offer a motivation for greatness.

“Oh! The Places You’ll Go”: District Convention 2017

**By Fidel Carreon & Taylor Michelle Evans,
Alpha Omicron (TBS)**

On March 24th through March 26th, the Alpha Chapter of Oklahoma State’s Kappa Kappa Psi and the Alpha Omicron chapter of Sam Houston State University’s Tau Beta Sigma are teaming up to host District Convention in Stillwater, Oklahoma. As I am sure many of you are wondering, what is the significance of our theme “Oh! The Places You’ll Go” and why it was chosen. We interviewed the three Alpha Omicron Actives who originally thought of the theme.

Natalia Lambert, Jack Zellar, and Hannah Talton were travelling home from a workshop in Arkansas last year when they decided to look up some of the famous names of Tau Beta Sigma and what they have accomplished in their lifetimes. Natalia realized that “all of these women and men have outstanding achievements” in every aspect of their lives. These achievements reminded Jack of the eighth Essential Factor of Tau Beta Sigma: “Fortitude and courage to see an ideal, to seize upon it, and follow it wherever it may lead you in Tau Beta Sigma” and understood that this courage lead them to great success in their future endeavors leading to the theme of “Oh! The places you’ll go!” There is no better way to have it than with all of the KKY/TBS chapters in the district all together at a convention.



We decided to ask the three of them where they have “gone” because of being in Tau Beta Sigma. All three had been to multiple workshops all around the Southwest District and Natalia realized that, “when we wander far from home we are not alone because all over the district sisters are willing to open their homes for fellow sisters.” However, this theme is not just limited to the “physical places” you will go, it is also about the leadership qualities that inspired Hannah Talton to “be more confident and take more leadership roles as a result of [her] experiences in Tau Beta



“Oh! The Places You’ll Go”

Sigma.” Jack even went so far to say that the most important place he has gone is through the spiritual journey he has taken as a sister. It has developed him as an individual with the help of all the service and leadership opportunities of the sorority.

What should you expect at district convention? Natalia encourages that you should come in with an open mind about what you will experience, look beyond travelling, delve deeper into the relationships you can build with your sisters and brothers. Both brothers and sisters have travelled from all over the Southwest to meet in one place: Stillwater, Oklahoma. Enjoy every moment, make lasting friendships, discover more about yourself, and ponder the theme: “Oh! The Places You’ll Go!” Hannah Talton said it best “We hope members will take the theme to heart and bring it into their own life. Go to district convention! Go to national convention! Go to all the workshops you can! Go after what inspires you and drives you as a person, no matter how challenging! Kappa Kappa Psi and Tau Beta Sigma are inspired by



what all of its members accomplish – now be inspired by the theme to challenge yourself.”

We hope to see each and every one of you at this year’s District Convention!

How My Love of School Supplies Brought Me to the 8s and 5s By Shannon Lotti, Gamma Nu (TBΣ)

I love school supplies. It’s my favorite thing about going back to class after a break. I especially love planners. When I went to Target to look at the selection, I found the perfect one. Every week, it has sections for my top 3, to do, to call, to email, to buy, don’t forget, and my favorite: this week’s goal. Each week for the first 13 weeks of the semester, that goal is one of the 5 qualities or 8 essential factors. I have just finished week 5, and I have noticed that having something to focus on each week, has helped me improve my focus in and out of the classroom, as well as meetings and other Tau Beta Sigma events.

Love of School Supplies



Week 1: "Knowledge and development of your physical powers in the quest for good health and bodily perfection." Since it was the first week of the semester, and things hadn't become too busy quite yet, I decided to go to the gym. I noticed my energy levels were significantly higher than they had been the entire break, and I made a note to do this much more often during the rest of the year!

Week 2: "Recognition and Development of your intellectual potential." This was another great quality to start the year with. This week, homework began to stack up in front of me. I saw way more of business statistics than I ever wanted to see (and it was just the start). I used this quality to remind me to buckle down and get my work done, so I can take my time and really learn the material, so the rest of the semester can go well.

Week 3: "Appreciation for and the maintenance of the highest moral standards." I always try to do the right thing, but this week had me thinking a lot more about the words that come out of my mouth. I never realized how many times I personally speak without thinking it through. I think everybody can learn from thinking a little bit more before we say things.

Week 4: "Achievement of and the personification within you of lofty spiritual ideals." I think I have two types of spiritual ideals. Ones related to Church and my relationship with God, and others related to my deepest heart's desires. This week I focused on the latter. I have been really digging into practicing and improving in playing the flute, so I worked ultra-diligently and specifically to improve those abilities, and at the same time, approached the end of my preparation time to record for a competition I am entering.

Week 5: "Cultivation and maintenance of your emotional poise under all conditions." This is my favorite of the 5 qualities, and the one that I find the easiest to consistently work on. Everybody has moments where they're feeling overwhelmed by the things going on in their lives, and we can all hold on to the strength of our Sisterhood during these times. Everybody can use their chapter, the district, and the nation of sisters (and even brothers <3) that they have at their fingertips to keep them strong emotionally, mentally and physically.

My New Year's Resolution in 2017 was to grow closer to the 8s and 5s, as a Sister in Tau Beta Sigma, and I would definitely recommend that anyone else looking to do this does something similar. I have learned so much about myself, this organization, and all of my Sisters around me.

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friends share something you told them in confidence. Other times, they get obnoxious for no good reason. For now, we're going to focus on the times they feel like they're shooting your ideas down left and right.

When you feel like this is happening, I want you to think of a teepee made with three sticks. This teepee has several parts to it, and each one represents something different. The entire teepee represents the village. Each of the three sticks represents a different member of the village. The point where the three sticks intersect represents the village's purpose, goal, vision, mission or reputation. Lastly, the base of each stick represents the perspective of its associated member.

When you think of how these sticks rely on each other to keep up, we come to realize three things. First, the conflicting forces are needed to make the structure. Second, the conflicting forces need boundaries to ensure the sticks don't snap under excess pressure. Third, each stick can make a mindful decision to shift its perspective to bolster or harm the integrity of the structure. I urge you to reflect on how these three conclusions apply to the feeling you get when your friends are criticizing your ideas. Next time, think of how their criticism pushes you to grow.

Don't forget why your goal exists: I'm sure we all know that one person. They really do it all, but when you ask why they take on so much, they don't have a real answer. Ladies and gentlemen, you just read a description of the achievement hunter. Many of you may feel like I just described

a part of you, and that's fine! I just hope this section will help shed light on a more sustainable way of thinking about your life goals.

Now, I want you to picture a big spiral. In the center of this spiral is a goal you may have. This would be a big goal, like earning a college degree, getting your dream job or getting that promotion. Outside of this spiral is you. To get to the center, where your goal is, you need to start walking through the spiral and make your way to the middle. Within one "lap," you immediately notice you've walked a long way to only get a little closer to the center. Once you realize it's going to take many more laps to reach the center, you may lose a bit of hope. Don't worry!

There are three methods for staying motivated. First, look to the center to remember why you started the journey. Second, think back on all that you've accomplished to remember the great experiences you've had along the way. Third, look at your very next step, and just worry about making that one step.

Regardless of how you keep yourself motivated, the whole journey is going to be tough if you simply made your goal to make a goal. Think of the elephant. We established the village wouldn't just decide to eat an elephant, but they might if they needed to for survival. In this same way, you shouldn't get a college degree because it's what the rest of your friends did. Your college education is to become a more educated member of society, or to make your family proud by being the first-generation college graduate, or any other reasons that make up your "why."

What is your "why?" I encourage you to look up the Ted Talk on the "Golden Circle." Your "why" is your belief. It's what makes you tick. When you

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develop your goal from your why, you don't set a goal, you define what it is you do as a person. For example, I want more people to watch the Razorback Marching Band (RMB) perform at half-time. I plan to get this accomplished by advertising the marching band's history, traditions, practice regimen, and making small public performances. That's it.

To contrast, let me describe how a similar goal may be formed from my "why." I *believe* it is important for the average person to appreciate the art of marching. I *believe* watching marching bands perform will improve one's quality of life in some way. I will discuss DCI, the RMB, and other marching band performances on a more casual basis with my friends who are not involved with the marching band. This may just happen to result in more people watching the RMB perform. Although this may be a silly example, you can see how the second would be easier to sustain on a day to day basis. It's no longer about making this extra effort to do something, it's about exhibiting my beliefs in my everyday life to get a desired result.

Now, if you overlay the golden circle on top of your spiral, you'll notice the goal is right in the middle of the "why," but you must start in the "what." This is perfectly fine! It's almost impossible to start your journey by tackling your "why." We naturally want to begin with our "what," move to our "how," and arrive at our "why." Don't be discouraged if your "why" changes throughout your time, either. This is a part of learning and growing as a person.

Don't get tunnel vision: Back to our spiral,

imagine you were to take a different approach. By some unknown ability, you have found a way to cut through the spiral and arrive at your goal in a sixth of the time. Don't do this! Here's why you can't afford to cut your journey short.

Somewhere else within that spiral, there's another goal. A less important goal. One you didn't even intend to achieve, but you did. This could be a new skill, a new set of beliefs, a new friend, a spouse, etc. If you take the shortest path method to the middle, you have a strong chance of completely missing this life changing experience. Even worse, it could've been right in the straight-line path you took, but you didn't get to take advantage of the opportunity. Let's put this all into an example.

I have the goal of becoming an engineer. One way I could cut corners from tunnel vision is cheating off my classmates. Let's say I found out this girl in my class is good at thermodynamics, and I need to ace the next homework. If I were to cut corners, I would just ask her for her homework solutions, and it would set a bad tone for our relationship. Or, I could ask her to help me study for the assignment, and during our study session at the local coffee shop, I come to find out we get along really well. Hopefully you can see how I could have missed out on my future spouse if I let myself get severe tunnel vision.

It's a cycle: This one is short, because we've been talking about it the whole time. The spiral! The whole reason this journey isn't getting mapped out as a straight line is because of the golden circle, and the natural cycle the spiral forms. If you drew a line from the outside of the spiral to the center, you would make the start and finish line of each "lap." What you'll notice from this is that each lap is shorter than the last.

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This is because we all naturally learn from our past experiences, and we get better and better at what we do until we've reached our goal.

For example, my college career consists of 8 semesters. This means, getting my college degree requires 8 finals weeks. With each passing finals week, I notice myself getting better at studying and feeling less stressed about my exams. Even though the semesters don't get shorter, them-

selves, they begin to feel less cumbersome.

Putting it together: All of us are a part of some village. For some, it's Kappa Kappa Psi, and for others, it's Tau Beta Sigma. Either way, we are all members of our villages working on our own spiral(s). All of what we do culminates into one big spiral that makes up the purpose of our organizations. Don't take the influence you have as a brother or sister for granted, and remember the village people you have at your side.

Bonus: Have fun!

(1) To **promote** the existence and welfare of the college and university bands and to **cultivate** at large a wholesome respect for their activities and achievements. (2) To **honor** outstanding bandmembers through privilege of membership extended as a reward for technical achievement and appreciation for the best in music. (3) To **stimulate** campus leadership and **promulgate** an uncompromising respect through the medium of the college band for gracious conduct, good taste and unswerving loyalty. (4) To **foster** a close relationship between college bands and **promote** a high average of attainment by the **performance** of good music and **selection** of worthwhile projects. (5) To **provide** a pleasant and helpful social experience for all engaged in college band work and to **cooperate** with other musical organizations in any manner consistent with the purposes of the institution at which chapters are located.

1. To **promote** the existence and welfare of the collegiate bands and to **create** a respect and appreciation for band activities and achievements among the listening public everywhere. 2. To **honor** outstanding members of the band through privilege of membership, in the Sisterhood, extended in **recognition** of musical achievement, demonstrated leadership, and an enthusiastic approach to band activities. 3. To **develop** leadership through active participation with the band, and through it, to **strengthen** those traits of conduct, thought, and idealism which characterize the responsible membership of the band. 4. To **encourage** a close relationship between collegiate bands and **promote** a high average of attainment by the **performance** of good music and **selection** of worthwhile projects. 5. To **provide** a meaningful and worthwhile social experience for all engaged in collegiate band work, and to **cooperate** with other musical organizations and societies in every manner consistent with our mutual purposes and those of the institution at which chapters are located.

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GAMES & CREDITS

Musical Sudoku

By Zacary E. Wilson, Gamma Iota (KKΨ)

		#		b		D		
B			#					
D					C	B		F
	C	E			F	A		
				#				b
				A			F	
C	E	G	b					
						E	B	C
	A							G

As simple as A-G and b/#, instead of 1-9. Good luck!

Tau Beta Searchin'!

By De Londra Stanley, Gamma Tau (TBΣ)

D P L S H U C L J S V U V E E Z F C O R P A A L O V B I X V E X Q M A G K I H
H E X U A Z M P J Z R M G I H M G H Z R J T Z L L C P X U E P K S B A H A J L
W W P M O O X C P Y S T R A M L Q E E P T Z O Q L L M L I W N S S L R Q D A W S
B W P E U D Y R W L R U O V B F N E D T F V G P L E D S F Q S W Q G N T E I L
I E R R N H T Y T U D W W A E K I R A Z R J N J F A Y I G D V H E U R P D G A
W Y P M X D T X T P I Z T W A K B F E C N A R E L O T O T N I G G Z Z C U I C
W B H A S I A H E Z X F H N Q D D U E S Y X Q J E Z I W O H E Q Q I F D T J N
P G O T L V F B Q V C R S T G I L L G U F O U X V E V E Y P G T I B L M I I S
R S I A R U N O I T A M R I F F A N L Y R E D S V A G Z H C X N M M F N T B G
R O U X L O O T C L A L Z L S M Y E Z C O S Y O L K A B C M W N D M A Z R Z F
Y Q N N B N W Q X Q I N P L A T T S A W A H G C Q Q U V S V C S B B N T O A Q
E B E O V T N T E A O T R K I V E S O V B V A G O H E M H G H O U P O W F H Q
F S O Q H S S D S L S P Y Q X Y L R R J B U A R P F J H A E S P C E I L U U O
S H G N E A U E S U T D N A B Q O X H X N T S E G O X A U Y W I S X T C M P E
E R O H V A Z J W Y R R X X H F Y G B O E X I C H I S N U X C N U G A G K G T
L G I J T E C U C H Y T U D S I G M A B O D S O F B R S M M N S P D V A H C M
T T A S W A S J W O T V F T U O W F U A E D E N H Q J W H E U Q D O I C X B Z
L U I R A I O W P L U U Q E E M A M Q A C A W D A M M R I M Q I X V T X E J Y
O S R Z U D T V I G N K O U R O U O L X C O C U T O M R J B Y Y P W L P M P T
H L Z N J O F A M I L Y L S R S H I P M W H Z C E F B T D E Z F E N U J U M L
O L D C E D C M U Y Z N K B I F S O Q V X V Z T G J M C C R O V T M C O M V A
E T I H W R K S U D E U K C G M Z T S W O G T N K M W Z B S D E V O T E D W Y
D E T J D S P K I D N Q U L S D H Q F W Y U K S C B A Z Y H Q F U T R T O W O
S B Q N B E A P I Y P O P V C O N V O F D N S D O G P S N I U C C Y T O B I L
F R K R I E P V T F T C B L U Y R Y G U O X J W N H Y K K P H G Y W Y E L L A
R E Z I G E E I B K K W T G B J S H L F L N I I Y R W C M J T U W C G S D K F
L E A D E R S H I P N X H L V B T C U S E O V K T U D O S H E K Z M W R J W G
K Y L X S O I P N Y U T U E C I V R E S M P H K F F D D M Q O T S T S W V F E
A R Y I R O R U V H K E B W Y R Z C L O E H Z V B O O I D E F L K W C J Y P C
F I T E D Z P Y T F H R R W E E D N A H I A X A G D K I N D N E S S J G B W N
H Y N X I R C P A J C O P E K R C G B M M Y Y W B A O U F K J W M E J Y G V S
O E X V S Z X L S D J P N Y C E R C E S R N U M Z D K F G G M Y H L C T D M O
G C H Q T L L O J F S D T E X H Y X W N O R D F Z I D H R O U T F P D R C J S
F O U G R O A E A V V A V N S I X H E M S O C C S A R J C J G Z F H A I O N W
M G X F I Y P E E F M O V X S T H H R U E S Z X R A H C Y A I K A Y F Z T K A
H G F E C J M J L S G N Q G J M Y A G I N E W B O J U D U O D A V P T A Q F Z
E S K F T M Z D S F P K V H J K H J J E A X G V W B J Z D H T U W N Y T Q Q R
T L D R O U C X J W N Y Q D O N E C J M B K F Z A Z H P W Q Y Y C G I C Y F G
G Z X I D K O N G Y K A V I Z B O X Q K U O L Q G V F E L H W A S F A F O O S

AFFIRMATION ALLEYOOP BAND BANES BETA BLUE BOND CHEERFULNESS
CONDUCT COURAGE CULTIVATION DEPENDABILITY DEVOTED DISTRICT
DIVERSITY EQUALITY FAMILY FORTITUDE GENEROSITY GROWTH HARMONY
HENRY HONESTY HONOR IDEALISM KINDNESS LEADERSHIP LOYALTY LYRE
MELODY MEMBERSHIP MUSIC NIB ROSE SECRECY SERVICE SIGMA
SISTAU SISTERHOOD SOUTHWEST TAU THOUGHT TOLERANCE TRUSTWORTHY
TRUTHFULNESS TURNER TURTLE WAVA WHITE WOMEN

Kappa Kappa Psi Word Search

By Robert Morris, Lambda (KKΨ)

SWD Vice President for Membership

R Y M Q P L R D K N T R T U F T I W T E G S L L P N X O A M
Q W V Z N O N E Z Q Z L R N Q X J H X V R G N P U X A E F T
N S P V T O R Y H G Y Y A Z G R Y A Z L H O Z W B G W K B S
M X T F N K N U S P W K H J J E U W C J K S V U Q Q H A L H
O Q L X C A C X C C T N B A W R Y L P X N E R F O Z O Q U H
C G S G B T U Y M Y U F B L W I T H V M M E V F O W I D W C
F C H D P Y O D C G E L Y Y L U W E N E M Z H J P D U E E P
F S O T T O J F B K B O K C P T X H N E T P I H Y Q I X L S
Z R F K Y U W M D P T V S B Z K N K M Z M F X X O A T X E K
I I X P R D B N V O Z E O C U H V B X X P Z L F Z G P H H R
H K V C N O N A G V N C A C B V E X H E U Q V Y P W Z U G T
G S R C O I A B N H G F Y K U R D Z I D F S H B J Q Q Z E S
L Z W R V N F K O D A H L A T D T U A J X C X M C A A X I B
T Z M W T G D Y C W O L B O X D Z Y X G P V R D Q K T Q D F
T V E G Z A I O I I N W H N L F Q Y J D J V T D B V Z G T P
R Y T X J W H X O D A A N E E T E N I N N E E T E N I N S S
R B R P W O D R Z H V M G Y R E C X P G R C M O C V R B U N
D L D L Y R E P J E R Q D S G R J N U E M S J R U J X W M A
J Y R Z Q D Z N F W Y E P J J K L F C F F E R W I Z H K I T
W O V U U S P U L Z O V H O O E Z I M A L K R G U Q G D F L
Z R S N T E N R A V J M R T O Z V I N N E Y H G Y W B U I C
G K K R R A D Q R N F V F E O R V J P D V W Z N H A D P O X
K Y G V Z R P R V K J N Z I E R U R N S V M S T F Z J Q Y P
E J W E V C L Q Y T O A W S V U B G O N M X X H H M G Y J C
X S A O S H E H E X Q B U I Q K Y T Z X H O N P G P U Y D K
H A F L P D E X E M Y O Y H J U S M U S I C Z V D Y T H U C
G G Q Q T Q F W F Y I P Z U M I M O W M E H O B X A T K J F
N J Z I S N S X Z V M S J L Q H R U V K R X S K X X Q Z K B
V Z A O H W Q C W V Z I I Y I T D N V S Z Z S V Z Q D K T B
W M C L P T T G F A F J N O I A Z F M L E H P P T X Z X N Q

There are only 9 words, and no word bank. Good luck!

Meet Your Team for *The New ALTO*

The New ALTO is the official publication of the Southwest District. This magazine-like publication is published once in the fall and once in the spring, under the supervision of the Kappa Kappa Psi Vice President for Programs and the Tau Beta Sigma Vice President for Special Projects, and through the efforts of *The New ALTO* team. *The New ALTO* provides an opportunity for members of Kappa Kappa Psi and Tau Beta Sigma to have their stories published throughout the Southwest District.

Copy Editor (KKΨ)



Katelyn Kenny

Beta Sigma Chapter
Kappa Kappa Psi

Katelyn was initiated into the Beta Sigma Chapter of Kappa Kappa Psi at the University of Houston in Spring 2015. She is a communications major with a focus in print-media journalism. She is a third-year member of Houston's marching band, and is one of three flute section leaders. Katelyn is Secretary of her chapter, and enjoys watching movie musicals.

Copy Editor (TBΣ)



Meghan Baetz

Alpha Omicron Chapter
Tau Beta Sigma

Meghan was initiated into the Alpha Omicron Chapter of Tau Beta Sigma at Sam Houston State University in Fall 2013. She is a healthcare administration major, and hopes to pursue nonprofit work in healthcare after graduation. Meghan has also been Historian, Service Apprentice and Vice President for her chapter. She also enjoys DIY projects from Pinterest.

Design Editor



Zacary E. Wilson

Gamma Iota Chapter
Kappa Kappa Psi

Zacary was initiated into the Gamma Iota Chapter of Kappa Kappa Psi at the University of New Mexico in Spring 2015. He is a history, liberal arts and music major with an overall interest in ethnology. Zacary spent two years as a member of the Spirit Marching Band, and still plays with his university pep band. He intends to pursue law after graduation.

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